

# Family Physicians of Oregon

VOL • XIII • NO 1 • Fall 2018

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- 2018 OAFP Membership Directory
- Friends, Food and Family Medicine in Japan
- Nominations Sought for OAFP 2019 Doctor of the Year



OREGON ACADEMY OF  
FAMILY PHYSICIANS

MAKING HEALTH PRIMARY

THE OFFICIAL MAGAZINE OF THE  
OREGON ACADEMY OF FAMILY PHYSICIANS





VOL ★XIII • NO 1 • FALL 2018

# Family Physicians of Oregon

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**About the cover:**

OAFP President Robyn Liu, MD, MPH, FFAFP is surrounded by her family (from left to right, Hania, Mika, husband Jonathan and Ridley.)



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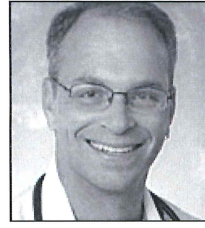
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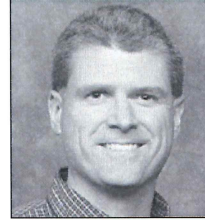
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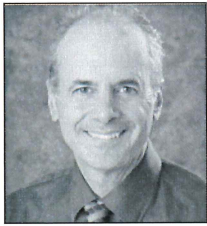
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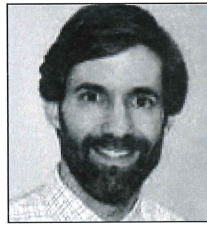
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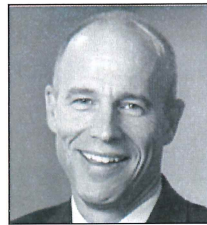
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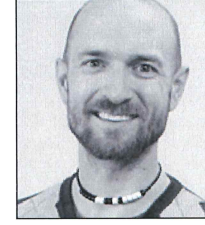
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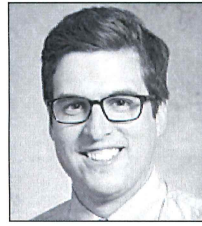
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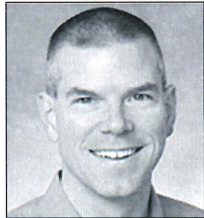
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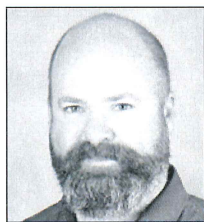
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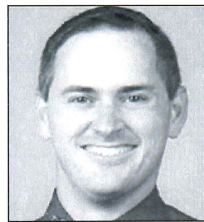
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# • GREETINGS FROM THE OAFP



BETSY BOYD-FLYNN, OAFP EXECUTIVE DIRECTOR

## Why We Speak Up

Next year promises to be a busy one for OAFP, because one of the key functions of the association is advocacy. Physician leaders and staff work with state and national legislators and policymakers in hearing rooms in the Capitol in Salem, to cramped meeting rooms in administrative buildings around the state, conferences and congressional offices in Washington, DC, on-site clinic tours, and everywhere in between. Virtually every day, the needs of Oregon's family physicians are voiced – and heard – by someone in a position to set the policies that impact you and your patients.

Another sure-fire sign of fall is the release of the Medicare proposed rule from CMS, filled with details about how the administration plans to continue to use the spending power of Medicare to transform health care in the US. This year, the proposed rule for 2019 contained provisions around primary care payment modifications that could mean profound changes to the way family physicians are paid.

Unfortunately, the proposed rule has significant problems. What it featured in reduced administrative complexity was more than offset by net reductions in payment and policies that push providers into more visits, and ultimately incentivize a shift to specialty care. The AAFP found the impact was overall negative for family physicians in most settings and submitted 80 pages of comments on September 5 outlining concerns and suggestions.

OAFP followed up with a more streamlined letter on September 7 (right now the letter is available on the OAFP website, linked from the home page). The final rule will be released later this year, but in the meantime, staff will keep working closely with AAFP to monitor progress and keep members informed as the process unfolds.

In Oregon, the volume and frequency of health policy workgroups and task forces gathering in preparation for the 2019 legislative session in Salem is another strong indicator that 2019 will soon be here. OAFP Board member **Katie Kolonic, DO, MPH** has been participating in an OHA-convened task force on opioid prescribing guidelines for opioid-naïve patients with acute pain.

**Alex Kipp, MD** has been participating in a task force convened by the Department of Business and Consumer Services – which regulates commercial insurers – to address revising the rules around prior authorization in a broad sense and better align statutory consumer protections for all kinds of insurance. Over the summer and into the fall, OAFP lobbyist Sam Barber has arranged clinic visits for legislators with

**Dan Paulson, MD, Evan Saulino, MD, and Gary Plant, MD, FAAFP**, and we have met with **Glenn Rodriguez, MD** and additional legislators to discuss primary care payment reform. In late September, **Liz Powers, MD** was invited by Senator Ron Wyden to Washington, DC to a Rural Summit to speak about rural medicine.

Your voice matters, too. On March 4, we'll hold our Legislative Day in Salem. Mark your calendars now for this great opportunity for OAFP members to meet with their state representatives and senators and participate in the most important kind of advocacy: sharing stories about how policies impact real people.

Legislators need to hear from their constituents, and it's essential that they hear from physicians on the front lines of health care transformation about the impact of payment policy, efforts to better coordinate care, and the barriers physicians face to providing the best possible care to their patients. The OAFP Legislative Day is a chance to do your part.

In the coming legislative session, we'll build on our successes from prior years, working to refine the requirements around primary care spend reporting. While insurers are, in the last released report, meeting the 12% spending target, it remains difficult to determine whether the accounting for specialty maternity and psychiatry care is appropriate.

OAFP President **Robyn Liu, MD, MPH, FAAFP** and OAFP staff attended a public meeting over the summer to provide input on the formulation of the report going forward. This is just one element of our work through the Primary Care Payment Reform Collaborative where Evan Saulino, MD, Liz Powers, MD and Glenn Rodriguez, MD have been active participants and advocates for primary care. Our work in Oregon on primary care spending has earned national attention; in late October, Robyn Liu, MD, MPH, FAAFP will travel to the AAFP State Legislative Conference in Ft. Lauderdale to talk about our efforts and the lessons we have learned through implementation of our primary care spend reporting laws.

Our strong membership numbers indicate that you value this work, and we want to be sure we are pointed in the right direction to meet your needs. I want to know what is important to you. Members can always call the OAFP office to ask questions or share your thoughts, concerns and hopes.

A handwritten signature in black ink that reads "Betsy".

## ● PRESIDENT'S MESSAGE



ROBYN LIU, MD, MPH, FAFP, OAFP PRESIDENT

In my last “From the President” column, I talked about the power of being part of the family medicine family, and how the idea of walking each other home comes through when the paths are unclear. I want to follow that up with some of my hopes for the future of the OAFP. We are a terrific group, but in the rooms where we gather, we do not look like the body of family physicians in Oregon, and we certainly do not look like the whole body of our patients. Our patients are young, old, Latinx, non-English-speaking, transgender, rural, and urban. There’s such a thing as tolerance, which I think we’ve moved well past, and diversity, which I think we’d all endorse. Tolerance says, “sure, I won’t fight you being here.” Diversity says, “please come, all are welcome.” I submit to you that these ideas fall short of a more worthy goal, which is justice. Justice asks, “Who is not here with us, and how do we get rid of the structures that are keeping them out?”

I talked about the process of success in medicine as a ladder - rungs that you climb, achievements that you rack up in order to become someone who gets the privilege of membership and a voice in the OAFP. Not all people have the same ability to hop on to that ladder, and many get stuck or derailed partway up for any number of reasons. It behooves those of us who have “made it” to look back and notice this, and to ask ourselves how we can make opportunities more real for everyone who deserves them.

The AAFP has a precedence for this kind of dismantling work, back when we were the AAGP, the American Academy of General Practitioners. Membership in the AAGP

Justice asks, “Who is not here with us, and how do we get rid of the structures that are keeping them out?”

required being a member of the American Medical Association first. Dr. Joseph Weaver was a World War II veteran who had returned home to care for his community in North Carolina as a primary care physician, and he wrote a letter to the AAGP with a request that they waive this AMA membership requirement. You see Dr. Weaver was Black, and the AMA had a separate membership category for Black physicians. Dr. Weaver described the humiliation of this separate status, and asked that his membership in the Old North Medical Society of North Carolina be considered sufficient confirmation that he was “an upstanding member of the physician community.” Our Academy had a choice to make. They could have kept their structures in place; certainly they had worked fine for the leaders in power. They could have quietly granted Dr. Weaver’s request as a singular exception - that really was all for which he asked. But they chose instead to abandon the AMA precedent altogether, creating nondiscriminatory membership rules, and adopting a resolution condemning segregation in all medical societies.

Our grandparents in this specialty didn’t stop at tolerance or diversity - they actively dismantled an unjust structure that was keeping some members of the family at the bottom of the ladder. It was clear-cut for

them: membership categories based on skin color are a very obvious way to discriminate. Our job is not so easy. It’s not immediately clear which of our structures are in need of dismantling. But justice demands that we look at one another with clear eyes, honestly assess who’s not walking with us, and ask what’s stopping them.

If we are all walking each other home, we need to mean “all.” Having been in leadership of this Academy at many levels, I can speak to the burdens it places on your time and your person. The way you advance here involves a lot of traveling, a lot of sitting in meetings, a lot of being recognized and mentored by those who have influence already. This is harder to do if you’re a solo practice owner, or a single parent, or a member of a disadvantaged minority group. Another guru gave us the words, “Every system is perfectly designed to get the results it gets.” I submit that leadership in the specialty of family medicine is perfectly designed to result in a yearly gathering at the AAFP Congress of Delegates that looks, frankly, like a large room mostly full of mid-to-late-career white men. I don’t have the answers yet, but I’m begging my family here in Oregon to take a proactive position towards justice for our colleagues on this way. Please join this conversation with me.



## ● FROM THE HILL

JESSICA WEYLER, RURAL PROGRAMS ASSISTANT  
AND ERIC WISER, MD, DIRECTOR OF RURAL MEDICAL STUDENT EDUCATION



# Family Medicine Oregon AHEC Scholars: Three Months In The Life

As family medicine physicians, we understand what it means to care for families. We work hard to get to know our patients and appreciate their daily struggles and triumphs, unique traits, and how best to provide them with care. This understanding comes not just from our training, but also from the wealth of experiences we gain in the classroom, the clinic, and within the communities we serve.

