Family Physicians of Oregon

Evan Saulino, MD, PhD OAFP President



THE OFFICIAL MAGAZINE OF THE OREGON ACADEMY OF FAMILY PHYSICIANS

Family Physicians of Oregon

Oregon Academy of Family Physicians 1717 NE 42nd St. Suite 2103 Portland, OR 97213 503.528.0961 503.528.0996 (fax) Web site: www.oafp.org

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About the Cover:

Evan Saulino, MD and his wife Brenda Brischetto, MD, are pictured with their twin girls, Risa and Camilia.





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• GREETINGS FROM THE OAFP



KERRY GONZALES, OAFP EXECUTIVE DIRECTOR

• o support family physicians in their pursuit of optimal health for the people of Oregon." This mission statement gives the OAFP direction and focus as we pursue new programs and improve existing ones. With nearly 80% of eligible family physicians belonging to the OAFP, we are uniquely positioned to help you be the best family physician possible in this ever-changing world of healthcare.

THE OAFP IS HERE TO HELP YOU:

- engage with your Coordinated Care Organization (CCO);
- gain the leadership skills you need to be a leader in your clinic and community;
- navigate the new requirements and rewards for the Patient-Centered Primary Care Home (PCPCH);
- recruit colleagues with incentives for new physicians to practice in rural and underserved communities;
- engage with business leaders in your community to explain what health reform means to them;
- manage the ABFM Maintenance of Certification;

HOW CAN THE OAFP HELP YOU:

engage with your CCO?

We are continuously adding to our family physician tool kit to enable you to articulate your value to your CCO. Be sure to check out the worksheet put together by members of the Winding Waters Clinic on the Members page of our website, www.oafp.org. This valuable worksheet details how your clinic can calculate the real cost of maintaining PCPCH certification.

• gain leadership skills?

Attend the OAFP Leadership Forum on November 9th in Portland. We will provide ready-to-use leadership skills and techniques to help you guide your clinic team and direct your community towards better health.

navigate the PCPCH requirements and rewards?

PCPCH sessions are offered to you and your team members every year at our Annual Spring CME Conference. We spread the news about what other groups are offering, coordinate learning opportunities, and use the membership clout of the OAFP to provide advice and guidance about changes and improvements to the program.

recruit colleagues?

This year was our biggest legislative success to date. Both programs were funded (\$4 million for Loan Repayment and \$1 million for Loan Forgiveness over the next two years). (*Read about more legislative success on page 13.*)

reach out to the business community?

Thanks to **Evan Saulino**, **MD**, **PhD**, we have created a pre-packaged presentation for Rotary Clubs that explains why health reform is necessary and what options work best for patients and their communities. If you are interested in presenting in your local community, please give us a call at 503-528-0961.

manage your Maintenance of Certification?

We hold two Self-Assessment Module (SAM) study halls each year. In one morning you take and pass the written exam and then finish the virtual simulation. We have been fortunate to have **Josh Reagan**, **MD**, lead these study halls. Many of those who do the study halls report they will never try to do a SAM on their own again!

OREGON ACADEMY OF FAMILY PHYSICIANS

 receive well-respected evidence-based continuing medical education (CME);

 amplify your voice in the media, to our legislators in Salem and Washington, D.C., with insurance companies and health plans and among the medical community.

• receive CME?

We organize two large CME conferences. Our Annual Spring CME Weekend is our biggest conference (April 24-26, 2014, in Portland). In addition to hands-on clinical workshops and PCPCH-related workshops, we will have a SAM Study Hall and a workshop to satisfy the new requirements for doing Commercial Driver's License exams. Every other year we hold a Women's Health Conference & Advanced Life Support in Obstetrics (ALSO) Refresher course (January 18-20, 2014, in Bend). The ALSO Refresher is just one day long and if taken before your ALSO certification expires, it will extend your certification another five years.

• amplify your voice?

In Oregon, we are fortunate to have former OAFP President, **Elizabeth Steiner Hayward**, in the Senate. She is an advocate for our causes and has garnered the respect of her colleagues. With the help of contributions to our Political Action Campaign (PAC), we can keep people like Elizabeth, and others in the legislature, in positions of influence and power. Our lobbyist, **Doug Barber**, is in the Capitol every day during the legislative session and does an excellent job of helping us identify our legislative priorities and marshal our resources. He keeps us abreast of what is happening in Salem via weekly reports which are archived on our website. Every other year a Lobby Day is held, where individual meetings with legislators are scheduled and members get to hear from key decision makers regarding topics important to family medicine.

The OAFP does all this and much more. Thank you for your continuing membership and participation in the OAFP. We welcome your input and help. There are many short-term volunteer opportunities to help with our education, outreach and advocacy workgroups. To get the most out of your membership, please open our e-mails and contact us when you have a suggestion or concern. I look forward to hearing from you at 503-528-0961.

ALSO One Day Refresher Course

Advanced Life Support in Obstetrics (ALSO) certification lasts five years. Instead of going through the entire ALSO course again, come to the OAFP's one day ALSO Refresher course and renew your certification for another five years! The Refresher Course will be held in conjunction with our Women's Health Conference, MLK Weekend (January 18-20, 2014) in Bend.



EVAN SAULINO, MD, PhD

Navigating the Rocky Road of Innovation

very summer my family takes our annual road trip/camping vacation somewhere around the Northwest. This year we decided to explore Northeast Oregon, an area filled with incredible beauty and diversity off the beaten path I had so often traveled. One of the highlights of our trip was spending time in spectacular Wallowa County, graciously hosted by **Liz Powers, MD**, your OAFP President-Elect, and her family.

