

Family Physicians of Oregon

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Dan Paulson, MD
OAFP President



OREGON ACADEMY OF
FAMILY PHYSICIANS

MAKING HEALTH PRIMARY

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Family Physicians of Oregon

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OAFP President, Dan Paulson, MD, and his colleagues at Springfield Family Physicians.



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● GREETINGS FROM THE OAFP



KERRY GONZALES, OAFP EXECUTIVE DIRECTOR

This year marks the 70th anniversary of the OAFP. These 70 years have seen many changes to family medicine, but maybe none as rapidly as we have seen in the past six years.

In those six years, Oregon's family physicians went from not knowing what a medical home was to having over 600 state-certified Patient Centered Primary Care Homes. Nationally, family physician's salaries increased 10% between 2014 and 2015 and the OAFP is currently engaging in ways to get even more resources to clinics.

However, continuing to plague us is the perpetual shortage of family physicians. We are working on this problem both nationally and locally. In Oregon, we are pursuing avenues to expand Family Medicine Residency slots and at the same time strengthen our loan repayment and loan forgiveness programs and other state-sponsored policies for recruitment and retention of primary care providers.

It may seem we are proceeding at a snail's pace, but progress is being made in the way clinics and clinicians are being paid. The system, led by the Centers for Medicare and Medicaid Services, is moving away from the strictly fee-for-service model into blended payments. These payments actually pay for the types of services physicians and their teams are being asked to do and that we are increasingly seeing lead to better patient care and lower costs.

The next horizon for the OAFP is to speed up the snail's pace with some meaningful payment reform. We view the Comprehensive Primary Care Plus program (CPC+) as a great first step. Oregon was fortunate to be chosen for this program, thanks to a lot of behind the scenes work to engage the payers. (If you have any questions about CPC+, please refer to the OAFP website).

Although CPC+ is a great starting point, we need to make sure that all payers are paying their fair share for clinical innovations and that all clinics, even those who are Rural Health Centers and FQHCs, are able to participate in the alternative payments being offered.

In a rare cosmic convergence, the CPC+ program was announced at the same time the SB 231 mandated Primary Care Payment Reform Collaborative began meeting. This meant we already had a forum for providers and payers to discuss payment

Let's not be afraid to use our collective voice to promote what we know to be best for patients – a robust, sustainable, productive family physician workforce!

reform and guide the Oregon Health Authority to develop a Primary Care Transformation Initiative. This Collaborative is tackling the challenge of spreading CPC+ payment methodologies as widely as possible.

The OAFP was instrumental in getting SB 231 passed and in addition to the Reform Collaborative, the bill required payers to report what percentage of medical expenses were allocated to primary care. That report was made public early this year and gives us a benchmark for evaluating our progress in increasing resources and investments in primary care.

At the same time, we were able to engage one of the exceptional OHSU residents, **Will Nettleton**, an MD/MPH candidate, to research how much it costs a practice to be a well-functioning PCPCH. This was an extensive research project, but it provided core data about the actual costs associated with maintaining the services found in a PCPCH as well as numbers we can use to push back on inadequate reimbursements from payers.

Almost 80% of the family physicians in Oregon belong to the OAFP. This provides an opportunity for a strong, unified voice to legislators, payers and the public. Let's not be afraid to use our collective voice to promote what we know to be best for patients – a robust, sustainable, productive family physician workforce!

I would like to thank each of you for your continued support of the OAFP. By continuing your membership, you confirm to us that the OAFP and the AAFP are valuable to you. Please make the most of that membership. Let your voice be heard.

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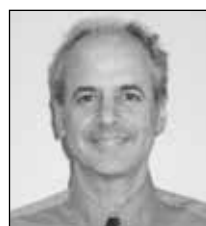
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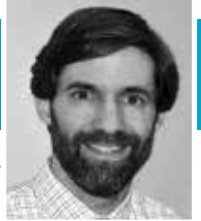
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● PRESIDENT'S MESSAGE



DAN PAULSON, MD

THE IMPORTANCE OF TEAM CARE

There is a lot of talk these days about “team care.” It is considered to be an essential part of any patient-centered medical home program including Oregon’s own Patient-Centered Primary Care Homes. It is incorporated into the Comprehensive Primary Care Initiative and its successor CPC+. You can easily find several articles about team care in the AAFP’s Family Practice Management journal. Even insurance companies are telling me that I am a part of a “care team” although I have never met any of the other members of their teams.

I have found that my understanding and definition of team care keeps changing. Certainly five years ago this was much simpler; my team consisted of me and my medical assistant. We were backed up by another “team” that would cover for us if we were out. This simple definition no longer fits, and that is a good thing. Much more is expected of us and our teams these days and we have needed to expand our definition of teams to meet these growing expectations.

Take one recent clinic day—within a typical morning of seeing patients, many of the members of my current care team played an integral role in caring for our patients. The first patient of the day had poorly-controlled diabetes and we coordinated her care with our in-house RN/diabetic educator. Then we saw the mother of a teenager who had recently died from cancer and was in need of grief counseling. Our behavioral health specialist met with her immediately and also arranged follow-up care. Another patient was due for colon cancer screening and my medical assistants had already started the referral before I had finished reviewing his hypertension management. His prescription refills were also prepared and ready for me to give the OK to send them to the pharmacy. My scheduler had already obtained the records for the next

Incorporating these professionals into my care team not only improves the care I can give to my patients, but it also increases the satisfaction I get from doing my job. . . Collaborating with them daily has opened my eyes to new possibilities and new ways to meet the needs of my patients and my community.

patient who had recently been seen in the emergency room. These were all things that we knew about and had prepared for ahead of time. In the afternoon, more acute and unexpected needs arose. Behavioral health was there again to talk to a patient whose depression screen was positive and another patient who was struggling with management of his chronic pain. We also consulted our community support specialist to assist another patient who needed help with transportation to appointments.

The expectations for how we manage our patients’ care have grown over the last several years. I remember the studies from many years ago estimating the hours it would take to provide all of the recommended care for a typical panel of patients; always way more than any one person could manage. But these expectations are bigger now and are only growing. Therefore, our care teams must grow, too. While behavioral health was counseling these patients on depression and chronic pain, I was able to see urgent, same-day appointments for a child with a fever and an adult with a COPD exacerbation, meeting different needs for our patients to enable them to have good access to quality care.

The expansion of care teams in my clinic is improving the care we are able to give to our patients. There is no doubt in my mind that my RN/diabetic educator does a better job teaching about a diabetic diet than I do. And

I know that the behavioral health counselors give more substantive counseling on depression and ways of dealing with chronic pain than I am capable of doing. They also can give patients the additional time they deserve to deal with these issues. I am better prepared each day to meet my patients' needs because my medical assistants are reviewing charts and calling patients ahead of their appointments, helping to identify both their current needs and any upcoming preventive care. Incorporating these professionals into my care team not only improves the care I can give my patients, but it also increases the satisfaction I get from doing my job. I feel privileged to learn from my team members who have skills that I don't have and the additional information they learn from the patients has helped us to have a greater understanding of our patients and our community.