The Oregon Rural Scholars Program (ORSP) was a 12-week program that placed undergraduate medical students in rural settings to live and learn—and to experience the depth of what it means to be a family physician in rural communities in Oregon. Founded in 2009 by Lisa Dodson, MD, the ORSP was developed as a way to combine primary care training, rural medicine, and continuity learning for students with a particular interest in being a medical professional in a rural area. During the OHSU School of Medicine curriculum transformation in 2014, this rural rotation was lengthened to 12 weeks from its original 10. Under the leadership of **Robyn Liu, MD, MPH, FAAFP** and Ryan Palmer, EdD, the ORSP continued to inspire students and meet the new School of Medicine guidelines.

In July of this year, the ORSP transitioned to the Oregon AHEC Scholars

“This program offered me an invaluable immersive experience in a rural community and an excellent preview of my future career. I felt that the longitudinal design not only helped me connect with my preceptors and gain their trust, but more importantly created time for me to see patients in follow-up as well as in a range of medical settings. I recommend applying to this program to any students interested in exploring rural medical practice, and am excited to watch the rural workforce grow stronger as program participants go out into practice”

- **Emily Jack, MD Candidate, Class of 2019**

Program (OASP). The AHEC Scholars is a national program developed by both state AHEC organizations and the Health Resources and Services Administration (HRSA). All 49 AHECs nationwide are participating and will each have a Scholars Program with

similar requirements. Continuing the partnership with the Oregon Area Health Education Centers (AHEC) has allowed the OHSU Department of Family Medicine to develop and integrate the Oregon AHEC Scholars Program into our medical student education program. Third-year

medical students have the opportunity to spend three months living, working and learning in an interprofessional setting. The heart of this new program is to address the rural work force problems across more medical disciplines.

Currently there are 90 students from the OHSU School of Medicine MD and PA programs, the OHSU School of Dentistry, the OHSU School of Nursing Master of Nursing program, the OHSU/OSU Pharmacy program, the Western University COMP-Northwest DO program, and the Pacific University PA program.

The OASP itself now spans over two years, requiring students to complete 40 hours each year of clinical training in a rural or underserved area, as well as 40 hours per year of didactic training. The clinical experience requirement exposes students to team-oriented and community-based training, observing social and cultural influences on population health. The 40 hours of annual didactic training must relate to the following six core topic areas:

- Interprofessional Education
- Behavioral Health Integration
- Social Determinants of Health
- Cultural Competency
- Practice Transformation
- Current and Emerging Health issues

#### WHAT WE'RE EXCITED ABOUT

It has been exciting to observe the growth and enthusiasm this expanded program has brought both to the Department of Family Medicine and the OHSU medical students. Over the past few months we have had the opportunity to visit clinics across the state to strengthen already-existing relationships and create new ones—we hope to conduct many more of these

visits in the future. While building the program curriculum we faced challenges, engaged in learning opportunities, and most importantly, felt proud of our accomplishments. The third-year portion of the experience customized to Family Medicine students offers nine OHSU School of Medicine competencies, now a requirement of the curriculum, as well as a continuity experience. If students

choose, this experience can also fulfill their rural area rotation requirements.

We owe a debt of gratitude to our rural family doctors who teach our scholars. They are immensely dedicated to teaching our students and provide a wide scope of intense clinical education. The students also attend weekly small

“My excitement for the [Oregon] AHEC Scholars program is the result of how the program was structured from the beginning. We built off the success of the ORSP program and added other schools, programs, and features to enhance the education students will receive that prepares them for rural and underserved care. By bringing in other professions, we can train students in the concepts of team-based care outside of the classroom and in the rural clinical setting. I am extremely proud that the Oregon AHEC Scholars program is the first interprofessional, multi-institutional rural and underserved focused program in the state. It is the culmination of a lot of hard work and willingness to collaborate across professions and institutions. I believe it will produce more health care professionals of all types who are ready for service to a rural and/or underserved community.”

**- Curt Stilp,  
EdD, PA-C, Director, Oregon AHEC**

*continued on page 10*



group sessions which fulfill the required 40 hours of didactics, and provide a sense of connection while the students are far from the “hub” of our campus.

Students still complete a community-based project as a way to learn and develop skills to better care for patients as individuals and communities. The project must be relevant, add value to the clinic and/or community, and students are expected to share the project with the clinic, hospital or community.

For the students’ fourth-year AHEC requirements, we are pleased to be developing elective opportunities throughout Oregon. We hope to be able to offer Family Medicine electives spanning from 2-8 weeks that would satisfy the AHEC clinical training

requirements as well as present students with opportunities to fulfill their 40 hours of didactics.

#### WHY WE’RE EXCITED

The main goal of the OHSU Family Medicine Oregon AHEC Scholars experience is to encourage, excite and inspire students for future primary care work in rural or underserved areas. Our departmental goals for the program are to build on our experience gained from the Rural Scholars Program, while meeting current OASP requirements, and provide an exceptional educational product for our students. The cornerstone of this program is the clinical experience with our dedicated community faculty.

While the OASP requirement is for only a four-week rural or underserved

rotation in the students’ third year, we believe three months is a more effective model to teach students rural and underserved Family Medicine. We want to provide unique and worthwhile rotations to prepare students for what their futures may hold. The relationship between physicians and patients, spanning years and even generations, is an important and distinguishing feature of Family Medicine. These unique relationships are even stronger in rural and underserved areas. We hope the students’ experiences emphasize the importance of these relationships. The medical students will also have the opportunity to discover ways in which health care systems can be improved to better the health of our patients and community.



## ● PUBLIC POLICY AND LEGISLATIVE AFFAIRS



SAM BARBER, OAFP LOBBYIST

This summer was chock-full of policy workgroups, task forces, and other movement in the political realm, as various entities gear up for the 2019 Session. The OAFP has been monitoring, and commenting on, many of these issues, including common credentialing, universal access, total cost of care and quality metrics.

### COMMON CREDENTIALING UPDATE

In the last issue of this magazine, I wrote about the planned implementation of a common credentialing program. Since then, the Academy learned that the Oregon Health Authority (OHA) has suspended implementation of the program indefinitely.

In some ways, it was a business decision by the OHA. The program was intended to be solely fee funded, and no startup funding was allocated. But after stakeholder engagement, it became clear that the project was more complex and more expensive than predicted.

As the OHA wrote in its public notice, “OHA encountered significant challenges in designing a program that addressed the complexities of business practices while meeting accrediting entity standards for credentialing. Despite our efforts to mitigate these challenges, we find that support across stakeholders has diminished over time.”

Despite the failure of the program, the OAFP will continue to seek avenues for alignment and simplification, and remains ready to re-engage in this work should a sustainable funding mechanism—and the political will to push past obstacles—be found.

### UNIVERSAL ACCESS WORKGROUP

Representative Andrea Salinas (D-Lake Oswego) convened a workgroup this interim to discuss potential policies to achieve universal access to health care in Oregon. The workgroup includes other members of the legislature, provider organizations (including the OAFP’s **Glenn Rodriguez, MD**), CCOs and commercial insurers.

Most of their work has been reviewing various other universal access systems from around the world, but more recently, they have discussed so-called “Medicaid Buy-In” concepts. The policy would either expand eligibility to enroll in the Oregon Health Plan or use the CCOs to create metal plans on the marketplace modeled on OHP.

Improved coverage options, reduced premiums, better continuity of care, increased state buying power are all espoused as potential upsides to a Medicaid Buy-In, but there are also concerns about adverse selection and waiver requirements. It is unclear whether the workgroup will recommend legislation, but the OAFP will continue to monitor their activity.

### HEALTH CARE COST REVIEW TASK FORCE

Meanwhile the Joint Task Force on Health Care Cost Review has been examining other states’ attempts to control health care costs. They first considered the Maryland model of hospital rate setting, but after extensive research and discussion, the task force decided that the Maryland model would not work for Oregon because it would be a regression to an entirely fee-for-service payment structure. Furthermore, it would require additional funds from CMS to cover the required increase in Medicare rates.

The task force is however interested in all-payer benchmarks modeled after Massachusetts and Delaware. The benchmark would theoretically expand the CCO’s 3.4% cap to the commercial market. What exactly this means, or how it would be accomplished, is a bit of a mystery. Presumably, part of the cost savings would come out of provider reimbursement.

These workgroups and task forces will continue meeting this fall to shape legislation for introduction in the 2019 legislative session.

## AAFP Launches New Tool to Help Connect Patients with Local Resources

The EveryONE Project™  
Advancing health equity in every community



neighborhood  
navigator

Through the EveryONE project, the AAFP has provided the Neighborhood Navigator that provides the next step for improving social determinants of health among your patients. Searchable by zip code, the tool lists over 40,000 social services, including: food, housing, transportation, employment aid, legal aid and financial aid. Try it out today and let us know what you think: <https://www.aafp.org/.../everyone.../neighborhood-navigator.html>.





LYNN ESTUESTA,  
OAFP FOUNDATION EXECUTIVE DIRECTOR

## do-na-tion: synonyms – gift, contribution, present, pledge

A gift. That’s how a donation to the OAFP/Foundation is considered. Your gift supports the next generation of family physicians – the students and residents who will be serving our Oregon communities in the months and years ahead.

Every request for funding must meet the board’s mission: investing in future family physicians to serve our Oregon communities. The following goals guide us to choose activities to sustain and expand our programs:

### Support educational and networking activities that encourage Oregon medical students to pursue careers in family medicine.

- AAFP National Conference for Family Medicine Residents and Students – Conference scholarships
- FMIG Lecture Series – “Meet the Docs” and “Can I Afford to Go Into Primary Care?”
- Health Care Equity Week – Medical supplies for underserved health fair patients
- Mary Gonzales Lundy Award – Outstanding fourth-year medical student award
- Student/Physician networking opportunities

### Increase the number of medical students exposed to rural medicine.

- Laurel G. Case Scholarship Fund – Travel stipends for rural preceptorships
- Oregon AHEC Scholars Program – Rural conference scholarships
- Rural Medicine Discovery Program – Travel and housing stipends for rural enrichment experiences

### Support educational and networking activities to enhance the residency experiences of Oregon

- AAFP National Conference for Family Medicine Residents and Students – Conference scholarships
- Contract negotiation checklist
- Residency Emergency Fund
- Resident networking events

### MAKE A DONATION TODAY!

You can support Foundation programs by:

- Making a secure online donation (<https://oafp.org/oafp-foundation/>);
- Mailing your donation to:  
1717 NE 42nd Ave Ste 2103, Portland, OR 97213;  
or
- Contacting Lynn Estuesta.