While my family and I were on a long horseback ride up a steep, rocky path to picturesque Aneriod Lake high in the Wallowa Mountains, Liz had her own "path to climb" as she fielded questions from an Associated Press reporter attempting to learn more about Patient-Centered Primary Care Homes (What does it mean? What's different about the care? Is it hard to make the changes? Who pays for it?). After the interview and a long busy day in the clinic. Liz shared with us some of the successes and struggles her clinic has been through as they try to provide the best patient-centered primary care they can. She shared how her team, staff, and community worked to overcome various barriers to progress, often in unconventional ways, and she reflected on how far they had come in the last few years.

Before we moved on from our stay in this bucolic paradise, we got a tour of the new Winding Waters Clinic in Enterprise. The clinic has been physically designed around patient engagement, team-based care, and co-location of staff, including mental/behavioral health professionals (as well as a constant flow of residents This upcoming year in Oregon will be a critical one for our communities, our primary care system, and our health care system overall.

and medical students). As we walked through the clinic, Dr. Scott Siebe, an Internal Medicine physician and teacher of "frontier medicine" to so many OHSU Family Medicine residents over the years, passed by "showing the ropes" to a new resident who had just arrived from Portland. "More complicated ropes now," he commented as he guided the young doctor toward the team workstations surrounded by walls with data posters tracking care interventions and measures.

Dr. Siebe is right. Primary care today is more complicated, primarily because of the nature and volume of patients, information, and communication we deal with on a daily basis. But if the process is done right, gradually learning the roles, strategies and technologies necessary that foster a culture of continuous progress, the "new ropes" can provide the support to sustain, improve, and even broaden our work in primary care.

The successful innovation that is a Patient-Centered Primary Care Home (PCPCH) does not rest simply on the ideas or standards/measures that define this model of care and designation. Instead PCPCHs are defined by how high quality, high value primary care is provided to patients. Evaluating, changing, and updating our care processes will necessarily be a rocky road of improvement--steep at times and filled with obstacles. But by celebrating our small successes we can stay driven to continuously find new ways to better care for our patients. We can best navigate this rocky road of innovation by spreading knowledge and sharing the "road map" that we create for ourselves in each of our practices and communities.

As we left Enterprise behind in our rearview mirror, my family and I continued to discover the breathtaking beauty of this pristine corner of Oregon. On the last day of our trip (after catching a haul of rainbow trout at Anthony Lake in the Elkhorn Mountains and exploring the scenic John Day Fossil Beds), we went whitewater rafting on the Deschutes River in Maupin. Between surfing the rapids, we learned that one of the last railroad wars in the U.S. occurred right here on the Deschutes. Two railroad companies created competing lines up the river, blasting through steep canyons from the Columbia Gorge to Central Oregon; each using a no holds barred mentality. While one company built as fast as they could on the east side of the river, the other blasted their way on the west side. Following a continued on page 10

great deal of violence, legal maneuvers, and eventually, Congressional action, the dispute was settled. Today, several rail lines share use of the tracks on one side of the river (the rail companies have reportedly pooled resources to upgrade the line for sustainable, long-term use) and the other side of the riverbank is available for family recreation.

That story struck me as having parallels to our health care system. There are hospitals, insurance companies and clinics competing for the "right payer mix," organizations building competing new subspecialty towers, purchasing the fanciest technology or striving to have the best marketing--all strategies that do not serve the needs or improve the health of our communities. It is clear that the health care industry is in a period of rapid change and, especially in Oregon, not unlike the end of the "wild west" and the railroad wars of 100 years ago.

Thankfully, many in the primary and specialty care world, and even some in the insurance/payer worlds want to work together instead of reinventing the wheel, wasting resources, and acting in ways that are not in the best interest of our patients or communities.

This upcoming year in Oregon will be a critical one for our communities, our primary care system, and our health care system overall. The need to improve the health of our patients and our communities is vital to our sustainability. Our opportunity for success will lie in our ability to work together with those around us who are also trying to find their path of innovation; all our paths will be rocky, but I'm convinced they will lead the way to a health care system that works better for everyone. • FROM THE HILL

he last six months have been extraordinary for our department of family medicine. In my 27 years on the faculty, I cannot recall a time in which we have received more awards. Some are the culmination of years of work; others mark the start of a new era of expanded research and scholarship. The department now has more than 90 faculty members, so I suppose we should be accomplishing more, but the number and scope of awards is remarkable nonetheless.

The faculty senate at OHSU recognized Bill Toffler, MD, with a Distinguished Faculty Award for Teaching. This award is given once every three years to a faculty member from the school of medicine to recognize a sustained record of excellence in education. Bill received this award in recognition of his 29 years of service to our students. OHSU ranks in the top five departments nationally in percentage of our graduating students entering family medicine residencies. This is a direct result of Bill's leadership as our medical student education director. There are scores of our graduates practicing family medicine in Oregon as a direct result of his work. Craig Williams, PharmD, who has a joint faculty appointment in family medicine and in the OSU College of Pharmacy, won the Faculty Senate Award for Collaboration to recognize his interdisciplinary teaching. Collaboration between physicians and pharmacists is an important characteristic of the patient-centered medical home, so Craig's work is critical to both educational programs. There are only five faculty senate awards each year and Bill and Craig accounted for two of them.

Connie Yu, MHA, received the 2013 Research Administration Award from the university. This award is given to one research administrator each year at OHSU. Connie has managed our research program for the past seven years during which time our grant awards have grown from \$1.38 million to \$4.8 million annually. OHSU Family Medicine is now ranked 10th nationally in research funding from the National Institutes of Health. Successful research requires extensive paperwork for regulatory compliance and Connie has assembled a staff that is second to none in making this work as easy as possible for our faculty. Jennifer DeVoe, MD, received one of the first major research grants from the new Patient-Centered Outcomes Research Institute (PCORI), a new federal research program created as part of the Affordable Care Act. These grants are highly competitive and Jen was one of only two award recipients on the west coast and the only recipient in Oregon in the program's first grant cycle. Among other things, her team studies how changes in health insurance affect patient care. Jen was also invited to be a keynote speaker for the Institute of Medicine's Roundtable on the Promotion of Health Equity and the Elimination of Health Disparities on April 22 in Hartford, Connecticut.