Five years ago I never imagined what our clinic would be like today but now I find that I can't remember how we used to do things. I regularly hear from my partners that they don't ever want to go back to the old days. Behavioral health, RN care coordinators/diabetic educators, MA's that do more than just take vitals and

room patients are all here to stay. Collaborating with them daily has opened my eyes to new possibilities and new ways to meet the needs of my patients and my community. Plus I am much more aware of the needs of my patients beyond the exam room and I have some resources with which I can start to address these needs; needs that have always been there but that I have not always looked for. I fully expect that the next five years will bring further changes to our care teams as well as the care that we provide. I am excited to see what these changes will be. The expansion of my clinical team has made me a better doctor and I believe it is making my patients and community healthier.

On the cover of this issue is my care team which includes from left to right: Becky Kirk, Certified Medical Assistant; Brenda Lang, Certified Medical Assistant; Rebekah Brooks, Behavioral Health Coordinator; Jordan Moon, Physician Assistant; me; Meg Stauffer, RN/Diabetic Educator; Autumn Wyer, Triage Medical Assistant; and Cindy Robello, Pod Clerk.

• FROM THE HILL



JENNIFER DEVOE, MD, DPHIL, PROFESSOR, CHAIR OF FAMILY MEDICINE DEPARTMENT, OHSU

As a native Montanan, I grew up learning about the importance of family doctors to the health of communities. When I arrived on the Harvard Medical School campus in the fall of 1993, I eagerly searched for the Department of Family Medicine to join a student interest group and engage in service learning opportunities alongside family physicians. I was stunned to discover such a department did not exist at Harvard. My deep (and stubborn) Montana roots served as a steady compass on the path into family medicine. Luckily, this path led me to a wonderful home in the Department of Family Medicine (DFM) at Oregon Health & Science University (OHSU) where I became

an intern in 2001. I was so grateful for the opportunity to become an Oregonian, and for the community's welcome. Since moving to Oregon, I have developed deep admiration for the important work of family medicine across our great state.

Fifteen years after matching in OHSU's family medicine residency program, I was honored to receive an invitation from the Dean of the School of Medicine to consider becoming the new Chair of our amazing department. Dean Richardson asked me to present a vision for our future. Together, our DFM leadership team, which includes me, **Frances Biagioli, MD**, Professor and Director of Medical Student

Education; Deborah Cohen, PhD, Associate Professor and Research Director; Ben Cox, MBA and Finance Director; **Patrice Eiff, MD**, Professor and Director of Faculty Development; **Roger Garvin, MD**, Associate Professor and Residency Director; **Joyce Hollander-Rodriguez, MD**, Assistant Professor and Cascades East Residency Program Director; Megan McGhean, MS, MHA and Department Administrator; Kam Pierce, MPA, CRA and Director of Research Support Services; **J. Bruin Rugge, MD, MPH**, Associate Professor and Director of Patient Care; and Suzanne Sullivan, MS and Director of Business Development, drafted this vision, which I am excited to share with all of you.

A Vision for Strengthening OHSU's Department of Family Medicine in the 21st Century

In the 20th century, academic medical centers created world-class infrastructure to successfully combat disease. Despite these 20th century advances in treating disease, people in the United States (US) have poorer health and shorter lives than populations in other developed countries around the world.^{1,2}

In the 21st century, academic medical centers are now challenged to build world-class infrastructure to connect the dots between combating disease and promoting health if our nation is to accomplish the quadruple aim.³ Extensive evidence suggests this infrastructure must be built on strong foundations of primary care and population health; 'community laboratories' and 'community classrooms' to facilitate bidirectional teaching, learning, innovation, and discovery are vitally important to this 21st century vision.⁴

OHSU's DFM has great strengths in primary care research, innovation, education and clinical care and is well-situated to expand and fortify its position as a national leader in primary care and population health.

- 1. Clinical Programs:** Over the past 10 years, we have been on a journey of practice innovation and transformation. We currently operate Tier 3 Primary Care Medical Homes with embedded behavioral health and care coordination to ensure that patients receive the highest quality care. We have developed significant expertise in transforming primary care practices into population health-focused, innovative centers of service and learning. We have developed team-based care models and population health programs in primary care settings (e.g., sports medicine, geriatric medicine, integrative medicine, addiction medicine) to better meet the needs of the populations we serve and to better support learners. We are motivated to take these programs to a new level and have expanded collaborations with OHSU's departments of internal medicine and pediatrics to define and develop models for high-performing primary care systems. We will expand partnerships to support a strong primary care system throughout the state, supported by new payment and population health accountability models. In addition to our Portland metro-based practices, we are strengthened by our clinical partnerships with Klamath Falls, The Dalles, Enterprise, and many other communities throughout Oregon. We look forward to learning from, and growing with, our community partners.

2. Educational Programs: We have heard from our communities that Oregon needs a larger and better-equipped primary care workforce. We will continue to look for opportunities to expand the department's successful primary care pre-doctoral and residency training programs into new locations, including building on our success in developing federally-qualified health centers, school-based health centers and rural health training programs. We need learners to have experiences that go beyond the traditional core clinical competencies; enhanced expertise in areas such as leadership, informatics, policy, economics and community health needs assessment are increasingly relevant in the current environment. We are also committed to improving our training programs for primary care faculty and expanding upon relevant fellowships. As we grow and add educational programs, we will maintain the standard of quality that has made OHSU an international leader in family medicine education, and we will help strengthen OHSU's innovative learning infrastructure to ensure optimal success in recruiting, training, and assessing learners. We believe that our approach provides learners with broad exposure, preparing them to become clinical and policy leaders in a variety of diverse communities and populations. The success of our educational programs also relies heavily on participation from community family practices and their providers, and we will look for opportunities to reinforce collaborations across our outstanding statewide network of faculty.

3. Research Programs: OHSU Family Medicine is a national leader in primary care research. We endeavor to build on our robust research portfolio, accelerating our work in primary care transformation, health policy, health services research, population health science, rural health, health literacy, dissemination and implementation science, patient-centered outcomes research, primary care leadership, access to care for vulnerable patients, medical education research, and many more areas where we have extensive proficiency. Our research programs have broad applicability to campus-wide research initiatives in the areas of cancer prevention and control, cardiovascular disease prevention and management, improvement science and many others. Our research programs already forge connections across several OHSU departments, academic disciplines and community organizations. Additionally, DFM research programs build on relationships with community leaders, and we wish to deepen and expand these collaborations. Richer partnerships with community family physicians will inevitably mean that our research will be more meaningful to our patients and population health as a whole. We envision expanding our research infrastructure and sharing our expertise in ways that build stronger collaborations across the OHSU campus and with many more Oregon communities. By strengthening these program areas and partnerships, we will collectively create new knowledge that informs and improves primary care and population health in Oregon (and around the world).

In conclusion, as academic medical centers are called upon to play leading roles in building 21st century infrastructure to improve health, Oregon's family medicine community will have continued opportunities to shine brightly. Thanks to partnerships with all of you across Oregon, we've collectively built top-notch 'community laboratories' and 'community classrooms' that provide 'real-world' perspective, experience, learning and discovery.⁴ Together, we will lead primary care and population health transformation and innovation in clinical services, workforce training and development, research and discovery.

It is an honor and a privilege to have

the opportunity to serve as the chair of OHSU's Department of Family Medicine. I am proud of the contributions made by the family medicine community across the state to make our department a national leader in service, education and research. I look forward to working alongside each and every one of you to continue this amazing legacy and ensure that OHSU students (and many students from across the country) have the opportunity to engage with a vibrant department of family medicine and learn about family medicine from the nation's best family medicine clinicians, educators and researchers.