Remember that the OAFP/Foundation is a 501(c)(3) charitable organization; your donations are tax deductible. Please keep the Foundation in mind whenever you would like to make a financial contribution to the future of family medicine in Oregon. The board appreciates your donations to the Foundation whether you give during your typical year-end giving, at the annual auction that takes place during the Spring CME Weekend, or if you would like to give a gift in honor of, or in memory of, someone special.

Every request for funding must meet the board’s mission: investing in future family physicians to serve our Oregon communities.

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- Lynn Estuesta, OAFP Executive Director*

# STUDENTS SPEAK OUT!

FMIG CO-CHAIRS AMITY CALVIN, JORDAN GEMELAS, SARA HAYS, HANNAH JACOB AND DEREK WISEMAN

## *Stories from OHSU students involved in the Family Medicine Interest Group (FMIG)*



*Students, including FMIG co-leads Derek Wiseman, Hannah Jacob, and Amity Calvin, receive instruction from Benjamin Schneider, MD at our August procedural skills workshop.*

This past summer, the OHSU Family Medicine Interest Group (FMIG) was as busy as ever. Here's a look at some recent happenings:

**Senator Elizabeth Steiner Hayward, MD, FAAFP**, was met with a large crowd for her lunch session on Oregon health policy. The event was put on in collaboration between FMIG and the OHSU Health Policy Interest Group, and featured a rich hour-long discussion about the rewards and challenges of engaging in health legislation. Senator Steiner Hayward, MD, FAAFP, highlighted the perspective that she is able to contribute to the Oregon House of Representatives as a family physician, as well as her role in addressing health policy issues in collaborations with other congressional districts. We were delighted that she was willing to share her time and expertise with the FMIG community!

**Richard Moberly, MD**, of OHSU Family Medicine at Scappoose, gave a lunch talk on global family medicine and discussed his experiences creating and completing an international health fellowship. His previous practice integrated sustainable global health values by maintaining a staff rotation at a clinic in Guatemala, ensuring continuity of resources. Hearing about his extensive work in low-resource settings underscored the versatility of family physicians to function in a wide variety of work environments.

Our most recent workshop addressed neonatal circumcision with family physician **Benjamin Schneider, MD**, Assistant Dean for Student Affairs at OHSU School of Medicine. Students learned about contraindications, complications, and procedural skills with the Gomco clamp. Models were constructed from vinyl gloves and pacifiers.

Students had plenty of positive feedback and enjoyed engaging with Dean Schneider, MD, in a clinical context.

A resident ward walk with **Jean Yau, MD**, helped introduce newly minted first-year medical students to inpatient family medicine at the OHSU Hospital while helping them attain some early clinical experience. One recently matriculated student enthusiastically expressed his gratitude: "It reminds me why I'm grinding through school every day...one day I can treat patients like you do!"

In August, a large contingent of OHSU students and residents, including two of our co-leads, attended the National Conference of Students and Residents in Kansas City, MO, hosted by the American Academy of Family Physicians (AAFP). Hundreds of residency programs and employers were represented, and workshops addressed topics as diverse as transgender care, point-of-care ultrasound, and preparing for residency interviews. Kansas City was a new place for many attendees, and free time was spent experiencing world-famous barbeque and the local jazz scene.

Many older students left the conference with more refined lists of residency programs to target when the application season rolls around. Others also left with a changed perspective and newfound passion for the field. One student remarked, "The conference definitely has a way of making you feel connected to a larger community. There's no way not to be inspired about family medicine after being here."

Our co-leads were humbled to represent OHSU on a national stage. We received a FMIG Program of Excellence award from AAFP, as well as Best Overall FMIG for our work. This honor was made possible by the tireless dedication of the students, faculty, community physicians, volunteers, organizations, and administrators who support our functions. We look forward to continuing to strive for excellence in the coming year!



*Sean Robinson, MD, shows students Jordan Gemelas (left) and Chris Graulty (right) how to distinguish the common fibular nerve on ultrasound.*



# Picture Yourself in Family Medicine:

*Thoughts from the 2018 AAFP National Conference of Family Medicine Residents and Students*



DEEPTHIKA ENNAMURI AND OMAR FARES, OHSU MD 2019 CANDIDATES AND MATT PETERS, MD, CASCADES EAST FAMILY MEDICINE RESIDENT



*Family medicine physicians, residents and students at the 2018 AAFP National Conference.*

The three-day AAFP National Conference of Family Medicine Residents and Students (National Conference) was held in Kansas City last month and featured workshops, procedural skills courses and relevant sessions in family medicine allowing future physicians to thoroughly explore the specialty. Residents learned how to successfully transition into practice from residency and were able to explore post-residency opportunities with future employers or fellowship programs. Students had access to hundreds of residency programs all in the same place. Both residents and students were provided with leadership opportunities by participating in the Resident or Student Congress.

**Deepthika Ennamuri** and **Omar Fares**, fourth-year medical students at OHSU, and **Matt Peters, MD**, a second-year resident at the Cascades East Family Medicine Residency Program in Klamath Falls, represented Oregon well in their delegate and alternate delegate roles in the Congress and have provided some insight into their experiences while at the National Conference.

Deepthika attended the National Conference for the first time last month; she is applying to family medicine residencies beginning this month so this was a timely event for her. The AAFP National Conference provided numerous workshops and relevant sessions in

family medicine, including a practical approach to EKG interpretation, student loan repayment, responsible opioid prescribing as well as an overview of non-opioid treatments for back pain. “I found the workshops to be enriching learning opportunities on commonly encountered situations in family medicine,” reported Deepthika.

According to Omar, National Conference was described as a “must attend” event by faculty, residents and OHSU upperclassmen. The conference exceeded his high expectations and he left feeling energized, better equipped to be an advocate and with a stronger network of peers than he could have imagined.

He was humbled to have attended the main stage events the first two days of the conference as the speakers were world-renowned practitioners. They demonstrated the diversity of family medicine, as each speaker had a practice so different than the other that one would have never guessed they specialized in the same field.

The Expo Hall provided students with access to hundreds of residency programs. “With application season approaching, I found this to be invaluable.

I was not only able to meet with residency program directors from my programs of interest, but I was also able to talk with their

residents to decide if the program may be the right fit for me. I was able to refine my list of residencies I plan on applying to by weaning out programs that did not share similar values, but also added many programs that did. Moreover, my conversations with the residents and faculty provided me with connections and insight into their programs that one could never obtain online.” Omar agreed. “I have no doubt that I established connections that will serve me well on the interview trail. My list of programs where I plan on applying is now tailored and complete with personal connections at each program.”

In addition to talking to residency programs and getting ready for the upcoming application season, Deepthika and Omar also had the opportunity to serve as an Oregon Medical Student Delegate and Alternate Delegate to the National Conference. They were able to meet and collaborate with future family medicine physicians from across the country on resolutions ranging from maternal health to addiction medicine to fetal well-being. One such resolution proposed increasing Pre-Exposure Prophylaxis (PrEP) access and affordability. The student delegation called on the AAFP to issue a statement in support of the renewal and procedural simplification of payment for PrEP and support research to increase PrEP formulations. Another resolution asked the AAFP to require residency programs to keep their websites up-to-date to provide applicants with accurate information. Other resolutions called for increased diversity on the AAFP Board of Directors and for AAFP to advocate for the inclusion of vitamin D supplementation of newborns coverage by Medicaid.

The resolutions described above are a mere glimpse into the passion for social justice and patient advocacy by an amazing group of future family medicine physicians. Our delegates were inspired by their fellow peers who shared their passion not only for a humanistic approach to medicine, but also for patient health and advocacy.

Deepthika was initially drawn to family medicine due to the unique ability to provide holistic, compassionate and humanistic patient care across an individual’s lifespan. Deepthika acknowledged, “Attending this conference reinforced my interest for a career in family medicine and I hope to attend the National Conference next year as a resident and continue the work that we started this year.” This year as an MS4 advising underclassman, Omar will be able to tell his peers from his perspective why this conference is a “must attend” for all students interested in family medicine.

Matt Peters, MD attended the National Conference as the Oregon resident delegate.

Matt recalled after his Kansas City experience, “As always, National Conference reminded me why I chose family medicine, reinvigorating my passion for patient-centered primary care and advocacy.”

From a governance standpoint, key themes of this year’s Resident Congress included women’s health, medication-assisted treatment as a barrier to hospital discharge and EHR improvement. Several residents from OHSU served on reference committees, representing Oregon well within the Congressional activities. Per the AAFP’s organizational structures, resolutions passed in the Resident Congress

will now be sent to the appropriate AAFP commissions for review and further consideration. In some cases, resolutions may be directly referred to the Congress of Delegates for discussion.

Among the more intriguing resolutions passed by residents were several that addressed the evolution of EHR. As we all know, EHR is commonly cited as a primary driver of physician burnout, depression and early retirement. While it can be a tremendous asset to hospital systems and insurers in collecting mass amounts of data, many of those gathering in Kansas City felt it could be better designed to meet needs of patients and providers. One passed resolution specifically asks that the AAFP consider partnering with EHR vendors to host two-way discussions between physicians and software developers at future AAFP conferences and events. Another resolution asks that the AAFP collaborate with other organizations and EHR vendors to create integrated price-checking software into our EHR formularies, with the hopes that we will know up front how much prescriptions will cost our patients. Additional notable resolutions called for the AAFP to publicly reject the REMS classification of mifepristone and asked the AAFP to urge the ACGME to require an advocacy milestone to medical training expectations. “While these are both big asks, their potential impact is vast and I appreciate that the resident congress is dreaming big.”

In the Expo Hall, the Oregon programs were well represented and our “community” of booths had a steady stream of interested applicants from all over the country (and beyond). Each of the six Oregon residency programs – OHSU – Cascades East, OHSU – Portland, Providence Hood River Rural Training, Providence Oregon – Milwaukie Hospital, Roseburg Family Medicine and Samaritan Health Services shared the highlights of their training with the next generation of family physicians and are optimistic that Oregon will reap a strong cohort of applicants in the upcoming interview cycle.