The OHSU Student Council recognized Jessica Flynn, MD, with their Faculty Award for Community Service for her leadership of the Southwest Community Health Center. Brett White, MD, was commended for his contributions to service excellence by the OHSU Hospital Professional Staff. Both Erwin Teuber, PhD, the executive director of our Richmond Clinic, and Nick Gideonse, MD, the clinic's medical director, received Leadership in Transition Awards from the Oregon Primary Care Association. Ellen Clark-Nicholson, PA-C, was the recipient of the James M. Ryan MD Memorial Award for Excellence in Clinical Teaching from the OHSU Physician Assistant Program Class of 2013. Most of our academy members already know that **Elizabeth Steiner, MD**, was elected last fall to serve as an Oregon senator, and I was honored to be named Family Doctor of the Year by the OAFP.

At the 2013 school of medicine graduation ceremony, two of our faculty members received awards. Scott Fields, MD, was recognized with the Allen J. Hill, Jr., Clinical Science Award. The award recognizes excellence in teaching by honoring two full-time faculty members, one in basic science and one in clinical science. Kevin Johnston, MD, a community faculty member in Burns, Oregon, received The Community Preceptor Award. This award is made by the dean to recognize a physician who has demonstrated outstanding dedication to the education of medical students in the community setting. Kevin, an OHSU School of Medicine alum, has been an officiate faculty member since 2002 and teaches students in both the rural clerkship and the summer observership programs.

Paige Hatcher, MD, MPH, received an Award of Excellence for Academic Achievement from the Public Administration Division of the Hatfield School of Government at Portland State University *continued on page 12*



(PSU). She also won the outstanding Student Award for Excellence in Leadership from the Deans Oversight Council of The Oregon Master of Public Health Program. Paige was selected to be the student speaker for the College of Urban Affairs Hooding Ceremony on June 14 and the commencement speaker for the PSU graduation ceremony on June 16. Paige was a fourth-year resident in our combined family medicine-preventive medicine residency when she received this honor upon completing her MPH degree. Earlier last year, one of our first year residents, Jason Kroening-Roche, **MD**, had a paper published in the New England Journal of Medicine entitled "The developing vision of primary care."1

Each year the school of medicine makes two prestigious awards to members of the graduating class, the Leonard Tow Humanism in Medicine Award and the Edward S. Hayes Gold-headed Cane Award. Six students are honored

> SAVE THESE DATES

as finalists for these awards each year. For the 2013 graduating class, three of the six finalists for each award were students entering family medicine. Sarah Williams won the humanism award as well as the OAFP Foundation's Mary Gonzales Lundy Award as the outstanding senior student entering a family medicine residency. Brian Garvey won the Gold-headed Cane Award as the top student in the class and was recognized jointly with Richard Bruno with the Robert B. Taylor Award for exemplifying professionalism in medicine. Annika Giesbrecht Maly was presented with the Excellence in Public Health Award from the U.S. Public Health Service Physician Professional Advisory Committee. Each of these students entered family medicine residencies this summer.

In one sense, awards and accomplishments are measures of individual achievement. But in a larger sense, such recognition reflects the systems in which

each individual works. These awards are collectively an indication of the high standards and supportive environment for family medicine in our state. So, in a very real sense, these accomplishments are a credit to all of us. None of our academic programs could be successful without the scores of volunteer faculty around our state who teach our students. support and participate in our research efforts, and inspire our residents. Few state academies can match these efforts, and I could not be more proud of the people I work with every day, both at OHSU and across our state. I think our department represents family medicine very well at the university, but Oregon's family physicians represent our disciple well where it matters most -- in outstanding community practices.

REFERENCES

 Barnes KA, Kroening-Roche JC, Comfort BW. The developing vision of primary care. NEJM 2012; 367(10): 891-3.

OAFP LEADERSHIP DEVELOPMENT

November 9, 2013, Portland Learn the skills to become a leader in your clinic and in your community.

SAM STUDY HALL

December 7, 2013, Portland Coronary Heart Disease

ALSO REFRESHER COURSE AND WOMEN'S HEALTH CONFERENCE

MLK Weekend – January 18-20, 2014 Mt. Bachelor Village Resort Bend, Oregon

67TH ANNUAL SPRING CME WEEKEND

Scientific Assembly & Congress, April 24-26, 2014 OAFP/Foundation Auction, April 25 Embassy Suites Downtown Portland Portland, Oregon

For more information, contact Kerry Gonzales at the Oregon Academy of Family Physicians. www.oafp.org | (503) 528-0961 | Fax (503) 528-0996

OREGON ACADEMY OF FAMILY PHYSICIANS

PUBLIC POLICY AND LEGISLATIVE AFFAIRS



DOUG BARBER, OAFP LOBBYIST

2013 – A Very Good Legislative Year for Family Physicians

he following is an overview of how the OAFP's legislative focus on training more primary care physicians and providing tools for recruiting them to practice in rural and other underserved areas played out in the legislature:

PRIMARY CARE LOAN REPAYMENT BILL (SB 440) \$4 Million

This bill provides \$4 million over two years for loan repayment for physicians, nurse practitioners, physician assistants, mental health providers, dentists and expanded practice dental hygienists who see Medicaid patients in rural and underserved areas.

LOAN FORGIVENESS BILL (HB 5008)

\$1 Million

Though the Ways and Means committee did not pass the original Loan Forgiveness bill (HB 2858), they appropriated the \$1 million fund in the end-ofsession budget bill (nearly double the appropriation from 2011-2013!) These funds will provide loans covering tuition and fees for medical school students and other health professionals who commit to practice in rural communities when they complete their training.