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● MOVING ON



JOHN SAULTZ, MD, EMERITUS PROFESSOR, OHSU FAMILY MEDICINE

“Moving On” is a new feature of the Family Physicians of Oregon that highlights OAFP members who have made significant contributions to family medicine and are now transitioning to different roles.

To say that **John Saultz, MD**, has made lifelong contributions to family medicine is an understatement. From his first step on Oregon soil back in 1986 to his departure as the Family Medicine Department Chair at Oregon Health & Science University (OHSU) in July of this year, his 35-year career in family medicine has been far reaching and all-encompassing. In his tenure, he has been a residency director, a statewide AHEC program director, a family medicine department chairman and a leader for family physicians in Oregon and the nation.

John came to Oregon in 1986 to become the Family Practice Residency Director at OHSU. Over eight years in that role, he transformed the residency curriculum and made the program a national leader. As residency director, he started the resident rural rotations in Enterprise, John Day and Ontario and wrote a grant to fund the first residency wellness retreat, a successful annual weekend event that occurs to this day. Also during his time guiding the residency he was fortunate to recruit stellar associate residency directors, including **Glenn Rodriguez, MD**, **Mark Bajorek, MD**, and **Pat Eiff, MD**. He was elected president of the Association of Family Medicine Residency Directors and served as a member of the Accreditation Council for Graduate Medical Education while becoming a nationally recognized leader in family medicine residency education.

*A longtime mentee of Dr. Saultz's, **Scott Fields, MD**, had this to say regarding John's effect on his career: “As John steps down after 30 years of service to the department, including 17 years as chair, it is easy to list the profound national impact that he has had on patient care, education and scholarship. His vision of what is possible, his unrelenting commitment to the values of family medicine, and his loyalty to the physicians and communities of Oregon will be missed. But for me, it is much more personal - it is his mentorship as physician leader, his generosity in sharing opportunities in professional growth and his unwavering friendship that will endure well after this role ends.”*

On a regional level, John served as founding Medical Director for CareOregon (a statewide Medicaid HMO formed in 1993 to implement the Oregon Health Plan); CareOregon is now the state's largest Medicaid HMO and covers over 100,000 low-income Oregonians. In 1994 he

was named by OHSU as Assistant Vice President for Regional Education and Director of Primary Care Clinical Services. While in this position, he developed the Cascades East Family Medicine Residency in Klamath Falls, recruited **Jim Calvert, MD**, as its first program director and helped the program grow into one of the nation's best rural training programs. In 1995, Saultz took on the role of director of the Oregon Statewide Area Health Education Centers (AHEC) Program. Before leaving the program in the very capable hands of Lisa Dodson, MD, he helped recruit Bruce Goldberg, MD, to Oregon as director of a new Health Education and Training Program. After leaving CareOregon, he was instrumental in selecting Bruce Goldberg, MD, and David Labby, MD, as subsequent medical directors.

In 1994, after being on the board for five years, he was elected president of the Oregon Academy of Family Physicians and served on the board until this year as a keen observer, gifted advisor and all-around wealth of knowledge. As an academic leader, John was named Bishop Fellow in 2003 and was elected STFM President in 2013. In that same year he was chosen as the OAFP Family Physician of the Year. He has served our specialty as a member of Task Force III for the Future of Family Medicine Project and as a member of Family Medicine for America's Health Steering Committee in 2013. Over a period of several years, he was part of the state committee that developed standards for assessing the Patient Centered Medical Home.¹ Since 2010, he has been an editor of *Family Medicine*, our specialty's premier educational research journal sponsored by STFM and has also contributed *From the Hill* articles in this magazine for the past 16 years.

As a scholar and an author, his three books and over 150 journal articles have had wide influence on family physicians around the world. He is a national authority in the area of continuity of care research and is frequently invited to speak around the nation. In fact, one of his research papers on this topic is among the 50 papers chosen by the AAFP's Center for the History of Family Medicine as a “classic paper” in our specialty's history.² He was also part of a group who wrote a commissioned report to convince the British National Health Service to continue assigning patients to individual family physicians.³ Finally, John has built the OHSU family medicine research program into a top 10 national ranking.

Since Saultz' departure in July as chair of OHSU's family medicine department he has done the opposite of “taking it easy.” He is working as a professor of family medicine, the job he originally came to Oregon to

do. He spends about 25% of his time seeing approximately 300 patients in his office continuity practice and believes his change of roles has improved their access to him as a family physician. He checks his inbox daily, replies to their messages and keeps track of them continuously. One of the biggest choices he had to make in his new role was whether or not to continue to have a continuity practice. But caring for people he's known for years is his greatest joy in clinical practice and he's not ready to stop having patients of his own quite yet.

Another 25% of his time is spent as the editor of *Family Medicine*. He oversees every aspect of the journal's operation with a team of seven assistant editors and staff and writes editorials for 75% of the ten issues published each year.

Saultz has also significantly increased his teaching time with OHSU residents and students and plans to take on an expanded role as an advisor to young faculty members. He originally chose a career in academic family medicine because he loves to teach, so doing more of this, according to Saultz, "feels like coming home after a long, and not always happy, administrative sojourn."

And finally, he's doing what he can to assist the department's new leaders. OHSU's new chair, **Jennifer DeVoe, MD, DPhil**, and **Bruin Rugge, MD**, director of patient care, have been long-time members of the department. Saultz affirms that they are both exceptional leaders and are well-prepared for their new responsibilities. "I am profoundly proud of both of them. The department is in good hands, but 30 years of academic

experience is hard to replace. So I'm still around to help if called upon to do so."

"The change from being chair to being a senior faculty member is an interesting transition and I'm learning new things every day. I am in the office three days a week and work on the journal a fourth day. This certainly feels more relaxed from the six-day weeks I routinely worked prior to the change, but I'm not retired by any means. I love being a family physician and teacher more than ever and I'm finally getting back to what I came here to do in the first place," states Saultz. Looking back, Saultz is most proud of the students and residents that he helped train over the years, many who have been past OAFP presidents!

Dr. Saultz has excelled in every area of family medicine education and patient care and has served as an important leader for our specialty on a national and international scale. From teaching medical students to mentoring family medicine faculty and practicing physicians, John Saultz, MD, has left an indelible mark on the specialty and in our hearts.

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DOUG BARBER, OAFP LOBBYIST

Report Recommends Keeping and Enhancing Oregon's Rural Health Workforce Incentive Programs

A new report to the legislature concludes that **all** of Oregon's health care workforce incentive programs "are successful in increasing the number of providers in rural areas in Oregon."

The report comes from the Lewin Group and the Oregon Health Care Workforce Committee in response to HB 3396 passed during the 2015 legislative session. As of January 1, 2018, that bill repeals authorizing legislation and funding for most of the health care provider incentive programs — including Loan Repayment, Loan Forgiveness, the Rural Health Provider Tax Credit and the Rural Malpractice Subsidy program — and creates a new Health Care Provider Incentive Fund.

The chair of the Oregon Health Care Workforce Committee, David Pollack, MD (a psychiatrist and professor at OHSU) told the Oregon Health Policy Board in September that, "The goal wasn't necessarily to undo these programs, it was to force us to consider how to make these programs more efficient."