*Morgan Shier, MD and Joji Kohjima, MD representing the Providence Hood River Rural Training Program at the National Conference EXPO center.*



# Friends, Food and Family Medicine in Japan



NICK WEST, OHSU MD CLASS OF 2019



**Daisuke Yamashita, MD and Robert Taylor, MD, addressing the audience at the JADECOM Saturday recognition banquet.**

From June 26 to July 4, my wife (Alex) and I had the privilege of representing OHSU's Family Medicine Interest Group (FMIG) at the Twelfth Annual Japan Association for the Development of Community Medicine (JADECOM) Conference as well as teaching medical students at Miyazaki University about family medicine in America. We were joined by three second-year medical students from the University of Hawaii, too. This experience was humbling as we were overwhelmed by the Japanese hospitality and inspired by the significant strides being made in Japan to further family medicine.

On the first day in Tokyo, Anna Tamai, MD, a family doctor who completed her residency at the University of Hawaii, coordinated an incredible experience at the Taito Geriatric Hospital in the outskirts of Tokyo. That morning, I went out into the city with the occupational therapists in vans to pick up elderly citizens who required some form of physical rehabilitation. I then helped in the physical rehab area and watched as an estimated 40 patients sat at individual tables drinking tea, reading the newspaper, chatting amongst themselves and ultimately waiting for their individual rehab sessions. I participated in group singing and modified

dancing, too. It was intriguing to see how this rehabilitation clinic created a sense of community amongst the patients.

Next, we had the opportunity to attend the JADECOM Conference in Tokyo. Roughly 40 medical students from varying parts of Japan joined family and community doctors at the JADECOM Conference. The Hawaii medical students and I gave several presentations about our individual FMIG's. We detailed our leadership structure, financial support and activities we do with our fellow medical students. FMIG's are few and far between in Japan. As such, the



**Anita Taylor presenting to medical students at JADECOM.**

Japanese medical students were sincerely intrigued by our programs and asked numerous questions about strategies they could use to implement similar ideas in their own school.

At the conference, we enjoyed presentations and lectures from Anita and Robert Taylor, MD. Through their presentations and our conversations, my wife and I learned a great deal about the deep ties OHSU has with JADECOM. As many of the readers may already know, Dr. Taylor practiced rural family medicine for many years in rural New

York state before joining academia and ultimately chairing the OHSU Department of Family Medicine from 1984-1998. Dr. Taylor's wife, Anita, used her Masters of Education to pioneer research in medical student specialty choice selection as well as mentoring and advising medical students considering family medicine.

While my wife and I were in Japan we learned how the Japanese revere specialists like cardiologists and neurologists. There are no "gatekeepers" in the Japanese health care system. This means patients do not need referrals for headaches to see neurologists. Primary care providers are viewed, in general, negatively by the established specialties and society at large.

In 2000, both Robert Taylor, MD, and Anita Taylor journeyed to Japan in the hopes of providing any aid in starting the [then] nonexistent field of family medicine in its Japanese infancy. Since then, they have made numerous trips to Japan. With each trip, they have observed the evolution of the field of family medicine in Japan and the cementing of the strong relationship between OHSU and JADECOM. The flow of medical students from Japan



**Nick West (pink shirt) during a family medicine workshop with first year medical students.**

to OHSU and residents from OHSU to Tokyo slowly grew during the 2000's. Doctors like **Daisuke Yamashita, MD**, (who also spoke at the conference) grew up and went to medical school in Japan, but completed his family medicine residency at OHSU. An exciting step towards legitimizing family medicine in Japan occurred this year with the recognition of family medicine as their nineteenth specialty. The Taylor's are amazed at the ingenuity and passionate determination the Japanese family physicians have to broaden the reach of family medicine.

After the conference concluded we flew with Manabu Yoshimura, MD, to Miyazaki University in the southern region of Japan. Manabu Yoshimura, MD, is a cardiologist turned family doctor who is on faculty at Miyazaki University. He is performing herculean feats in making family medicine a recognized and respected specialty in Japan. Over the last several years he has



*Nick and Alex (right side, front row) with Miyazaki and Hawaii FMIG students.*

established a family medicine rotation at Miyazaki University. Family medicine rotations for Japanese medical students are generally not offered and not yet considered a core rotation. Manabu Yoshimura, MD, impressed upon us how survey studies show 50% of first-year Japanese medical students state they are interested in primary care. However, by the time they graduate only 1% of their students go into primary care. He cited collegial negativity among different

specialties and the lack of exposure during medical school as potential etiologies of this unfortunate statistic.

While in Miyazaki we taught their first and fourth-year medical students about family medicine as well as helped teach English in their medical English proficiency classes. The Miyazaki FMIG leaders and members also took us out to an authentic Japanese dinner. This dinner is one that my wife and I will never forget. The food was amazing; the friendships made were priceless.

Overall, our short trip to Japan expanded our view of culture, hospitality and medical education. It was an honor to beat the family medicine drum on behalf of OHSU Family Medicine all while seeing how Robert Taylor, MD and his wife, Anita, serve as the acme of ambassadorship. Alex and I look forward to watching family medicine continue its upward trajectory in Japan.

## 2019 Family Doctor of the Year Nominations

Do you know someone who has the necessary qualities to be considered for the 2019 Oregon Family Doctor of the Year Award? If you have someone you would like to nominate, please contact us at your earliest convenience so we can confirm that your nominee is an OAFP member. We can discuss with you the nomination categories (colleague, patient, community leader and friend) and the minimum number of nominations required in each category to provide a robust nomination packet.

As the OAFP's Family Medicine Weekend will be held May 2 - 4, 2019, we request that the nomination information be received by February 15, 2019. Here's a link to the nomination form: <https://oafp.org/dr-of-the-year/>. We look forward to hearing from you.

# SAVE THESE DATES

For more information, contact Betsy Boyd-Flynn at the Oregon Academy of Family Physicians  
[www.oafp.org](http://www.oafp.org) • 503-528-0961

### KSA STUDY HALL "MATERNITY CARE"

December 1, 2018  
 OHSU Center for Health and Healing

### LEGISLATIVE DAY

March 4, 2019  
 Salem, OR

### 72ND ANNUAL SPRING FAMILY MEDICINE WEEKEND & ORPRN CONVOCATION

Scientific Assembly & Congress, May 2-5, 2019  
 OAFP/Foundation Auction, May 4  
 Skamania Lodge

# Say Hello to our New Family Medicine Interns

38 interns from around the country arrived in Portland, Milwaukie, Klamath Falls and Corvallis this summer to begin their family medicine residency training programs. Welcome to Oregon!

The residency program at OHSU - Portland is a four-year program; the Providence Oregon residency program is in its sixth year of offering a rural training program in Hood River; Samaritan Health Services is an osteopathic program and OHSU - Cascades East is in its fourth year of admitting students from the Oregon FIRST program.



## Nathan Andrews, MD

OHSU – Portland

*Oregon Health & Science University, Portland, OR*

Dr. Andrews earned his BS in Organismal Biology at Portland State University. The experiences of volunteering in clinics

and hospitals, participating in preceptorships and working in a lumber yard ingrained in Nate a desire to develop longitudinal relationships with his patients and care for them as a whole person. As such, he wants to practice rural full-spectrum family medicine and addiction medicine. In his free time he can be found spending time with his family, hiking, skiing and fishing.



## Madeline Boyd, MD

OHSU - Cascade's East

*Oregon Health & Science University, Portland, OR*

Dr. Boyd graduated from Lyon College with a BS in Biology.

During medical school, her work in an intercultural longitudinal health elective helped her understand the role of family medicine in improving access to health care for underserved populations. Prior to medical school she was in the Peace Corps in Kenya where she admired the local doctors who worked in the small villages. She was pleased to find out that rural family medicine was her U.S. counterpart to the Kenyan physician's scope of practice. She wishes to practice full-spectrum care with a special interest in women's health. Outside of the clinic, she enjoys fishing and cycling.



## Laura-Marie Brown, MD, MPH

Providence Oregon - Hood River Rural Training

*New York Medical College, Valhalla, NY*

Dr. Brown earned her BS in Biology at Santa Clara University and earned her MPH while in medical school. Participating

in a health care ethics internship during her pre-med courses and working in an assisted living facility after college led her to choose family medicine as her specialty. She wants to practice full-spectrum family medicine in a rural community. In her free time she enjoys playing the harp, hiking and baking.



## Annie Buckmaster, MD

OHSU – Portland

*Oregon Health & Science University, Portland, OR*

Dr. Buckmaster graduated from Washington University in St. Louis with a BA in History and Environmental Studies.

She found her niche in medical school as an active member of the Family Medicine and Health Policy Interest Groups. She's interested in providing compassionate, equitable and inclusive care to her patients. Away from work she enjoys spending time with her husband and daughter, cycling, singing, playing tennis and making and eating pasta.



## Nicole Cairns, MD

OHSU – Portland

*University of Minnesota, Minneapolis-St. Paul, MN*

Dr. Cairns earned a BS in Biochemistry and a BA in Mathematics at the University of Minnesota Twin Cities.

She fell in love with family medicine in medical school while working with various community organizations to address health disparities. She is interested in women's health, LGBTQ care, addiction medicine and adolescent and pediatric health. While not working she enjoys hiking, spending time with her dog, cooking, baking and reading.



## Kara Callahan, MD

OHSU – Cascade's East

*Wright State University, Dayton, OH*

Dr. Callahan graduated from Cedarville University with a degree in Chemistry. Working in a homeless shelter and

attending church in an underserved neighborhood helped her focus her passion on helping people with health needs and little access to quality care. She is interested in addiction medicine, poverty medicine and full-spectrum care. In her free time she likes being outside, participating in sports, dancing and game nights.



## Sarah Cook, MD

OHSU – Cascade's East

*University of Minnesota School of Medicine, Minneapolis, MN*

Dr. Cook graduated with a major in Biomedical Science and a minor in Statistics from Saint Cloud State University.

Her participation in the Rural Physician Associate Program sparked her interest in pursuing a career in family medicine with OB. She is also interested in pediatrics and addiction medicine. In her spare time she enjoys hiking, kayaking and exploring the outdoors with her husband.



## Elizabeth Corwin, MD

OHSU – Portland

*University of Michigan Medical School, Ann Arbor, MI*

Dr. Corwin earned a BA in Psychology at Boston College.

Working in a community health clinic with AmeriCorps prior to medical school and as a clinic coordinator for the homeless while in medical school helped her decide on family medicine as her specialty. She wishes to practice full-spectrum family medicine with specific interests in women's reproductive health and obstetrics, pediatrics and adolescent medicine as well as mental health and behavioral medicine. Outside of work she enjoys hiking, camping, skiing, climbing and biking with her partner, family and friends.