RURAL HEALTH TAX CREDIT (SB 325)

\$17 Million

The passage of this bill allows the tax credit to remain in place for the next two years for over 2,000 physicians, nurse practitioners, and physician assistants. During that time it will be part of a comprehensive restructuring of the rural workforce incentive programs so they share eligibility criteria and work together more cohesively. The Tax Credit was also modified to require recipients to see Medicare and Medicaid patients, and to work at least half time. Physicians at Coos Bay Hospital were also added to the program. The Rural Health Tax Credit is both a recruitment and retention tool for rural providers. It helps newer professionals pay off their medical school loans and it encourages older physicians to continue practice in rural settings.

RURAL PRACTICE SUBSIDY PROGRAM

\$4.6 Million

There were no changes made in the tiered subsidies that this two year program offers for rural providers.

SCHOLARS FOR A HEALTHY OREGON (SB 2)

\$2.5 Million

This new program provides full scholarships for up to 40 medical school and other students who commit to practicing in Oregon's rural and underserved communities. This is a recruitment tool for qualified Oregon students who may feel that the debt load associated with medical school is out of their reach.

The OAFP will continue to take an active role in the interim work group whose goal is to better align the rural workforce incentive programs. Their plan is to have legislation ready for the short session in 2014.



Here's where you can find us: OAFP 1717 NE 42nd Ave, Suite 2103 Portland, OR 97213 PHONE & FAX stay the same: 503-528-0961; 503-528-0996

FOUNDATION NEWS •

LYNN ESTUESTA, OAFP FOUNDATION EXECUTIVE DIRECTOR



foun · da · tion

n.

- 1. the act of founding, especially the establishment of an institution with provisions for future maintenance.
- 2. the basis on which a thing stands, is founded, or is supported.
- 3. funds for the perpetual support of an institution; an endowment.

he definition above answers the "why?" to the formation of the OAFP Foundation some 18 years ago. As the philanthropic arm of the OAFP, it is the mission of the Foundation to provide ongoing support to our family physicians and residents and to encourage our medical students to enter Family Medicine.

Through your donations and participation you support five key programs – the Laurel G. Case Award for Rural Experiences, the Mary Gonzales Lundy Award, the Tar Wars anti-tobacco education program, the Medical Ethics Lecture Fund, and the Locum Tenens Fund.

Every fall, the Foundation has the privilege of honoring OHSU medical students between their first and second year with the Laurel G. Case Award for Rural Experiences. This award, named after the first chairman of the Department of Family Medicine at OHSU, provides students with a one-time award to spend one or two weeks living and working with a rural family physician. This year, 15 students were able to see firsthand the differences and similarities between the practice of rural and urban medicine, and to consider the possibility of practicing in a rural setting upon graduation.

Each spring, the Mary Gonzales Lundy Award, named after Mary Lundy, the former OAFP Executive Director, is awarded to an outstanding fourth year medical student who is entering a Family Medicine Residency.

Throughout this past school year, over 50 family physicians, physician assistants, medical residents and students presented the Tar Wars anti-tobacco education program to fourth and fifth grade students throughout the state of Oregon. The Foundation supports the program by providing educational materials free of charge to the classrooms as well as sponsoring a yearly poster contest complete with prizes.

The Foundation also provides funds for medical ethics lectures whether at local, regional or our Annual Spring CME Weekend. This past year we had the opportunity to partner with the OHSU Center for Ethics in Healthcare and the University of Oregon Humanities Center to bring Ira Byock, MD, noteworthy speaker on endof-life care, to OHSU and its' affiliates. Along with the Locum Tenens Fund, which provides subsidies to physicians providing temporary and short-term respite to practicing physicians, the Foundation has also been able to support the efforts of the Family Medicine Interest Group as well as provide a new program in local elementary schools, the Ready, Set, Fit health and wellness program.

Please keep the Foundation in mind whenever you would like to make a financial contribution to the future of Family Medicine in Oregon. The Board appreciates your donations to the Foundation whether you give during your typical year-end giving, at the annual auction that takes place during the Spring CME Weekend, or if you would like to give a gift in honor of, or in memory of, someone special to you. Thank you so much for your support.

Please fill out the form to the right and send your donations to OAFP/Foundation, ATTN: Lynn Estuesta, Executive Director, 1717 NE 42nd Ave, Ste 2103, Portland, OR 97213. If you have any questions or concerns, please contact Lynn.

OAFP/Foundation Donation Form

Name		
Address		
City, State, Zip		
Please use my donation as follows:		
\$ Laurel G. Case Award for Rural Experience	\$	Medical Ethics Lecture Fund
\$ Mary Gonzales Lundy Award	\$	
\$ Tar Wars Anti-Tobacco Education Program	\$	Total tax-deductible donation
Please make my donation:		
In memory of:		
In honor of:		
Payment Options: (Please check which payment option you prefer)		
() CHECK: Please make checks payable to OAFP/Foundatior	n () VISA	() MASTERCARD
Card Number:		Expiration Date:
Cardholder's billing address (if different from above):		
Signature:		

•STUDENTS SPEAK OUT!