Among the findings by the Lewin Group and the Workforce Committee:

- Loan repayment and forgiveness programs have an important recruiting effect on primary care

physicians, nurse practitioners and physician assistants, but only a minor retention effect.

- State tax credits and other subsidies have a negligible recruiting effect on primary care physicians and a small recruiting effect on NPs and PAs, yet have a sizeable retention effect on eligible providers.

Recommendations from the report include:

- Enhance data collection for all incentive programs, including telehealth data and provider-level information.
- Expand awareness and make these incentives easier for practices and physicians to utilize, specifically recommending a common application for all incentives.
- Create a bidding mechanism allowing providers to offer more years of service in rural areas.
- Increase the amount of awards.
- Increase the number of loan repayment awards.
- Allow for different award amounts by provider type.

Dr. Pollock summarized the recommendations saying, "More money, not less, is needed."

The Workforce Committee specifically recommends that Oregon retain the Rural Health Tax Credit, "but that the legislature look closely at the data behind it, because it is the biggest draw out of the General Fund at \$8.1 million."

These recommendations, and the data analysis behind them, now go to the legislature. Legislators will wrestle with how best to restructure these incentive programs during the 2017 session and what level of funding is necessary to make them more effective.

Dr. Pollock summarized the recommendations saying, "More money, not less, is needed."



LYNN ESTUESTA,
OAFP/FOUNDATION EXECUTIVE DIRECTOR



OREGON ACADEMY OF FAMILY PHYSICIANS FOUNDATION

Investing in future family physicians to serve our Oregon communities

Since 1994, the OAFP/Foundation has supported medical students exploring rural family practice, medical students matching in family medicine residency programs and OHSU's family medicine interest group activities. We've provided anti-tobacco education in elementary schools and local and regional ethics lectures.

Over the past year, the OAFP/Foundation has developed a mission statement – Investing in future family physicians to serve our Oregon communities. Our next step as a board is to finalize a list of actionable goals so we can expand upon new opportunities for the next generation of family physicians – both medical students and family medicine residents. Specifically, we wish to provide educational support and networking opportunities for Oregon family medicine students and residents and increase the number of Oregon family medicine students and residents exposed to rural medicine.

One way in which the Foundation has consistently provided awareness and understanding of life as a rural family physician is through the Laurel G. Case Award for Rural Experiences. Named after the first OHSU Family Medicine Department Chair, this award provides a stipend to medical students who choose to live and work with a rural family physician for one to two weeks. With the recent curriculum shift at OHSU, this mentorship



Rachel with Jerri Britsch, MD

opportunity is now an elective open to all students entitled the Rural Family Medicine Experience.

This past August, **Rachel Laursen, MS3**, took part in this experience and was able to get a sense of what life would be like in a rural setting. During her two weeks at the Sky Lakes Klamath Medical Clinic she worked alongside family physicians **Jerri Britsch, MD**, and Dawn Jennings-Peterson, MD. Here are some excerpts from Rachel's Laurel G. Case essay regarding her rural family medicine experience:

"I primarily worked with Jerri Britsch, MD, my host physician, and her partner, Dawn Jennings-Peterson, MD. On a typical day, I would see every other patient; visits ranged from new OB patients and well-child checks to



Rachel with Dawn Jennings-Peterson, MD

medication management and Medicare well visits. Patient panels were comprised of all ages and problem lists were varied in type, length and complexity. . . . I learned so much during my time with Dr. Britsch and Dr. Jennings-Peterson. They are both incredibly knowledgeable physicians and excellent teachers. Each has a unique style of practice and approach to patient education and there are elements of both of their styles that I have tried to implement while seeing patients on my Family Medicine Core rotation. I feel that both physicians imparted wisdom that I will carry with me to upcoming rotations and into my own future practice.

This experience changed my outlook

regarding rural practice in a number of ways. (I realized that) the medicine is the same; patients are suffering from many of the same problems that I see on a daily basis here in Portland and, oftentimes, many of the same solutions are available. However, one thing that greatly impressed me was the opportunity to develop intimate, multi-generational relationships with patients and their families and how much these relationships enhance the quality of care provided and the sense of fulfillment one can find in this field.

I believe that my personality, skills and values fit well with the specialty of Family Medicine. I love interacting with a wide variety of people and using my understanding of their history to improve their health. . . . I feel that a career in Family Medicine could be very fulfilling for me and look forward to exploring it further."

We are thankful to the faithful preceptors

who educate our medical students and equally thankful for our OAFP members who so generously support the Laurel G. Case Award as well as the other Foundation programs.

If you wish to contribute to the future of Family Medicine in Oregon, please send your donations to OAFP/Foundation, 1717 42nd Ave. Ste. 2103, Portland, OR 97213 or donate online at <http://oafp.org/oafp-foundation/>. As you can see from Rachel's story, your donations do make a difference.

2016 – 2017 OAFP Foundation Board Members

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● STUDENTS SPEAK OUT!

Stories from OHSU students involved in the Family Medicine Interest Group (FMIG)

NICHOLAS WEST, CO-CHAIR, OHSU FAMILY MEDICINE INTEREST GROUP

The OHSU Family Medicine Interest Group had a jam-packed schedule the last couple of months. This summer brought many thought-provoking lunchtime talks and workshops as well as an added enthusiasm regarding the practice of Family Medicine. Furthermore, we welcomed the next potential batch of family physicians in OHSU's Med 2020 class. The following is a quick recap of all things FMIG since our last Students Speak Out! article.

We were honored to host **Sumathi Devarajan, MD** for a lunchtime talk. Dr. Devarajan focuses on geriatric care and relayed her passion for caring for this population. She described some of the challenges and enjoyment she encounters in her practice. There were several students in attendance who were already interested in geriatric care and Dr. Devarajan's influence only furthered their curiosity.

John Muench, MD joined us for a lunchtime talk, as well. Dr. Muench is an experienced motivational interviewer and his presentation highlighted the impact this technique can have on patient outcomes. He discussed the importance of empowering patients to make their own decisions while guiding the conversation towards positive health outcomes.



Sumathi Devarajan, MD giving a lunchtime talk about geriatrics.

It is no use merely telling a patient smoking is bad for them if they are already aware of that. He impressed upon us the idea of gauging the commitment level a patient has for making a change and not being accusatory. From there the clinician can create a personalized plan of action for the patient. All of the students in attendance appreciated Dr. Muench's enthusiasm and engagement with the group.

First- and second-year students enjoy any and all hands on activities that provide relief from the heaps of medical knowledge learned in the classroom. This could be the reason

why our Casting Workshop was such a hit. OHSU Family Medicine Residents **Nate Brooks, MD** and **Kristin Bendert, MD** taught students the basics of casting and provided plenty of practice materials. Students were able to practice on one another. We are fortunate to have such active and involved residents to interact with budding medical students.

Overall, the OHSU FMIG is entering an exciting period. With the new Med 2020 class comes new energy. We have over 20 MS1's interested in applying for the FMIG Leadership Team. We look forward to more workshops, more talks and more interest in Family Medicine!



Residents Nate Brooks and Kristin Bendert demonstrate proper casting technique.

Joining the Family Medicine Movement

KATIE BERGER, MS4

Kansas City is a lively metropolis, presently undergoing a citywide metamorphosis. Walking through downtown, the senses are inundated with the sounds of jazz music, sights of snazzy buildings under construction and the smells of mouthwatering barbecue. There is a growing pulse of energy in the city as it undergoes an energetic transformation. It is a fitting location as host of the annual AAFP National Conference, where students and residents were welcomed to “Join the Family Medicine Movement.” I could not help but notice the corollary between transitions in Kansas City and us students preparing to enter residency in our chosen field, family medicine.