### Lily Cranor, MD

OHSU - Cascade's East

*Oregon Health & Science University, Portland, OR*

Dr. Cranor attended the University of Oregon and earned her undergraduate degree in Biology. After participating in a medical mission trip to Guatemala and working in family planning, Dr. Cranor wishes to practice full-spectrum family medicine, including maternity care. In her spare time she enjoys hiking, gardening and cooking.



### Elizabeth Deyo, MD

Providence Oregon - Milwaukie

*University of Washington School of Medicine, Seattle, WA*

Dr. Deyo earned a BA at Brown University in Economics and Spanish. Working as an AmeriCorps volunteer and as a health educator for Sea Mar, an FQHC in the state of Washington, solidified her strong desire to work towards preventive care and advocacy issues that affect social change; a perfect match for family medicine. She's interested in full-spectrum family care. Away from work she enjoys hiking, traveling, camping, sewing and spending time with her husband and yellow lab.



### Ishak Elkhali, MD

OHSU - Portland

*Oregon Health & Science University, Portland, OR*

Dr. Elkhali earned his BS in Biochemistry and Molecular Biology at Portland State University. He became intrigued by the family medicine specialty through his involvement in OHSU's FMIG events and was convinced during his rotation that he wanted to pursue being a family physician. He is interested in full-spectrum care with an interest in addiction medicine and health policy. In his free time he enjoys playing board/video games, experimenting with 3D printing and complaining while hiking (as his wife would put it).



### Eric Fausch, MD

OHSU - Cascades East

*University of South Dakota - Sanford School of Medicine, Sioux Falls, SD*

Dr. Fausch earned his BS in Cellular/Molecular Biology at Tulane University. While pursuing a career in music he saw an opportunity in service and personal growth while assisting his grandfather with ailing health and practicing clinical embryology at a local fertility clinic. His time with his grandfather's hospice family physician sparked his interest in family medicine with a focus on birth-to-death care and public health advocacy. He enjoys reading, making music, outdoor activities and taking yearly trips with his wife.



### Kathryn Fausch, MD

OHSU - Cascades East

*University of South Dakota - Sanford School of Medicine, Sioux Falls, SD*

Dr. Fausch graduated from the University of South Dakota with a BS in Biology. She worked as a direct support professional for adults with disabilities while an undergraduate. It gave her a new understanding of patients' narratives and how this impacts health. She is interested in practicing full-spectrum and preventive care, with a special interest in OB and integrative medicine. In her spare time she enjoys hiking, camping and fishing with her co-resident husband, as well as knitting and gardening.



### Justin Ferley, DO

Providence Oregon - Milwaukie

*Lake Erie College of Osteopathic Medicine, Bradenton, FL*

Dr. Ferley earned his BS in Biomedical Science from Texas A & M University. His interest was sparked while taking college courses on nutrition and this passion grew during his clinical years of medical school. He wishes to practice full-spectrum family medicine, preventive medicine and nutrition. He enjoys traveling with his wife and dogs and has a goal to visit all of the national parks. He also likes cooking and eating amazing food as well as playing and watching sports.



### Ngoc-Tram Huynh, DO

Samaritan Health

*Touro University, Henderson, NV*

Dr. Huynh graduated from the University of California Irvine with a BS in Biological Sciences. During her clinical rotations, she was interested in following up with patients whom she had previously seen. That, in combination with her love of puzzles and problem solving, led her to osteopathic manipulative medicine (OMM). In the future she plans on practicing full-spectrum medicine that incorporates OMM and hopes to be a medical student preceptor as well. On her days away from work, she spends time with her family and enjoys doing origami.



### Amna Khan, MD

Samaritan Health

*American University of the Caribbean, St. Maarten*

Dr. Khan earned her BS in Public Health from Rutgers University. Prior to medical school she worked as an EMT and with developmentally disabled adults. While in medical school she became an HIV coordinator and helped create an early literacy program at a community hospital. She is interested in HIV and Hepatitis medicine and also in preventive health. In her spare time she likes to play guitar, paint, take walks with her dog and learn sign language.



### Margaret Kim, DO

Samaritan Health

*Western University of Health Sciences COMP, Pomona, CA*

Dr. Kim attended the University of California San Diego where she earned her bachelor's and master's degree in General Biology. During medical school, she participated in several service groups, which included working with the homeless and providing weekend activities for K-12 students interested in the medical field. She is interested in working in an underserved community in an outpatient setting. In her free time she enjoys hiking, crocheting and scuba diving.



### Sapna Krishnan, MD

Samaritan Health

*Ross University School of Medicine, Miramar, FL*

Dr. Krishnan graduated with a BS in Molecular and Cell Biology at the University of California Berkeley. A number of experiences, including volunteering at a free clinic, working as medical assistant and providing medical care to underserved communities in Honduras helped reinforce her love for family medicine. She is interested in international medicine/global health, community medicine and preventive care. In her free time she enjoys cooking and trying new restaurants, traveling, spending time with loved ones and her two rescue bunnies.



### Justin Lee, MD

OHSU – Portland

*Oregon Health & Science University, Portland, OR*

Dr. Lee earned a BA in Comparative Religion at Davidson College. After spending time as a Peace Corps community health volunteer in Peru and working with family medicine doctors in urban and rural Oregon through the OHSU Rural Scholars Program, Justin could see the value in the specialty of family medicine. He is interested in practicing full-spectrum family medicine, rural health care, addiction medicine as well as advocacy and service for marginalized communities and individuals. While not working he enjoys being outside, reading fiction, exploring new restaurants and spending time with his dog and his friends.



### Stefan Leo-Nyquist, DO

Samaritan Health

*University of New England College of Osteopathic Medicine, Biddeford, ME*

Dr. Leo-Nyquist earned a degree in Neuroscience at St. Lawrence University. His participation in an extensive research project on the doctor-patient relationship helped him realize that he preferred interactions with people versus mice in a lab research setting. He's interested in practicing family medicine in rural and underserved communities where he can focus on neurology as well as addiction, wilderness, sports, and osteopathic manipulative medicine. When not at work you will find him outdoors skiing, hiking, kayaking, biking or camping.



### Coya Lindberg, MD

OHSU – Cascades East

*University of Arizona College of Medicine, Tucson, AZ*

Dr. Lindberg graduated with a BS from the University of Colorado Denver. Her dedication to creating a healthier world with a passion for learning led her to family medicine. She is interested in integrative and lifestyle medicine, rural medicine and working with vulnerable populations. In her free time she enjoys the outdoors and live music.



### Aubrey Miller, MD

Providence Oregon - Milwaukie

*University of Iowa Carver College of Medicine, Iowa City, IA*

Dr. Miller attended the University of California San Diego where she majored in Human Biology and minored in American Sign Language. Throughout medical school she participated in a mobile health clinic and a free mental health clinic which helped solidify her interest in caring for the underserved. She is primarily interested in outpatient care with a focus in obstetrics, palliative care, refugee/migrant health and would like to become more involved in health policy. Outside of work she enjoys baking, hiking, traveling, trying new restaurants with her husband and playing with her mini-dachshund.



### Laurence Moore, MD

OHSU - Portland

*Oregon Health & Science University, Portland, OR*

Dr. Moore, who hails from London, earned a BA in Psychology and Economics at Stanford University. The experiences of working as an EMT in college, studying for his MPH between college and medical school and being an Emergency Tech while at OHSU made him want to be part of a specialty in which he could form strong bonds with his patients and prevent disease. Dr. Moore is interested in pursuing full-spectrum care, behavioral health and culturally competent care. In his free time he likes to travel, learn new languages, take in the food scene and explore Portland and all of Oregon with his dog and husband.



### Tyler Nelson, MD

Providence Oregon - Milwaukie

*Loyola University, Chicago, IL*

Dr. Nelson graduated with a BS in Biology from North Park University. While participating with Back on My Feet, an organization that combats homelessness and promotes employment through running, Dr. Nelson recognized the potential for what relational medicine could do for his patients. He is interested in practicing full-spectrum care, doing procedures and palliative care. In his spare time he enjoys fly fishing, cooking and gardening.



### Natalie Peck, DO

Samaritan Health

*Edward Via College of Osteopathic Medicine, Blacksburg, VA*

Dr. Peck attended the Jefferson College of Health Sciences where she earned a BS in Biomedical Sciences. She is interested in wilderness medicine, rural health, women's health and pediatrics. In her free time she enjoys hiking, camping, biking, taking wilderness photos and hunting wildflowers. She also likes to cook and craft.



### Kristin Prewitt, MD, MPH

OHSU - Portland

*University of South Florida College of Medicine, Tampa, FL*

Dr. Prewitt earned a BS in English at the University of Wisconsin-Madison and her MPH in Epidemiology while in medical school. She is interested in full-spectrum family medicine, family planning and public health research and advocacy. Through her altruistic contributions in undergraduate and medical school dealing with women's health disparities, family planning, domestic violence and homelessness, she came to the conclusion that family medicine was the only specialty that would allow her the ability to provide direct care to all and to continue her dedication for social change through public health research and advocacy.



### Abdul Rahim, DO

Samaritan Health

*Western University of Health Sciences College of Osteopathic*

*Medicine of the Pacific Northwest, Lebanon, OR*

Dr. Rahim attended Lafayette College and earned his undergraduate degree in Engineering. He is interested in full-spectrum care, pediatrics and helping underserved populations. When not at work he likes to play basketball, hike, cook and spend time with his family.



### Sebastian Reeve, MD

Providence Oregon - Milwaukie

*Tufts University School of Medicine, Maine Track Program,*

*Portland, ME*

Dr. Reeve earned a BS in Engineering from Tufts University and an MA in International Relations from the Fletcher School. He has a strong interest in full-spectrum family medicine, public health and preventive medicine. Whether working as a volunteer at a free clinic while at Tufts Medical or serving on an Engineers without Borders project in Haiti, Dr. Reeve has always enjoyed working with people to solve problems and believes his past experiences will serve him well in the family medicine specialty. In his free time he likes to hike, ski, read, bike, cook and spend time with family and friends.