Stories from OHSU students involved in the Family Medicine Interest Group (FMIG)

s a student entering their second year of medical school, I found that attending the AAFP National Conference of Family Medicine Residents and Medical Students, held in Kansas City, Missouri, August 1-3, was an extraordinary opportunity to engage with students and residents across the nation. The conference events, workshops and networking opportunities provided a way for participants to fully see what the Family Medicine specialty has to offer, and in turn, determine if their individual skills and passions have something to offer Family Medicine. tice for discerning the differences between the sounds of murmurs of various etiologies and in different stages of the cardiac cycle -- sometimes even hearing two murmurs at once! I will definitely be visiting this workshop again. The Osteopathic Manual Medicine workshop was a favorite among many, introducing palpation skills, basic manipulation techniques and their applications. I also attended the Women's Health Procedures workshop, which artfully simulated the performance of a Bartholin cyst incision and drainage, an IUD insertion, and an endometrial biopsy. Fourth year medical students were also given the opportunity during the conference to spend two days investigating various residency programs in order to better plan their strategy for the upcoming residency application season. Family Medicine residency programs from across the country brought their most enthusiastic recruiters and current residents armed with brightly-colored paraphernalia to attract fourth year students shopping for programs that fit their needs. Fourth year students, armed with well-researched questions, were able to introduce them-



Student constituents at the AAFP National Conference of Family Medicine Residents and Medical Students.

For those who went to the convention to get a broader understanding of what it means to be a family physician, there was an abundance of clinical and procedural skills workshops available. I personally attended the ECG workshop, which provided valuable, step-by-step, methodical tips for demystifying the ECG for residents and students of all levels. The Heart Sounds in Family Medicine workshop was particularly helpful to me as it provided essential pracOutside of the conference, our group was particularly fortunate to have dinner with the department members and residents of both the OHSU Family Medicine Residency and Cascades East Family Medicine Residency. It was a good opportunity for the fourth year students to talk with residency directors and current residents in a relaxed setting while enjoying some of Kansas City's finest barbecue. selves to multiple recruiters, much like a preliminary, yet informal, interview.

In addition to the ongoing possibilities for enhancing clinical skills, performing procedures typically conducted in a family medicine practice, and scheduled and unplanned networking, the AAFP National Conference also provided a forum for advocacy and leadership in a way that I had never expected. As this year's OHSU FMIG co-leader (along with Charlie Procknow), I The conference events, workshops and networking opportunities provided a way for participants to fully see what the Family Medicine specialty has to offer, and in turn, determine if their individual skills and passions have something to offer Family Medicine.

had the chance to collaborate with FMIGs throughout the nation. The take homes from this alliance were messages of empowerment and advocacy. Students and residents were encouraged to act as leaders in the medical community and to provide services to the broader community.

Greater still was the role of the AAFP Resident and Student Business Congresses in which residents and students acted as delegates to bring about policy changes that will have a profound impact on subsequent national policy. **Taryn Hansen**, a second year OHSU medical student with a policy background, was elected as the Oregon delegate to the AAFP Student Congress.

As students and residents in the thick of medical education and experiencing the weight of the changes upon us, we have a unique and highly valuable perspective. The policies that are written, brought before the respective congresses, debated and voted upon are presented to the AAFP. Some in the past have resulted in significant policy change. I was both pleased and surprised to learn how much weight and power our voices carry in shaping health care policy.

I hope to take advantage of the knowledge, enthusiasm, and momentum gained at the National Conference and apply it to our FMIG experiences throughout this coming year.

Nominations Sought for OAFP 2014 Family Doctor of the Year

t's that time of year again! Do you know a colleague, who is a member of the OAFP, who exemplifies the finer attributes of a family medical practitioner, one who is engaged in community affairs as well as provides compassionate, comprehensive and caring family medicine on a continuing basis? If so, it's time to fill out the nomination forms for the 2014 Family Doctor of the Year.

Nominations to the Academy must be accompanied by a letter outlining why the physician is deserving of this award. The nomination form and complete details listing the relevant criteria can be found at www.oafp. org. Supporting letters and other materials from the community lend weight to the nomination. The surprise announcement of the winner will be made at the Annual Spring CME Weekend held at the Portland Embassy Suites, downtown Portland on April 24-26, 2014

The deadline for the nomination is February 6, 2014. We look forward to receiving your submissions.

Oregon Political Tax Credit Helps to Increase Your Refund in One Easy Step

regon currently has the most expansive political tax credit system in the nation; but take advantage of the credit this year, as new stipulations to the tax credit will go into effect in the 2014 tax year.

But for now, the State of Oregon wants to give a gift of \$50.00 to those who file individually or \$100 to married couples who file jointly. But it's not a gift you can keep. You either pay it back in state taxes, or donate the money to a political party, a qualified candidate or their campaign committee, or a political action committee certified in Oregon (like us, the Family Physicians of Oregon PAC!)

By donating \$50/\$100 to a political campaign of your choice, your refund check will actually be increased by the amount of your political tax credit (assuming you pay at least \$50 in taxes). That's a full 100% credit – not a deduction.

Let us show you how this works:

In 2012, it was on line 37 of the Form 40, the long form.

	32	Total tax before credits from front of form, line 31			.00
NONREFUNDABLE	33	Exemption credit. If the amount on line 8 is less than \$130,250, multiply your			
CREDITS		total exemptions on line 6e by \$183. Otherwise, see instructions on page 18 • 33	.00	h	
	34	Retirement income credit. See instructions, page 19	.00		
	35	Child and dependent care credit. See instructions, page 20	.00		
	36	Credit for the elderly or the disabled. See instructions, page 20	.00	ADD TOGETH	IER
	37	Political contribution credit. See limits, page 23	\$50 .00		
Include proof	38	Credit for income taxes paid to an <u>other state</u> . State: • 38y Schedule included 38z • 38	.00		
	39	Other credits. Identify: •39x •39y Schedule included 39z • 39	.00	J	
	40	Total non-refundable credits. Add lines 33 through 39	• 40		.00
	41	Net income tax. Line 32 minus line 40. If line 40 is more than line 32, enter -0	• 41		.00

Contributions must be made by December 31st to get credit on your 2013 Oregon tax return. Beginning in tax year 2014, this credit goes away for singles with adjusted gross income above \$100,000 and joint filers above \$200,000. So take advantage of this gift in 2013. Truly, giving couldn't be easier, or hurt less! Fill out the form below or go to the OAFP website today (www.oafp.org) to help us speak on behalf of the 1,400+ Oregon family physicians and the patients they serve.