This year, six students from OHSU attended the conference and spent substantial time exploring the residency booths present in the vibrant Expo Hall. Beyond collecting the obligatory trinkets from the booths – regional treats and enough pens to fill ten white coat pockets – we mapped out our prospective programs and struck out to get to know what our future training could behold. We were on the move at the family medicine movement!

Elena Phoutrides, MS4, is planning on couples matching, so she is exploring program options well beyond the west coast. With a passion for underserved community medicine as well as maternal and family health, she wanted to learn about which programs would support these interests, sharing that “for me, I needed the face-to-face interaction; I wanted to learn about programs from more than just their websites.” **Bryan Wu, MS4**, attended the conference to

identify “programs that offer a breadth of great training and learning about future possibilities in public health and adolescent medicine.”

Jess Petrovich, MS4, is particularly interested in women’s health and obstetrics. She reflected that the conference was, “a great chance to network; it really helped me decide which programs I am interested in applying to this fall.” After spending ample time in the Expo Hall, our students felt more prepared to find their perfect residency match this year.

Beyond discussions with potential residencies, students attended myriad sessions with noteworthy speakers. A highlight was hearing Jeffrey Brenner, MD, speak about his innovative work in healthcare utilization and hotspotting. Other sessions allowed each of us to explore our diverse passions from social determinants of health to improving care for LGBTQ patients. We were further set up for success with catered sessions on the residency application process – a perfect complement to time spent at residency booths.

National Conference has long been regarded as a superior opportunity for students to explore their own passions in family medicine and begin the process of planning for residency. This year was no different with impressive residency representation, big name speakers, and sessions for a wide spectrum of interests. In learning firsthand about the diverse educational residency opportunities and



OHSU faculty members Rita Lahlou, MD and Roger Garvin, MD talking with potential residents during the National Student/Resident Meeting in Kansas City.

the sheer number of fellow students excited about careers in family medicine, our batch of eager students, at the conference’s end, were all on board with the family medicine movement.

Say Hello to our New Family Medicine Interns

Thirty-eight interns from around the country arrived in Portland, Milwaukie, Klamath Falls and Corvallis this summer to begin their family medicine residency training programs. Welcome to Oregon!

The residency program at OHSU in Portland is a four-year program, the Providence Oregon residency program is in its fourth year of offering a rural training track in Hood River, Samaritan Health Services is an osteopathic program and Cascades East is in its second year of admitting students from the Oregon FIRST program.



Amanda Aninwene, MD

Oregon Health & Science University

University of Pittsburgh School of Medicine, Pittsburgh, PA

Dr. Aninwene attended the University of Pittsburgh where she earned a B.S. in

Chemistry and a B.A. in Japanese. With several relatives as physicians, she has been interested in medicine her entire life and she found her passion for family medicine and teaching while in medical school. She's interested in pediatrics, sports medicine, procedures and women's health. In her spare time she plays tennis and is looking forward to trying kayaking and paddle boarding in her new city.



Kelly Bolling-Ringler, MD

Cascades East Family Medicine Residency

University of New Mexico School of Medicine, Albuquerque, NM

Dr. Bolling-Ringler received her B.S. in

Biology at the University of New Mexico. She is interested in practicing full-spectrum, rural family medicine and has a special interest in mental health and women's health.

During her medical school rural rotations, she discovered her passion for creating life-long relationships with entire families and working as a team with patients to optimize their health. In her free time she plays volleyball, bikes, reads and takes hikes with her dogs.



Ashley Bunnard, MD

Cascades East Family Medicine Residency

Oregon Health & Science University, Portland, OR

Dr. Bunnard attended the University of Oregon and received a B.S. in Anthropology.

During her pre-med program, she shadowed a PA in a rural community that had recently lost their sole physician, which led her to choose a career in family medicine. Her interests include family medicine for rural communities and obstetrics. Outside of the office, she enjoys Zumba, cooking, and spending time with her faith community.



Cristina Capannolo, DO

Samaritan Health Services

Western University of Health Sciences, College of Osteopathic Medicine of the Pacific-Northwest, Lebanon, OR

Dr. Capannolo received her undergraduate degree at the University of Nevada, Las Vegas, majoring in Biological Sciences. She wishes to practice full-spectrum family medicine with a slight emphasis on geriatrics. Volunteering with the Crohn's and Colitis Foundation of America prior to medical school helped her overcome her own digestive disease and gave her a unique perspective on how best to advocate for her own patients' health. In her free time she enjoys traveling, cooking and spending time with her husband and family.



Dominic Caruso, MD

Oregon Health & Science University

Mayo Medical School

Dr. Caruso received his B.A. degree in Politics at the University of San Francisco

and his M.P.H. degree with a concentration in Health Policy at the Harvard T.H. Chan School of Public Health. He is particularly interested in providing care to low income and marginalized patients and believes that health and health care are universal human rights. He entered family medicine because of its commitment to whole-person, whole-life care and because of the possibilities it present for incorporating patient advocacy and population health concerns. Outside of work he enjoys just about anything that happens outdoors (hiking, biking, kayaking, backpacking), but also loves to cook, grill, bake, mix, brew and share his creations with family and friends.



Seth Einterz, MD

Cascades East Family Medicine Residency
*Georgetown University School of Medicine,
Washington, D.C.*

Dr. Einterz earned his B.A. in Philosophy from Wabash College. He's interested in full-spectrum family medicine and enjoys running and reading in his downtime.



Erin Guiliano, DO

Samaritan Health Services
*Western University of Health Sciences College of
Osteopathic Medicine of the Pacific – Northwest,
Lebanon, OR*

Dr. Guiliano graduated with a B.S. in Human Development and Family Sciences from Oregon State University. As a mother of four children, she got a taste of the medical field while working in the OSU Student Health Center. With COMP-Northwest's arrival in Lebanon, Guiliano knew it was an opportunity to fulfill her dream of becoming a physician. She is interested in caring for the pediatric and obstetric patient populations. Outside of work she enjoys cooking, singing, traveling and keeping up with her children.



Ewen Harrison, MD

Providence Oregon
University of New Mexico, Albuquerque, NM

Dr. Harrison received a B.S. in Biology from the University of California San Diego and an M.S. in Evolutionary Biology from the University of Michigan. He is interested in practicing full-spectrum care with obstetrics, women's health, reproductive health and preventive medicine. Dr. Harrison understands that excellent primary care can help solve many of our systematic health care problems and he is excited to contribute to that solution. In his free time he spends time with his family, hikes, meditates, juggles and reads.



Benjamin Houser, MD

Providence Oregon
*Oregon Health and Science University, Portland,
Oregon*

Dr. Houser graduated from the University of Oregon with a B.S. in Biochemistry. Coupled with his excellent family medicine rotations in Bend and Medford, Dr. Houser also worked as a caregiver in an assisted living facility during college that strongly influenced his desire to go into primary care. He's interested in practicing full-spectrum family medicine with an emphasis on obstetrics. In his free time he enjoys running, gardening, baking and spending time with his wife and dog.