### Enrique Riddle, MD

Providence Oregon - Hood River Rural Training  
*Tulane University School of Medicine, New Orleans, LA*

Dr. Riddle earned his BA in Anthropology at the University of

Texas San Antonio. He is interested in full-spectrum family health with an emphasis on preventive medicine, treating underserved populations and addressing social determinants of health. His medical school training offered him patient interactions that emphasized the importance of preventive medicine and the importance of addressing socioeconomic factors that interfere with the health of a patient. Outside of work he spends his time playing classical guitar, reading, cooking, hiking and camping.



### Margo Roemeling, MD

OHSU - Cascade's East  
*Oregon Health & Science University, Portland, OR*

Dr. Roemeling earned degrees in Biochemistry and Biophysics at Oregon State University. While an undergraduate, she worked

in a research lab completing biochemistry and renewable energy projects. Her passion for human connection led her away from the lab and into the world of medicine. In medical school she fell in love with the continuity, relationships and full-scope of family medicine and knew that her love for rural life coupled with Cascade East's residency program was a perfect fit for her. In her free time she enjoys hiking, camping, reading, gardening and spending time with her black lab.



### Melinda Ruberg, MD

OHSU - Portland  
*University of Louisville School of Medicine, Louisville, KY*

Dr. Ruberg earned her undergraduate degree in Biological Sciences at Ohio University. Through several remarkable experiences throughout medical school, including connecting with the home bound elderly, providing access to healthy foods to low income families and working with recovering addicts to help them find sustainable housing, she found her calling in family medicine. Her interests run the gamut from preventive medicine, behavioral and mental health and addiction medicine to prenatal care and women's health and palliative care.



### Arisa Takeuchi, MD

OHSU - Portland  
*University of the Ryukyus, Okinawa, Japan*

While Dr. Takeuchi was completing her internal medicine residency program at JADECOM she had the opportunity to work alongside

family physicians working in small, rural clinics throughout the country. The idea of being in charge of her patients' health -- whether newborn or elderly -- appealed to her and she knew she had found her niche in family medicine. She is interested in full-spectrum family medicine, geriatric medicine, palliative care and working with underserved populations. In her free time she likes to run, play the flute and do flamenco dancing.



### Patty Tran, DO

OHSU - Portland  
*Pacific Northwest University of Health Sciences, Yakima, WA*

Dr. Tran attended Washington State University where she earned degrees in Biochemistry, Cell Biology and Genetics. Her interest

in medicine began early in life after witnessing family friends suffer severe consequences from their unmanaged illness due to financial disadvantages. She wishes to become a health care advocate for immigrants and she is interested in women's health, geriatrics, chronic disease management and global health. In her spare time, she enjoys cooking, hiking and traveling.



### Claire Unruh, DO

Samaritan Health  
*Campbell University School of Osteopathic Medicine, Buies Creek, NC*

Dr. Unruh attended Bethel College in Kansas where she completed a dual major in Biology and Bible/Religion. Her volunteer work during undergraduate and medical school fueled her desire to work in family medicine and she is interested in practicing full-spectrum family medicine and LGBTQ health care. In her spare time she enjoys gardening, photography, sewing and playing with her Australian shepherds.



### Robin Vest, MD

OHSU - Portland  
*University of Texas Southwestern Medical School, Dallas, TX*

Dr. Vest attended Rice University and earned degrees in Biochemistry and Cell Biology. While in medical school, she led a group of students working in a rural village in Guatemala and also spent six weeks researching HIV care for transgender women living in the Dominican Republic. Both experiences helped her understand the importance of cultural understanding and humility. She is interested in practicing full-spectrum care, women's health and global health. In her spare time she enjoys traveling, hiking, playing volleyball and brewing kombucha.



### Brittany Whitaker, DO

Samaritan Health  
*University of New England College of Osteopathic Medicine, Biddeford, ME*

Dr. Whitaker earned her undergraduate degree in Biology and Environmental Science at the University of Massachusetts Amherst. As an active volunteer in her community since her youth, Dr. Whitaker realized that family medicine has such a wide array of possibilities to help people from all backgrounds and cultures. She is interested in practicing full-spectrum family medicine and is especially interested in rural and wilderness medicine. Outside of work she likes to spend time outdoors hiking, biking, climbing, fishing and traveling.



### Nicholas Wolfgang, MD

Providence Oregon - Milwaukie  
*Oregon Health & Science University, Portland, OR*

While at the University of Oregon, Dr. Wolfgang earned a BS in Computer & Information Science and an MS in Psychology/Neuroscience. He is interested in mental health, clinical ultrasound, sports medicine and technology in medicine. In his free time he enjoys yoga, martial arts, interval training classes, remodeling his home, playing games of all varieties and spending time with his loving family, which includes his wife, daughter and son.



### John Yates, MD

Providence Oregon - Milwaukie  
*Oregon Health & Science University, Portland, OR*

Dr. Yates earned his BA in Business and Economics at Linfield College and completed his pre-med course work at Portland

State University. He is interested in sports medicine and community engagement. Dr. Yates discovered his passion for family medicine while on rotation at a rural clinic in Oregon. He enjoys working with the community through Habitat for Humanity. He also enjoys hiking and running with his wife and dog.



# MEMBERS IN THE NEWS

## NEW BOARD MEMBERS

*Here are the four new resident directors and the student director elected to the OAFP board:*



### Carly Chambers, MD

Dr. Chambers is a second-year resident at Providence Hood River Family Medicine Rural Training Program. She earned a BS in Neuroscience at Brigham Young University and her MD at OHSU.



### Kate Kleaveland, MD

Dr. Kleaveland is a second-year resident at Providence Hood River Family Medicine Rural Training Program. She earned her degree in Biology from Southern Oregon University and her MD at OHSU.



### Jean Yau, MD

Dr. Yau is a third-year resident at OHSU Family Medicine Residency. She earned undergraduate degrees in Biological Sciences and French at Wellesley College. She earned her medical degree at Baylor College of Medicine.



### Stuart Zeltzer, MD

Dr. Zeltzer is a third-year resident at OHSU Family Medicine Residency. He attended the University of Michigan Ann Arbor where he majored in Microbiology/Immunology and Spanish. He attended medical school at the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University in Cleveland, Ohio.



### Emma Felzien,

Ms. Felzien the student director on the OAFP board, is a third-year medical student at OHSU. She attended Corban University in Salem and earned a BS in Health Science. She is also a past FMIG leader.

## FMIG TEAM WINS NATIONAL PROGRAM OF EXCELLENCE AWARD



Two of our FMIG leaders, Sara Hays and Jordan Gemelas, along with **Rita Lahlou, MD**, accept the Program of Excellence award at the AAFP National Conference for Family Medicine Residents and Students that took place in Kansas City last month. Only ten programs are granted this prestigious award and the hard work of our students and their leadership team has once again paid off. Congratulations!

## AAFP RESIDENT ALTERNATE DELEGATE TO THE CONGRESS OF DELEGATES ANNOUNCED



**Matt Peters, MD**, second-year resident at Cascades East Family Medicine Residency, was elected to serve as resident alternate delegate at this year's Congress of Delegates in New Orleans and as delegate to the Congress of Delegates in 2019 in Philadelphia.

"I would like to reiterate my thanks to the OAFP/ Foundation for sponsoring my trip to Kansas City. I am honored to have been elected to serve as one of the two resident delegates to the Congress of Delegates. This will be my second opportunity to serve as a delegate to the Congress and I hope to represent our state, my fellow residents and my patients with bold and intentional leadership," remarked Matt upon learning of this honor.

## 2018 AAFP AWARD FOR EXCELLENCE IN GRADUATE MEDICAL EDUCATION



**Mustafa Alavi, MD**, fourth-year resident at OHSU Family Medicine Residency, will receive this prestigious award at the 2018 AAFP Family Medicine Experience (FMX) in New Orleans in October. The award has recognized outstanding family medicine residents for leadership, civic involvement,

exemplary patient care, and aptitude for and interest in family medicine since 1952.

“In medical school, I learned how perfect family medicine is for pursuing primary care and my passion for patient advocacy. No other specialty provides such broad training in managing patients of all ages.”

## 2018 PISACANO SCHOLARSHIP AWARDED TO OHSU MEDICAL STUDENT



Fourth-year OHSU medical student, **Nick West**, has been awarded one of six national Pisacano Scholarships. The Pisacano Leadership Foundation awards exemplary students who have exhibited a strong commitment to the specialty of Family Medicine. At OHSU, Nick developed

the Family Medicine Interest Group Mentorship Program, was a founding member of the Dean’s Student Rural Advisory Group, and assisted in the creation of the Rural Scholars Program. Growing up in northeast Oregon, Nick worked on his family’s farm as a ranch hand. His experiences in rural Oregon and as a rotating medical student have shaped his perspective. He is determined to return to northeast Oregon to practice full-scope family medicine and assist with the operations of his family’s ranch.

**ALBANY**

Stephanie Bosch, DO ★  
 Pamela Chapin, MD  
 Carol Chervenak, MD  
 Kristina Corso, DO  
 David Floyd, MD ★  
 Brent Godek, MD  
 Priscilla Latta, MD ★  
 Emily Looney, MD ★  
 Rose Miller, MD ★  
 Vitus Nwaele, MBBS ★  
 William Origer, MD ★  
 Laura Ouellette, MD ★  
 Rebecca Pengilly, MD ★  
 Jeffrey Robinson, MD ★  
 Scott Schindell, MD ★  
 Douglas Thayer, MD ★  
 John Ward, MD ★  
 Patricia Wheeler, MD ★

**ASHLAND**

David Candelaria, MD  
 David Jones, MD, FAAFP  
 Lucinda Kolo-Kistler, MD ★  
 Brandon Lynch, MD  
 Lorraine McDonald, MD ★  
 Howard Morningstar, MD  
 Linda Niehaus, MD, FAAFP  
 Jani Rollins, MD ★  
 Paul Rostykus, MD, MPH  
 John Sager, MD  
 Miriam Soriano, MD ★  
 James Steinsiek, MD

**ASTORIA**

Scott Ashley, MD  
 Thomas Duncan, MD ★  
 Anna Hemphill, MD  
 Robert Law, MD  
 Katherine Merrill, MD  
 Angela Naim, MD  
 Carin Pluedeman, MD  
 Geoffrey Swanson, MD

**AUMSVILLE**

Scott Hadden, MD  
 Tanie Hotan, MD ★  
 Amy Sutkus, MD ★

**BAKER CITY**

Trisha Adams Eckman, MD ★  
 Neil Carroll, MD ★  
 Dean Defrees, MD ★  
 Logan Frederickson, DO ★  
 Eric Lamb, MD ★  
 J. Daniel Smithson, MD ★  
 Kaare Tingelstad, DO ★  
 Lily Wittich, MD ★  
 Derek Zickgraf, DO ★