Family Physicians of Oregon PAC Contribution Form

Name			
Address		State	, Zip
Contribution Amount:			
Payment Options: (Please check which payment option you pr () CHECK: Please make checks payable to Family Pl		() VISA	() MASTERCARD
Card Number:		Expiration D	ate:
Cardholder's billing address (if different from above):			
Signature:			
Please mail your contribution to: OAFP, 1717 NE 42nd	d Ave, Suite 2103 Portland,	OR 97213	

() YES, I am aware of the political purposes of the Family Physicians of Oregon PAC, understand that contributions to the PAC are purely voluntary, and acknowledge that I will not be favored or disadvantaged by reason of the amount of my contribution or the decision not to contribute.

OREGON ACADEMY OF FAMILY PHYSICIANS



PHYSICIAN ADVOCACY 101, PART 2 Using Your Voice

n the spring issue of *Family Physicians of Oregon*, we wrote about the importance of building your knowledge base on specific issues and developing relationships with those who can help you make a difference in the policies and environments that shape your patients' care. The significance of that personal touch (handwritten letters or phone calls) cannot be overstated, but sometimes you will want to use your voice in a broader context, and that is where a familiarity and comfort level with using media comes in handy.

The definition of "media" is broad and seems only to be growing with time. Where we once all perused the same television stations and newspapers, we now have to add social media into the mix. Your audience is just as likely to find your message via tweets and re-tweets as it is to hear it in a more traditional format. Once you have identified your issue, become an expert in the subject matter, and built your coalition, the next step is to develop an action plan. Your plan will determine how you will utilize various media, your collective voice, and you and your colleague's best assets to influence decision makers.

To use media to your best advantage, understand that media outlets, whether that includes television news programs, blogs, or print, are continuously on the lookout for an appealing story and interesting content. They want a story with a good hook that plays to the emotions of their audience. As a physician, you are a natural validator; your words and stories carry authority simply by virtue of your tiThe definition of "media" is broad and seems only to be growing with time. Where we once all perused the same television stations and newspapers, we now have to add social media into the mix.

tle. Spend that capital wisely by presenting media outlets with a compelling story that is backed by strong evidence. And as I've said before, practice your talking points until they roll off your tongue.

There are a variety of ways to get your story into the media. Paid media refers to purchased advertising space in newspapers, or on television or websites. Paid media can be effective, but obviously it has its downside as it places a drain on your resources. The other option is earned media, where the storytellers come to you for content. Earned media can be as simple as writing a letter to the editor of your local newspaper or offering to pen an op-ed column (before you begin writing, contact the editorial page editor and find out the typical story length). You could also call in to a local radio talk show, offer to be a guest expert, or leave comments on relevant blog posts. The more ambitious side of earned media could be an event that you host in a symbolic, public venue--inviting reporters and news teams to cover the event.

Timing is also key to the success of any media advocacy campaign. It's important to pay attention and capitalize on opportunities when your issue is already "hot." If you have a message and talking points already crafted, you can be ready when an event brings your issue to the forefront; cycle times are very short, so don't wait to respond. Finally, know whom to contact, as this will dramatically reduce the red tape between you and a realized media opportunity. If you are using a newspaper, ask for the local news editor or the opinions editor. In television, you want to talk to the assignment editor and in radio, ask for a news producer.

I'll close this Advocacy 101 lesson with a quote from Theodore Roosevelt:

"It is not the critic who counts: not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who strives valiantly; but who does actually strive to do the deed; who knows the great enthusiasm, the great devotion, who spends himself in a worthy cause, who at the best knows in the end the triumph of high achievement and who at the worst, if he fails, at least he fails while daring greatly." See you in the arena!

Endless Sea of Tents and Trailers



ust over a year ago, Jordan's first official Syrian refugee camp, known as Zaatari, opened. As you can see from the photo above, Zaatari is now an endless sea of tents and trailers, with over 180,000 Syrian refugees calling the world's second largest refugee camp, home.

John Sager, MD, a family physician working in private practice in Ashland since 1999, just returned from Zaatari with a group from the Syrian American Medical Society (SAMS). SAMS consists of doctors who grew up in Syria who currently practice in the United States and have made a commitment to go back to the Middle East every few months to offer medical aid to the Syrian refugees now residing in Jordan and Turkey.

The need for help is tremendous; the last count estimates there are over 500,000 refugees in Jordan alone (not including Zaatari), with upwards of 700 new refugees entering Jordan daily. Jordan, already a resource-poor country, is struggling under the weight of this new influx of refugees.



During this recent trip, there were a group of 20 physicians, all Syrian except for Dr. Sager and one other doctor. The physicians split their time between the Zaatari refugee camp and other clinics in town close to the Syrian border. Each of the eight days they spent attending to the needs of the Syrian people typically began at 7 a.m. with breakfast and finished with a meal at 8 p.m. They each saw between 40-50 patients a day, the majority being women and children (as most of the younger men have stayed in Syria to fight or tend to other responsibilities). Many had horrific stories and tragic personal accounts. The doctors treated a great deal of infectious disease, orthopedic concerns, some trauma, depression, and all the somatic problems associated with depression. With numerous patients having minimal access to medical care and little money to spend, the group also encountered many suffering from chronic diseases and conditions that weren't being treated or managed in Jordan.

This may not have been modern medicine at its best – no access to EMR, X-ray machines or calls to a subspecialist. But what these 20 physicians did have was the privilege of directly communicating with each patient without liability concerns or forms to fill out. With the eight large suitcases they brought jam-packed with donated medications, they treated whoever needed to be seen, for whatever reason. In return for their service, they received a smile from the patient or even a hand placed over their heart in a sign of gratitude.