Taylor Johnson, DO

Samaritan Health Services
*Lake Erie College of Osteopathic Medicine, Erie,
PA*

Dr. Johnson graduated with a B.S. in Human Physiology from the University of Oregon. He's interested in full-spectrum care, sports medicine and osteopathic manipulative medicine. After spending a ten-week medical internship in India shadowing primary care physicians, he knew family medicine would be his chosen specialty. Outside of work, Dr. Johnson enjoys hiking, gardening, watching movies and playing ultimate Frisbee and board games.



Joji Kohjima, MD

Hood River Rural Training Program
Rush University Medical Center, Chicago, IL

Dr. Kohjima received a B.A. in International Studies from the University of Washington. He's interested in practicing full-spectrum family medicine with obstetrics. In his spare time he enjoys running, swimming, salsa dancing and yoga.



Brian Lantos, DO

Samaritan Health Services
*Lincoln Memorial University – DeBusk College of
Osteopathic Medicine, Harrogate, TN*

Dr. Lantos graduated with a B.S. in Zoology from the University of California, Santa Barbara. His professional interests include clinic, inpatient and urgent care. His volunteer work in Jamaica for five summers with a group of physicians, dentists, nurses and support staff from the island led him to choose a career in family medicine. In his free time he likes to play basketball, surf, fly fish, camp and travel.



Zheru Li, MD

Providence Oregon
*Jiao Tong University School of Medicine, Shanghai,
China*

Dr. Li attended undergrad and grad school while in China and earned her bachelor's degree in clinical health services from the University of Washington MEDEX Physician Assistant Program. Working as a medical assistant in several community clinics and seeing the connections between health care workers and the entire family led Dr. Li to a career in family medicine. She is interested in practicing full-spectrum family medicine with obstetrics with a focus in refugee/immigration health. In her free time she enjoys playing with her daughter, hiking, doing yoga and traveling internationally.



Marlin Lobaton, DO

Samaritan Health Services

Des Moines University – College of Osteopathic Medicine, Des Moines, IA

Dr. Lobaton earned her B.S. in Biology at Seattle University. During a medical mission trip to Honduras, she experienced the vast array of a family physician's practice and liked the ability of family physicians to care for the old and young, provide diagnostic services and procedural techniques. She is interested in full-spectrum family medicine, obstetrics, gynecology, reproductive medicine, preventative health and providing services to underserved populations. While not at work she enjoys hiking, zip lining, trying new foods, traveling and learning from other cultures.



Melissa Logan, MD

Oregon Health & Science University

Chicago Medical School at Rosalind Franklin, Chicago, IL

Dr. Logan received her undergraduate degree in Kinesiology from San Jose State University. She participated in a mission trip to the Dominican Republic where she conducted medical clinics for a Dominican community and Haitian refugee camp, showing her first-hand the importance of quality healthcare. She's interested in practicing full-spectrum family medicine with a focus on sports medicine and geriatrics. In her spare time she enjoys swimming, watching movies and exploring Portland restaurants.



Caitlyn MacCoun, MD

Cascades East Family Medicine Residency

University of Wisconsin School of Medicine and Public Health, Madison, WI

Dr. MacCoun graduated with a B.S. in Kinesiology at the University of Wisconsin Madison. She was involved with both FMIG and RMIG while in medical school and plans on providing full-spectrum care with obstetrics and possibly, surgical obstetrics. When not at work she likes being outdoors – running, hiking, biking, kayaking and camping.



Mustafa Mahmood, MD

Oregon Health & Science University

Oregon Health & Science University, Portland, OR

Dr. Mahmood received his degree in Micro/Molecular Biology from Portland State University. Prior to medical school, Dr. Mahmood worked at OHSU's Trauma Research Department and worked in an administrative role at Gabriel Park Family Health Center where he met Mark Bajorek, MD, a family physician mentor who helped him fall in love with family medicine. In his spare time he enjoys spending time with his wife and young son hiking, playing music and going to the zoo.



Ryan Manns, MD

Oregon Health & Science University

Loma Linda University School of Medicine, Loma Linda, CA

Dr. Manns earned a degree in Biochemistry with a Medical Focus from the University of British Columbia Okanagan. He became interested in medicine while participating in medical mission trips to Belize and the Philippines. He is especially interested in adolescent medicine, sports medicine, global health and providing comprehensive whole person care to his patients. He enjoys being active outdoors, hiking with his dogs, camping, swimming and snowboarding.



Claire Montaigne, MD

Oregon Health & Science University

University of Virginia School of Medicine, Charlottesville, VA

Dr. Montaigne received a degree in Human Biology from the University of Virginia. She was drawn to family medicine for the ability to develop long-lasting relationships with patients of all ages and holistically care for the individual and their families. She's interested in obstetrics, pediatrics and reproductive health. While not in the office, Dr. Montaigne enjoys spending time outdoors and exploring Portland's food scene with her husband and dog.



Sarah Morgan, DO

Samaritan Health Services

Texas College of Osteopathic Medicine, City, TX

Dr. Morgan received her B.S. in Biology from the University of Texas at Brownsville. Growing up in a poor, medically-underserved border town in Texas inspired her to want to deliver compassionate, comprehensive primary care. She is interested in providing full-spectrum care with an emphasis in women's health. While not working, she spends her time hiking, fishing, cooking and playing with her dogs.



Eli Morrow, DO

Samaritan Health Services

Edward Via College of Osteopathic Medicine-Virginia, Blacksburg, VA

Dr. Morrow received a B.S. in Biology with a concentration in cellular and molecular studies from the University of North Carolina at Asheville. He's interested in preventive medicine as well as faculty development and palliative care. Participating in a medical mission trip to Guatemala with Dr. Patch Adams of the Gesundheit! Institute and working as a hospice companion led him to specialize in family medicine. In his spare time he likes to hike, camp, run, listen to music and do yoga.



Daniel Mosher, DO

Cascades East Family Medicine Residency

Western University of Health Sciences College of Osteopathic Medicine of the Pacific – Northwest, Lebanon, OR

Dr. Mosher earned his B.S. in Microbiology at Portland State University. After shadowing a family physician prior to medical school and then getting the opportunity to do a medical rotation with the same physician while in medical school helped him choose family medicine as his specialty. He's interested in practicing full-spectrum family medicine. In his spare time he enjoys coffee roasting, leather crafting, cycling and rock climbing.



Zachary Nankee, DO

Samaritan Health Services

Midwestern University Chicago College of Osteopathic Medicine, Downers Grove, IL

Dr. Nankee earned his B.S. in Biochemistry from the University of Wisconsin Madison. He's interested in providing full-spectrum family care with obstetrics. He spends his spare time hiking, traveling, doing triathlons and calisthenics.



Brit Nilsen, MD

Oregon Health & Science University

University of Wisconsin School of Medicine & Public Health, Madison, WI

Dr. Nilsen received her undergraduate degree in Spanish and Microbiology at San Diego State University. She's interested in practicing full-spectrum family medicine and enjoys working with patients of all ages – from prenatal care to the elderly. When not working, she enjoys gardening, traveling and trying out new Portland restaurants.



Kristen Otto, MD

Oregon Health & Science University

Keck School of Medicine, University of Southern California, Los Angeles, CA

Dr. Otto earned her B.A. in Health & Humanity at the University of Southern California and her Masters in Global Health at Duke University. During her medical school participation in a longitudinal clinic experience, she gained an appreciation for full-spectrum family medicine and plans to train in surgical obstetrics and reproductive health. During her downtime, she spends time with her husband who is in the military and her two dogs and enjoys hiking, camping, and singing.