**BANDON**

Megan Holland, MD ★  
 Henry Holmes, MD  
 Gail McClave, MD ★

**BEAVERTON**

Mihaela Beloiu, MD  
 Cynthia Caraballo-Hunt, MD ★  
 Nishanie Chalmers, MD ★  
 Prasanna Chandran, MD  
 Poonam Chhibber, MD ★  
 Barbara De la Torre, MD ★  
 Danielle Desrochers, MD ★  
 Anshu Dhingra, MD  
 Jennifer Donohue, MD ★  
 Hannah Edwards, MD ★  
 Carolyn Goebel, MD ★  
 Lucinda Griffith, MD ★  
 Christian Hill, MD, MPH ★  
 Tori Jones, MD ★  
 Monica Kim, MD ★  
 Marcy Lake, DO ★  
 Jennifer Mueller, MD ★  
 Ryan Norton, DO  
 Randolph Pitts, MD, FAAFP ★  
 Kerry Rasmussen, MD ★  
 Brett Rath, MD, FAAFP  
 Michele Sequeira, MD ★  
 Steven Simon, MD ★  
 Jennifer Soyke, MD, FAAFP ★  
 Samuel Suk, MD ★  
 Marcel Tam, MD  
 Cesareo Amadeo Tongco, MD  
 Jie Wang, MD ★

**BEND**

Raphael Allred, MD  
 Thomas Allumbaugh, MD  
 Jennifer Blechman, MD ★  
 Jeffrey Boggess, MD, FAAFP  
 Meghan Brecke, DO ★  
 Bradley Burket, MD ★  
 Tina Busby, MD ★  
 Leslie Carey, MD  
 Matthew Clausen, MD ★  
 Autumn Conde, DO ★  
 Audrey Davey, MD  
 Matthew Davey, MD  
 McKenzie Dean, DO ★  
 Christopher Digiulio, MD ★  
 Rebecca Ferguson, DO  
 Mark Gonsky, DO  
 Delmar Greenleaf, MD  
 Cheryl Hadley, MD  
 William Holloway, MD, FAAFP ★  
 James Horak, MD ★  
 Kristi Jackson, DO  
 Jessica LeBlanc, MD ★  
 Charlotte Lin, MD ★  
 Alison Little Toledo, MD  
 Jessica Mazaitis, MD ★  
 Mary Meador, MD ★  
 Jessica Morgan, MD  
 Terrace Mucha, MD ★  
 Matthew Mullane, MD, MPH ★  
 Laura Pennavaria, MD, FAAFP  
 Breanna Percell, MD ★  
 Janey Purvis, MD  
 Matthew Rode, MD ★  
 Dana Rhode, DO  
 Robert Ross, MD, FAAFP ★  
 Quinn Scallon, MD ★

Patrick Simning, MD, FAAFP ★  
 John Teller, MD ★  
 Katrina Terry, MD ★  
 Mattie Towle, MD ★  
 Lisa Uri, MD ★  
 Ginger Vaughn, MD ★  
 James Weeks, MD ★

**BROOKINGS**

Mark Silver, MD ★

**BROWNSVILLE**

John Hickey, MD

**BURNS**

Tom Fitzpatrick, MD ★  
 Kevin Johnston, MD, FAAFP  
 Sarah Laiosa, DO ★  
 Eva McCarthy, DO  
 Larissa Thomas, MD ★  
 Heidi Vanyo, MD ★

**CANBY**

DeOna Bridgeman, MD ★  
 Janae Brill, MD, MPH ★  
 Melissa Calhoun, DO ★  
 Michael Csaszar, MD ★  
 Amanda Gay, MD  
 Tom Lin, MD ★  
 David Peter, MD ★  
 Mario Seyer, DO ★

**CAVE JUNCTION**

Kori Hunt, MD ★

**CENTRAL POINT**

Elizabeth Banowetz, MD ★  
 Samuel Hirtle, DO ★  
 Brandon Hull, MD ★  
 Neil Olsen, MD ★

**CLACKAMAS**

Claire Andrews Gobble, MD  
 Carla Bowman, MD  
 Lisa Burton, MD, FAAFP ★  
 Rowan Casey-Ford, MD ★  
 Daniel Constien, MD ★  
 Juan Miguel Dela Cruz, MD ★  
 Dwight Hager, MD  
 Katherine Hogan, MD ★  
 Alycia Jackson, MD  
 Karin Jacobson, MD ★  
 Yves Lefranc, MD ★  
 Larry Moffett, DO, FAAFP ★  
 Sharlene Murphy, DO ★  
 Jonathan Nguyen, DO  
 William Nyone, DO ★  
 Reynold Orchard, MD ★  
 Karen Piper, MD, FAAFP  
 Richard Rigby, MD ★  
 Darla Stupey, DO ★  
 Anne Toledo, MD  
 Richard Varan, MD ★  
 Jan Weichsel, MD  
 Ariane Wolf, MD ★

**COOS BAY**

Dallas Carter, MD ★  
 Robert Gerber, MD ★  
 Thomas McAndrew, MD ★  
 Jonathon Park, MD ★  
 Kent Sharman, MD ★

**COQUILLE**

Nancy Keller, MD ★  
 Brock Millet, MD ★  
 Mark Pasternak, MD ★

**CORNELIUS**

Trevor Moerkerke, MD  
 Jennifer Mueller, MD  
 Michael Schiferl, MD

**CORVALLIS**

Lindsay Alaishuski, MD  
 Douglas Aukerman, MD, FAAFP  
 Kristin Bradford, MD, MPH ★  
 Margaret Carr, MD, FAAFP ★  
 David Cassat, MD  
 Janet Chang, DO  
 Nicola Chikkalingaiah, MD  
 Andrew Cornwell, MD  
 Tavis Cowan, MD  
 Aaron David, DO ★  
 Brooke Davis, DO  
 Shaniika de Souza, MD  
 John Edwards, MD, MPH, FAAFP ★  
 Rachel Elsasser, DO  
 Aaron Erez, DO  
 Kevin Ewanchyna, MD  
 Lydia Fusetti, MD  
 Donald Gallup, MD  
 Troy Garrett, MD ★  
 Bharat Gopal, MD, MPH, FAAFP ★  
 Robert Hughes, DO, FAAFP ★  
 Max Kaiser, DO ★  
 Yu Matsumoto, DO  
 Lance McQuillan, MD ★  
 Samuel Milstein, DO  
 Dolly Myers, DO  
 Elinor Tatham, MD  
 Matthew Taylor, MD  
 Amber Vester, DO ★  
 Nathanael Weigel, DO

**COTTAGE GROVE**

Kimberly Cronin, MD  
 Mary Gabriele, MD  
 Marta Hantke, MD  
 Sean Orlino, MD  
 Thea Petersen, MD

**DALLAS**

Stephen Chaffee, DO ★  
 Christopher Edwardson, MD, FAAFP ★  
 Tom Fleming, DO, FAAFP ★  
 Barbara Hoover, DO  
 Steven LaTulippe, MD  
 Gina Remington, MD

**DAMASCUS**

Beverly De La Bruere, MD  
 Matthew Satcher, MD ★  
 Atarah Sidey, MD ★

**DEPOE BAY**

Jerry Flaming, DO, FAAFP ★

**EAGLE POINT**

Janice Lindstrom, MD, FAAFP ★

**ESTACADA**

Lynn Murphy, MD ★

**ENTERPRISE**

Kelsey Allen, DO  
 Keith De Young, MD ★  
 Renee Grandi, MD ★  
 Annika Maly, MD ★  
 Geoffrey Maly, MD ★  
 Elizabeth Powers, MD ★  
 Emily Sheahan, MD

**EUGENE**

Pamela Andresen, MD ★  
 Rechelle Asiro, MD ★  
 William Balsom, MD ★  
 Lorne Bigley, MD, FAAFP ★  
 Cordon Bittner, MD, FAAFP ★  
 Michael Boespflug, MD ★  
 Gary Brandt, MD, FAAFP ★  
 Richard Brunader, MD ★  
 William Brus, MD ★  
 Patricia Buchanan, MD ★  
 Donna Byrne, MD ★  
 Jill Chaplin, MD  
 Johnna Charbonneau, MD ★  
 Wendy Choi, MD  
 Kimberly Cronin, MD  
 Paul Curtin, MD ★  
 Rensie Chiara De Vera, MD ★  
 Christa Danielson, MD ★  
 Loan Duong, DO  
 Jean Edsall, MD ★  
 Sylvia Emory, MD ★  
 Thomas Etges, MD  
 Thomas Ewing, MD  
 Lior Feldman, MD ★  
 Michael Garfinkel, MD ★  
 Galen Griffin, MD  
 Tracy Hardwick, MD ★  
 Bruce Harrow, MD, MSPH, FAAFP  
 Allen Heaman, MD  
 John Holtzaple, MD  
 Theresa House, MD ★  
 Doyle Huey, MD ★  
 Douglas Jeffrey, MD  
 Christine Jensen-Fox, MD  
 Brian Jones, MD ★  
 Matt Kaiser, MD ★  
 Naiman Khan, MD  
 David Knowlton, MD ★  
 Steven Koester, MD ★  
 Jotham Lefford, MD ★  
 Mark Litchman, MD  
 Mary Loeb, MD ★  
 Mark Lyon, MD ★



Donald Mackay, DO ★  
 Nancy Maloney, MD ★  
 Mailyynn Mitchell Sanchez, DO  
 Beth Moore, MD  
 Alexander Morley, MD, FAAFP  
 James Morris, MD  
 Sushanth Nayak, MD  
 David Nguyen, MD ★  
 Rachel Nosce, MD ★  
 Thomas Patterson, MD, FAAFP  
 Natasa Petrac, MD  
 Hang Pham, MD ★  
 Bonita Pollack, MD ★  
 Lisa Pomranky, MD  
 Elizabeth Quillin, MD  
 Wesley Ramoso, MD  
 Neema Reddy, MD ★  
 Randy Reese, MD, FAAFP  
 Janjan Reforma, MD ★  
 Erin Reilly, MD  
 Ronald Rennick, MD, FAAFP  
 Gulrukh Rizvi, MD  
 Mailyynn Mitchell Sanchez, MD  
 Stephan Schepengerdes, MD  
 John Sharrer, MD ★  
 Jose Sioco, MD  
 Vincent Siy, MD  
 Judith Steyer, MD  
 Christian Stowell, MD, FAAFP  
 Michelle Taube, MD ★  
 Kerry Tedesco, DO ★  
 Ria Valencia, MD ★  
 David Van Scoy, MD ★  
 Audrey Wen, MD ★  
 Arthur Willey, MD  
 Steven Yoder, MD, FAAFP ★