According to Sager, "I found that not having to concern myself with documentation, payment, or liability, but only with showing compassion and helping to alleviate suffering, albeit in a very small way, was one of the most gratifying experiences of my career. There is not a more rewarding situation to be in as a medical doctor then to be providing care, in this most simple and direct way, to those who are in need. The fact that I was a Christian American working alongside Muslim Syrians in this part of the world was a wonderful additional testimonial of the trip."

John Sager, MD, received his BS in Biology from Lewis & Clark College, his medical degree from Northwestern University in Chicago, and completed his residency at OHSU Family Medicine Residency. He worked in Alaska with Indian Health Service for four years and six months at a hospital in Zambia before moving back to his hometown of Ashland. Married for 27 years to his wife, Kathy, Dr. Sager has two children.

Say Hello to our New Family Medicine Interns

Thirty-three residents from around the country arrived in Portland, Milwaukie, Klamath Falls and Corvallis this summer to begin their family medicine residency training. The residency program at OHSU in Portland is now a four-year program, the Providence Oregon residency program now includes two residents who are beginning the Hood River Rural Training Track and will begin their first year of residency learning with the other Providence residents in Milwaukie, and the residents from the Good Samaritan Family Medicine Residency in Corvallis are being welcomed to the OAFP for the first time. Welcome to Oregon!

Sree Atluru, MD OHSU



Medical College of Wisconsin, Milwaukee, WI

Dr. Atluru solidified her desire to work in global health, public health, women's health and preventive medicine after studying Biology and Political Science at the University of Wisconsin-Madison and working in India rotating through an HIV, tuberculosis and leprosy center. Her interests include

low-risk obstetrics care, women's health, pediatrics and preventive medicine.

Kristin Bendert, MD, MPH OHSU



Saint Louis University School of Medicine, St. Louis, MO Dr. Bendert studied Biology and Geology as an undergrad at Augustana College in Rock Island, Illinois. While at SLU, Dr. Bendert took part in developing a health education curriculum for a local neighborhood, volunteered at the school of medicine's free clinic, taught the Tar Wars program to

elementary students and obtained her Master of Public Health degree. Her experiences taught her that prevention, public policy, and social justice are crucial to improving the nation's health. Her professional interests include maternal and child health, chronic disease management, patient education, and community medicine.

Peter Benziger, MD Providence Oregon, Hood River Rural Training Track



Tufts University, Boston, MA

Dr. Benziger grew up in a small town in Maine and earned his undergraduate degree in Economics from the University of Maine. He then spent extensive time in East Africa working on Malaria and HIV prevention and is proficient in Spanish and basic Swahili. Having graduated from the innovative Maine Rural Track at Tufts University, he is no stranger to

new programs like the Hood River Rural Training Track and looks forward to being a part of the Hood River community, advocating and supporting his patients.

Nathan Brooks, MD, MPH OHSU



Boston University School of Medicine, Boston, MA A native Portlandian, Dr. Brooks majored in Biology at Oregon State University, worked as a caregiver in a group home for adults with developmental disabilities, a research assistant at OHSU focusing on osteoporosis and exercise programs for cancer survivors, and volunteered at a free clinic before enter-

ing medical school. While at BU he had the opportunity to practice rural medicine in Virginia, practice medicine in Costa Rica, and train in Boston's safety net and community health centers. He's interested in full-spectrum family medicine, including adult primary care, pediatrics, obstetrics, preventive medicine and care for underserved populations.

Keevin Bybee, MD Providence Oregon



University of Louisville School of Medicine, Louisville, KY After graduating from Purdue University and working as a chemical engineer for Intel for five years, Dr. Bybee changed course and headed to medical school. He believes his path to medicine provides him with a unique perspective to get to the core of his patients' health issues. He wishes to specialize in women's reproductive health and has a passion for all

aspects of family medicine.

Helen Carlson, DO Cascades East



Des Moines University College of Osteopathic Medicine, Des Moines, IA

Dr. Carlson received a degree in Biology at Simpson College. While in medical school, she was in the Sigma Sigma Phi honor society and received the Gold Humanism award. Working in a free clinic during her third year of medical school solidified her desire to practice family medicine. She

loves to run, is trying to become a better cook, and enjoys getting outdoors and into the mountains.

Matthew Chan, MD OHSU



Tufts University School of Medicine, Boston, MA While majoring in Biopsychology at Tufts in Boston, Dr. Chan became enamored with the city and decided to pursue his medical degree there as well. His first exposure to primary care came while volunteering at the school-run free clinic. During this time he also participated in an outreach group

that provided nutrition counseling and became interested in health care quality improvement. Dr. Chan likes that Family Medicine provides a holistic and preventative approach to medicine.

Brian Garvey, MD, Combined Program OHSU



Oregon Health & Science University, Portland, OR Dr. Garvey attended Pomona College where he studied International Relations as an undergrad. After a semester abroad in Cuba, Dr. Garvey realized that the practice of medicine was most successful when integrated with principles of social justice, equity and public health. After working at the

Harvard School of Public Health, his practice insights were piqued and he set off to medical school. The highlight of his medical education was a three month rural rotation in John Day. An Oregonian by birth, Dr. Garvey is thrilled to be staying in Portland for his residency.

Terena Gimmillaro, DO Providence Oregon



Western University of Health Sciences, College of Osteopathic Medicine of the Pacific, Pomona, CA

Dr. Gimmillaro received her undergraduate degree in General Science at Oregon State University. While at OSU, she worked as a clinic coordinator for a no-cost medical clinic for the underserved. She's interested in full-spectrum family medicine with obstetrics. She enjoys hiking with her dog

and experiencing the wonderful Portland dining scene.