Andrew Pace, MD

Cascades East Family Medicine Residency

University of Wisconsin School of Medicine and Public Health, Madison, WI

Dr. Pace earned his undergraduate degree in Microbiology at the University of Wisconsin – Madison. He's interested in practicing full-spectrum, rural family medicine.



Maria Palazeti, MD

Oregon Health & Science University

Wayne State University School of Medicine, Detroit, MI

Dr. Palazeti received her B.S. in Medical Technology at Michigan State University. Wanting to follow in her physician-grandfather's footsteps, she did a year of volunteer service before heading off to medical school. While in medical school her time spent as an HIV counselor and an afterschool tutor for elementary school children made her passionate about providing excellent, comprehensive and compassionate care for the entire family. She's interested in maternity/obstetrics, women's health, pediatrics, long-term chronic care conditions and office procedures.



Charissa Rogers, MD

Providence Oregon

Loma Linda University School of Medicine, Loma Linda, CA Medical School

Dr. Rogers graduated from Walla Walla University with a B.S. in Biology. She was drawn to family medicine through her experiences working with dedicated providers during her FM rotation in medical school and through time spent in the ED with patients who needed access to primary care. Outside of work she enjoys cooking, baking, playing the piano and spending time outdoors.



Katie Ruth, MD

Cascades East Family Medicine Residency
*Temple University School of Medicine,
Philadelphia, PA*

Dr. Ruth graduated with a Biochemistry degree from Eastern University in St. Davids, Pennsylvania. Through traveling both internationally and domestically, Dr. Ruth recognized the importance of quality family care in communities throughout the world and hopes to provide full-spectrum care in her future practice. She enjoys running, biking, reading and gardening.



Michael Saladik, MD, MPH

Providence Oregon
Oregon Health & Science University, Portland, OR
Dr. Saladik earned a B.S. in Mathematics at Dartmouth College. He's interested in full-

spectrum medicine with a special interest in population medicine, pediatrics and sports medicine. Volunteering at sporting events and being involved with the OHSU MD/MPH journal club and leadership council led him to a career in family medicine. In his free time he likes to cook, garden, sing, play soccer and run.



Melanie Schafer, MD

Providence Oregon
Loma Linda University School of Medicine, Loma Linda, CA

Dr. Schafer earned a B.S. degree in Micro/Molecular Biology from Portland State University. In college, she volunteered at a clinic for the underserved and in medical school she volunteered at a local school with teen mothers; both experiences drew her to a career in family medicine. She is interested in full-spectrum medicine, adolescent medicine and women's health. In her free time she likes going to concerts, hiking and traveling.



Jillian Schroeder, MD

Providence Oregon
Oregon Health & Science University, Portland, OR
Dr. Schroeder earned her undergraduate degree in Comparative Sociology at the University

of Puget Sound. Before medical school, Dr. Schroeder was a volunteer doula as well as a phlebotomist which piqued her interest in the medical field. She's interested in practicing full-spectrum family medicine with an emphasis in integrative medicine and geriatrics. Away from work she enjoys spending time with her husband and son, camping and playing outdoors.



Morgan Shier, MD

Hood River Rural Training Program
Ross School of Medicine, Dominica, West Indies

Dr. Shier earned a B.A. in Integrative Physiology at the University of Colorado at Boulder. During her family medicine rotation, she enjoyed addressing the social determinants of health for patients and understanding that family physicians are uniquely positioned to address non-medical issues that have a huge impact on the overall health and well-being of families and communities. She's interested in practicing full-spectrum family medicine and likes writing and spending time outdoors in her free time.



Dallas Swanson, MD

Cascades East Family Medicine Residency
Oregon Health & Science University, Portland, OR

Dr. Swanson graduated from Western Oregon University with a degree in Chemistry. While taking an extended tour in Mexico with his wife after graduation, he worked in a public health clinic in Oaxaca that inspired him to continue his passion for medicine. While in medical school, he fell in love with family medicine because of the opportunity to build relationships with people and a community over many years. When not working, Dr. Swanson likes to hike, backpack and play basketball.



Eric Vinceslio, DO

Samaritan Health Services
Western University of Health Sciences College of Osteopathic Medicine of the Pacific – Northwest, Lebanon, OR

Dr. Vinceslio received his B.S. in Biology at Columbia University. He wants to practice full-spectrum family medicine within the U.S. Navy. While working as a paramedic, Dr. Vinceslio realized the variety within family medicine combined with his own interest in optimized health through lifestyle choices made this specialty a perfect fit for him. In his free time he enjoys cooking, exercising, and spending time with his family.



Caitlin Williamson, MD

Oregon Health & Science University

University of New Mexico School of Medicine, Albuquerque, NM

Dr. Williamson earned her B.S. degree in Biology at the University of Texas Dallas. While in medical school she gained a greater understanding of the challenges of working with underserved patients and developed a love for family medicine. She's interested in maternal-child health, integrative medicine and addiction medicine. During her free time she likes spending time with her pets, running, hiking, biking or singing.



Jean Yau, MD

Oregon Health & Science University

Baylor College of Medicine, Houston, TX

Dr. Yau, a native Oregonian, received her undergraduate degree in Biological Sciences and French at Wellesley College before joining Teach for America and teaching science and physical education. While at Baylor College of Medicine, she completed specialized tracks in the Care of the Underserved and Ethics. She is interested in all aspects of family medicine, with a special interest in reproductive health, sexual education and maternity/obstetrics. During her downtime, she likes spending time with her husband and her cat, traveling, knitting, crocheting and sewing.



Stuart Zeltzer, MD

Oregon Health & Science University

Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, Cleveland, OH

Dr. Zeltzer earned a dual B.S. degree in Immunology/Microbiology and Spanish from the University of Michigan. As his mother has been a family physician for over 30 years, he knew early on that he would be practicing medicine. His love for both evidence-based medicine and the health of the community ultimately led to his choice to pursue family medicine. Within family medicine his interests include health care policy/organization, sports medicine, working with Spanish-speaking patients and primary care for the solid organ transplant recipient. In his spare time, you will find him training for his next marathon, biking, swimming, hiking, reading or out and about exploring the Northwest.

SAVE THESE DATES

For more information, contact Kerry Gonzales
at the Oregon Academy of Family Physicians

www.oafp.org

(503) 528-0961 • Fax (503) 528-0996

SAM STUDY HALL

December 10, 2016

Portland

70TH ANNUAL FAMILY MEDICINE WEEKEND

Scientific Assembly & Congress, April 20 – 22, 2017

OAFP/Foundation Auction, April 21

Sunriver Resort

2017 Family Doctor of the Year Nominations

Do you know someone who has the necessary qualities to be considered for the 2017 Family Doctor of the Year Award? If you have someone you would like to nominate, please contact us at your earliest convenience so we can confirm that your nominee is an OAFP member. We can then discuss with you the pertinent nomination categories and the minimum number of nominations we require for each category in order to lend credence to the nomination packet. As the OAFP's Annual Family Medicine Weekend (where the winner is announced) is in April next year, we request that the nomination forms be received by January 9, 2017. We look forward to hearing from you.