#### FAIRVIEW

Aoife O'Sullivan, MD

#### FLORENCE

Clare Brien, DO ★  
 Justine Parker, DO ★  
 Paul Pearson, MD ★  
 Mildred Rowley, MD  
 Jacquelyn Serrano, MD, MPH, FAAFP

#### FOREST GROVE

Timothy Gray, DO ★  
 Conley Lynch, MD  
 Sharyl Magnuson, MD

#### GOLD BEACH

Olixn Adams, DO  
 Stephanie Laudert, MD  
 Kae Loverink, MD

#### GRAND RONDE

Randall Blome, MD  
 Marion Hull, MD

#### GRANTS PASS

David Abdun-Nur, MD ★  
 Nima Azarbeh, DO  
 Ramesis Bacolod, MD ★  
 Victoria Boisen, DO ★  
 Amy Brown, MD ★

Caroline Brown, MD ★  
 Randall Currier, MD ★  
 Bradley DeKorte, DO ★  
 Jon Emshar, MD  
 Donna Givens, MD ★  
 Dan Gleffe, MD ★  
 Matthew Gramzow, MD ★  
 Barry Hamann, MD ★  
 Brian Hancock, MD ★  
 Jeremy Hitchcock, MD ★  
 Shoshannah Levitt, MD  
 Andrew Luther, MD ★  
 Kristin Miller, MD, FAAFP  
 Leona O'Keefe, MD ★  
 Tamara Powell, MD ★  
 David Procknow, MD ★  
 Tim Roberts, MD ★  
 Mark Rondeau, MD ★  
 Brynn Smedra, MD, MS ★  
 Richard Williams, MD ★  
 John Wilson, MD ★  
 Patrick Yeakey, MD ★

#### GRESHAM

Caroline Adams, MD ★  
 Filza Akhtar, DO ★  
 Rachel Bennett, MD ★  
 Lindsay Braun, MD  
 Kevin Carpenter, MD ★  
 May-Lynn Chu, DO  
 Marianne Clinton, MD ★  
 Alexis de Lucca, MD ★  
 Joseph Eisenberg, MD  
 Melanie Falgout, MD ★  
 Mary Ann Galagate, DO, MS  
 Amy Henninger, MD ★  
 Kelly Leaf, MD ★  
 Bridget Martin, MD  
 Carmela Pajarillo, MD ★  
 Janet Patin, MD, FAAFP ★

#### HAPPY VALLEY

Kevin Grainger, MD ★  
 Mhairi McFarlane, MD ★  
 Monica Myklebust, MD ★  
 Amy Tierney, MD  
 Rui Yang, MD ★

#### HEPPNER

Daniel Hambleton, MD ★  
 Russel Nichols, MD ★

#### HERMISTON

Bruce Carlson, MD ★  
 Derek Earl, DO  
 Joseph Gifford, MD ★  
 Christopher Lundquist, MD ★  
 Mariette Macrander, MD  
 Amy Nguyen, MD  
 Joseph Oconer, MD  
 Jonas Oltman, DO  
 Stewart Swena, MD ★  
 Robert Veale, MD ★

#### HILLSBORO

Meenakshi Aggarwal, MD ★  
 Soledad Ayres, MD

Teresa Bair, DO ★  
 Kristin Burgher, MD ★  
 Clarice Calopiz, MD ★  
 Geoffrey Carden, MD, FAAFP ★  
 Samuel Crane, MD ★  
 William Cuff, DO ★  
 Volodymyr Dovhyy, MD  
 Hyrum Durtschi, DO ★  
 Katherine Fate, DO  
 Michael Fite, MD, FAAFP ★  
 Adam Frederick, MD ★  
 Eva Galvez, MD ★  
 Lisa Gilbert, MD  
 Walter Goebel, MD ★  
 Michelle Hall, MD  
 Michael Hicken, MD  
 Peter Hoffman, MD ★  
 Tanya Kapka, MD, MPH  
 Cara Kawahara, MD ★  
 Carmen Kendall, MD ★  
 Hina Khan, MD ★  
 Jennifer King, MD ★  
 Suniti Kumar, MD ★  
 Karen Kustritz, MD ★  
 Sharyl Magnuson, MD ★  
 Kristi Marchand, MD  
 Andrea May, DO  
 Carl Melina, MD, FAAFP ★  
 Brian Moreaux, DO ★  
 Chris Nelson, MD ★  
 Van Anh Nguyen, DO ★  
 Kelly Oh, MD ★  
 Maura O'Leary, MD  
 Michael Pinn, MD, FAAFP ★  
 Sreedevi Pitta, MD ★  
 Jordan Roth, MD  
 Julia Rothgery, MD ★  
 Michael Schiferl, MD ★  
 Mathew Snodgrass, MD ★  
 Fayza Sohail, MD ★  
 Lindsay Sparks, MD ★  
 Melinda Strnad, MD ★  
 Mark Thompson, MD ★  
 David Tovey, MD ★  
 Nicole Trajano, MD  
 Daniel Twombly, MD  
 Priscilla Villarreal, MD ★  
 Nathan Way, MD, MPH  
 Terry Wrobel, DO, FAAFP ★  
 Hsiao Chi Wu, MD, FAAFP

#### HOOD RIVER

Stephen Becker, MD ★  
 James Brauer, MD ★  
 Charles Buser, MD ★  
 Brenda Colfelt, MD  
 Kristen Dillon, MD, FAAFP  
 Miriam Fauth, MD ★  
 Elizabeth Foster, MD ★  
 Anthony Gay, MD ★  
 Dana Gersten, MD  
 Robert Gobbo, MD, FAAFP ★  
 Tyler Gray, MD ★  
 Douglas Grissom, MD ★  
 Michael Harris, MD ★  
 Mariah McAlister, MD ★  
 Maria McCormick, MD ★

Gregory Parker, MD ★  
 Michael Pendleton, MD, FAAFP ★  
 James Pennington, MD ★  
 Jessica Porter, MD ★  
 Janet Sjoblom, MD ★  
 Natalie Speck, MD ★  
 Laura Starrett, MD ★  
 Richard Starrett, MD ★  
 Sara Trask, MD  
 Matthew Sperry, MD ★

#### INDEPENDENCE

Mary Placek, MD ★  
 Keith White, MD, FAAFP ★

#### JOHN DAY

Zachary Bailey, MD ★  
 Raffaella Betza, MD ★  
 David Hall, MD ★  
 Janessa Sickler, DO ★

#### JOSEPH

Kirsten Tallent Caine, MD ★

#### JUNCTION CITY

Douglas Bailey, MD ★  
 Howard Stein, DO ★  
 June Worthington, DO

#### KEIZER

Nirmal Bastola, MD ★  
 Gerald Farnell, MD ★  
 Quentin Johnson, MD ★  
 Mark Margoles, MD ★  
 Mojgan Mohandesi, MD ★  
 Deborah Sailer, MD ★  
 Karla Wottge, DO ★  
 Timothy Zuk, MD ★

#### KLAMATH FALLS

Carl Barbee, MD ★  
 Jerri Britsch, MD ★  
 Gregory Burnett, MD ★  
 James Calvert, MD ★  
 Helen Carlson, DO ★  
 Brandon Chase, MD ★  
 Lawrence Cohen, MD, FAAFP ★  
 Kristi Coleman, MD ★  
 Siobhan Cooper, MD, MPH ★  
 Stewart Decker, MD ★  
 Ralph Eccles, DO  
 Matthew Edmonds, MD ★  
 Erin Gonzales, MD ★  
 Kasey Gregory, MD  
 Joyce Hollander-Rodriguez, MD ★  
 Adria Honda, MD ★  
 Irina Iacobucci, MD ★  
 Robert Jackman, MD ★  
 Ann Kellogg, DO ★  
 Kathie Lang, MD, FAAFP  
 Randal Machado, MD, FAAFP ★  
 Brett Magner, MD  
 Jon McKellar, MD, FAAFP  
 Radu Moisa, MD ★  
 Holly Montjoy, MD ★  
 Flor Mounts, MD ★  
 Masayo Ozaki, MD ★

Jaime Palmer, MD ★  
 Kelly Patterson, MD ★  
 Carrie Pierce, MD ★  
 Dwight Smith, MD, FAAFP ★  
 Jon Spicher, MD  
 Paul Swenson, MD ★  
 Karla Tieva, MD ★  
 Brock Trejo, MD ★  
 Edward Trobaugh, MD ★  
 Wendy Warren, MD ★  
 Sarah Williams, MD ★  
 Nellie Wirsing, MD ★

#### LA GRANDE

Betsy Anderson, MD ★  
 John Page, MD  
 John Schaefer, MD ★  
 Ellen Schoenfelder, MD ★  
 Debra Studer, DO ★

#### LA PINE

Scott Black, MD ★  
 Michael Rosenfield, MD, FAAFP

#### LAKE OSWEGO

Marion Darling, MD  
 Heidi Ferguson, MD, MPH ★  
 Ruth Fischer-Wright, MD ★  
 Kristen Flemmer, MD  
 Sean Harper, MD ★  
 Bruce Holmes, MD, FAAFP  
 Darren Lewis, MD ★  
 Herbert Lim, MD ★  
 Anne Marie McCoy, MD ★  
 Kristina Rashid, MD ★  
 Thomas Trinh, MD  
 Kar-ye Wu, MD ★  
 Laura Zhong, MD ★

#### LAKEVIEW

Timothy Gallagher, MD ★  
 C. Scott Graham, DO ★  
 Stephen Hussey, MD ★

#### LEBANON

Kathryn Bachman, DO ★  
 William Barish, MD, FAAFP  
 Mary Belozer, MD ★  
 Janice Blumer, DO  
 Richard Evans, MD, FAAFP ★  
 Alden Forrester, MD  
 Collin Lynn, MD ★  
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CE = OHSU - Cascades East • OHSU = OHSU - Portland • PO = Providence Oregon - Milwaukie  
PHR = Providence Oregon - Hood River Rural Training • SHS = Samaritan Health Services

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