MEMBERS IN THE NEWS

HONORS, ACCOLADES, ETC.



Stewart Decker, MD, a third year resident at Cascades East, was recently elected as Resident member of the AAFP Board of Directors. Dr. Decker was also selected as a recipient of the 2016 AAFP Award for Excellence in Graduate Medical Education. Decker comments, "I am honored to have

been selected by my fellow residents to represent their voices to the AAFP Board of Directors. I am very excited to continue our progressive push for creative ways to maximize resident and patient wellness."

INTERESTING BUSINESS WE SHOULD ALL KNOW



Jennifer DeVoe, MD, DPhil, Professor of Family Medicine at the OHSU School of Medicine, family medicine physician at Gabriel Park Clinic, Senior Research Advisor at OCHIN and President of the North American Primary Care Research Group, can now add another designation to her

resume – that of Chair of the Department of Family Medicine at OHSU.

According to DeVoe, "This department raised me, supported me to spread my wings, and has always been such a supportive home. I am inspired every day by the amazing people in our department and the caring, compassionate work we do. I'm honored and excited to serve the department in this leadership role and to continue working with this fantastic team!" (Read more about DeVoe's vision for family medicine on page 12.)



Kim Montee, MD, is the new Medical Director at Mosaic Medical in Madras. Returning to his roots, Dr. Montee had been working in private practice in La Grande and a small health district in Union for the past eleven years and is excited to be practicing again in his hometown.



Justin Osborn, MD, is the new Program Director for the Providence Oregon Family Medicine Residency. Before joining Providence Oregon, Dr. Osborn was an Associate Program Director and Associate Professor at the University of Washington Family Medicine Residency. He practiced

full-spectrum family medicine in Seattle for twenty-four years and taught medical students, physician assistant students and residents. His passion for teaching and educating others led to his new role as Program Director. He loves living in Portland and looks forward to meeting other family physicians and educators in Oregon. Outside of medicine, he enjoys biking, hiking and gardening.



Lance McQuillan, MD, has been named Chief Medical Officer of The Corvallis Clinic. For the past seven years, Dr. McQuillan has been the Program Director of the Family Medicine Residency Program at Samaritan Health Services and a family physician at Samaritan Family Medicine in Corvallis. Dr. McQuillan is

also on the board of the OAFP and chief of the Department of Medicine at Good Samaritan Regional Medical Center.

HAVE AN ITEM FOR "MEMBERS IN THE NEWS?"

Family Physicians of Oregon welcomes short announcements about OAFP members and their clinics. If you have undertaken a practice move, have been the recipient of an honor or award, or just plain have interesting information to share, by all means, let us know! Tell us about your news and we will be sure to print it. Photographs are welcomed. Send submissions to:

LYNN M. ESTUESTA
Oregon Academy of Family Physicians,
1717 NE 42nd St., Ste 2103, Portland, OR 97213

MEMBERS IN THE NEWS



Rita Aulie at a lunchtime event where third-year medical student Shiho Kaneko (third from left), FMIG leader at Miyazaki University, gave a presentation on community health issues and Rita spoke about student leadership opportunities in family medicine.

STUDENT PARTICIPATES IN 7TH ANNUAL JAPAN PRIMARY CARE CONFERENCE

This summer, **Rita Aulie**, fourth year OHSU medical student, attended the 7th Annual Japan Primary Care Conference held in Tokyo with several OHSU Family Medicine faculty and residents. It was Rita's goal to speak to medical students about forming a Family Medicine Interest Group (FMIG) and the benefits that can be reaped from creating such a program. She states, "During the conference I participated in a student-led symposium by Anna Tamai, MD, associate director of the JADECOM family medicine program. I had the opportunity to make friends with students from all over Japan who are becoming enthusiastic advocates for community medicine at their schools." From Tokyo she traveled to the south of Japan to give presentations and lead small group discussions on FMIG activities at Miyazaki University.

Rita continued, "**Scott Fields, MD**, was our faculty leader during the trip to Miyazaki. By following in his footsteps I learned how the themes of primary care that I find so inspiring can reach students across cultures and language barriers. I am excited to stay in touch with the medical students in Japan and to see where their leadership takes primary care in their communities and their country!"



OHSU FAMILY MEDICINE AND WALLOWA COUNTY CELEBRATE 25 YEARS TOGETHER



In 1990, primary care physicians **Scott Siebe** and **Lowell Euhus** were the only docs in Wallowa County. Dr. Siebe surveyed doctors across the state and found a similar dilemma in all of rural Oregon – physicians leaving or retiring and communities in need. Dr. Euhus took these findings to the state legislature with a strong call to action – do something now or Oregon is in trouble; and the legislature listened. From that session came the creation of Oregon's Area Health Education Center (AHEC) and a mandate to OHSU to train and retain primary care doctors across the state of Oregon.

In July, the successful collaboration and contributions between OHSU Family Medicine, AHEC and Wallowa County were celebrated. Together, these programs have enhanced Wallowa County in numerous ways. AHEC's Rural Community Health Clerkship and the Oregon Rural Scholars rotations in Enterprise, along with the OHSU rural residency program in Klamath Falls, have provided four family physicians to Wallowa County, including **Elizabeth Powers**, **Keith DeYoung**, **Emily Sheahan** and **Kirsten Caine**. In the last year, AHEC programs have had an impact on 20 youth from Wallowa county and 10 medical students in training at OHSU. OHSU continues to train, mentor and recruit additional new physicians. All twelve second year OHSU family medicine residents rotate through the Winding Waters Clinic as a rural training site and Klamath Falls residents can choose Wallowa County as the site for their "frontier" rotation.

One hundred-plus OHSU faculty members, past residents and current family physicians gathered together in Enterprise to celebrate this mutual achievement and to once again put forth a call to action for more support for rural primary care infrastructure to ensure healthy, thriving rural communities. The special event included medical education, clinic tours, a town hall and a community barbecue and a square dance.

MOVERS & SHAKERS



Kathryn Kolonic, DO, recently joined the team at AIM Health in West Linn. Prior to joining AIM Health, Dr. Kolonic practiced at the Providence Medical Group in Canby. A native Portlander, Dr.

Kolonic earned her medical degree from Touro University and completed her residency in Family Medicine at the University of Nevada School of Medicine. In her medical practice, she emphasizes shared decision-making, health maintenance and preventive care. She also has a special interest in medically supervised weight loss. She is also on the board of the OAFP/Foundation.

2016 MEMBERSHIP LISTING BY CITY & PCPCH RECOGNIZED CLINICS★

*Please note that this list is continuously being updated with physicians who are working in a state-certified PCPCH, please check the OAFP website for the most current listing.

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Priscilla Latta, MD ★
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Rose Miller, MD ★
Vitus Nwaele, MBBS ★
William Origer, MD ★
Laura Ouellette, MD
Michael Potter, MD ★
Rebecca Preece, DO
Jeffrey Robinson, MD ★
Scott Schindell, MD ★
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Douglas Thayer, MD ★
Tom Vanasche, MD
John Ward, MD ★
Patricia Wheeler, MD
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Gonzales, Erin, MD	CE	McCalister, Leslie, MD	CE	Saladik, Michael, MD	PO	Zweig, Alexander, MD	OHSU
Goss, Cait, MD	OHSU	McKenna, Kathleen, MD, MPH	OHSU	Sanders, Brian, MD	OHSU		