Anthony Gunsul, DO Good Samaritan Regional Medical Center Family Medicine Residency



Western University of Health Sciences, College of Osteopathic Medicine of the Pacific, Pomona, CA

Dr. Gunsul earned his bachelor's degree in Human Physiology at the University of Oregon's Clark Honors College. Prior to entering medical school he worked in pediatric medical

research and realized that family medicine would allow him to develop life-long relationships with his patients. Dr. Gunsul is also interested in working with the unique Sports Medicine patient population. In his free time he enjoys spending time with his family, sailing, golfing, and cycling.

Alexis Hansen, MD Providence Oregon



Stanford University School of Medicine, Stanford, CA

Dr. Hansen received her undergraduate degree in Biochemistry at Lewis and Clark College. Over the past eight years she has spent time in medical research, volunteered at a hospice center, at a care facility for patients affected with HIV, and at a children's health clinic. As a family physician, she believes that she will have the opportunity to practice full-spectrum

medicine as well as pursue her special interest of working with children and adults living with disabilities. In her spare time she enjoys gardening, hiking, dancing, and playing soccer.

Julia Heinze, DO Good Samaritan Regional Medical Center Family Medicine Residency



Western University of Health Sciences, College of Osteopathic Medicine of the Pacific, Pomona, CA

Dr. Heinze earned a bachelor's degree in Biology and Holistic Health at San Francisco State University. In her free time she enjoys sewing, yoga, running, cooking and reading.

Alison Herson, MD OHSU



University of Washington School of Medicine, Seattle, WA Dr. Herson graduated from Stanford University with a major in Symbolic Systems. Her pursuit of medicine came after an inspirational time in Tanzania with Support for International Change, an organization that brings together health educators to teach about HIV. Dr. Herson is drawn to full-spectrum

primary care, treating the underserved, and partnering with her surrounding communities to improve health. She enjoys singing, learning new languages, and spending time with family and friends.

Makary Hoffman, DO Cascades East



Philadelphia College of Osteopathic Medicine, Philadelphia, PA Prior to attending medical school, Dr. Hoffman attended Tufts University and did consulting work. He comes as part of a couples match with Dr. Anh Nguyen. He enjoys fixing things

Max Kaiser, DO Good Samaritan Regional Medical Center Family Medicine Residency

and pursuing all sorts of practical skills.



Michigan State University College of Osteopathic Medicine, East Lansing, MI

Dr. Kaiser earned his undergraduate degree in Bioethics, Humanities and Society at Michigan State University. In his free time he enjoys listening to music, playing video games and playing sports.

Jade Koide, MD OHSU



Oregon Health & Science University, Portland, OR After earning her undergraduate degree in Biology at the University of California, Santa Barbara, Dr. Koide worked for a pharmaceutical company for several years in pre-clinical research. Realizing she wanted to build long-term relationships with those she was caring for, Dr. Koide headed to

medical school. Caring for the underserved in Portland as well as promoting the importance of nutrition and exercise in adolescents and young adults has helped shape how Dr. Koide hopes to impact her patients and her community. In her free time she likes to bike, garden, swim and play board games.

Luis Manriquez, MD OHSU



University of Washington School of Medicine, Seattle, WA Dr. Manriquez completed his undergraduate degree in Film/ Television Production at New York University. During medical school, he developed a student organization focused on health equity issues on campus and throughout the Seattle area. He also helped create a student-run free clinic. His professional

interests lie in full-spectrum care as well as pediatrics and public health. In his spare time he enjoys reading, eating, mushroom hunting and community organizing.

Kathleen McKenna, MD, MPH OHSU



Tufts University School of Medicine, Boston, MA After attending college at Carleton College in Minnesota, and receiving her BA in History, Dr. McKenna volunteered with the Peace Corps in Guatemala and the Republic of Kiribati as a community health worker. She also volunteered at a community health center led by a family medicine doctor

in urban St. Louis, Missouri. Once in medical school she spearheaded initiatives in the fields of pediatric and adult obesity, diabetes management, nutrition, and HIV/AIDS prevention and treatment. In her free time she enjoys playing the Irish whistle and fiddle in pubs, as well as hiking, biking and cooking.

Matthew Moravec, MD Providence Oregon



Oregon Health & Science University, Portland, OR Dr. Moravec completed his undergraduate degree in Biological Sciences at Biola University. While in medical school, he worked with underserved Asian populations, was a volunteer at Doernbecher Children's Hospital, and was an elementary school tutor. He is interested in pediatrics, obstetrics, and Asian health. In his spare time, Dr. Moravec enjoys cooking,

gardening, and running with his greyhound.

Malileh Nakhai, MD Providence Oregon



Oregon Health & Science University, Portland, OR Dr. Nakhai graduated from Mills College in Oakland. California with a major in Biology and a minor in Spanish. Varied experiences throughout her life pointed her in the direction of family medicine - growing up playing soccer and spending time with the athletic trainer got her interested in sports medicine and preventive care; volunteering at Gabriel Park clinic piqued her interest in primary care and the

underserved; leading the OHSU LGBT and Allies group helped develop an interest in LGBT care; and participating in the OHSU Physicians for a National Health Plan group made her wish to pursue health care reform.

Anh Nguyen, DO Cascades East



Philadelphia College of Osteopathic Medicine, Philadelphia, PA

Dr. Nguyen moved to the United States as a young child and attended college in Philadelphia. She continues to travel back to Vietnam for her volunteer work with Operation Smile. Dr. Nguyen comes to Cascades East as part of a

couples match with Dr. Hoffman.

Andy Owen, DO, DC Cascades East



Rocky Vista University College of Osteopathic Medicine, Parker, CO Dr. Owen earned his undergraduate degree in Criminology

at Western Carolina University. During medical school, he discovered a passion for helping the underserved while volunteering in Haiti, Guatemala, southern Kenya and several rural community outreach clinics. He also served in the

Navy and worked as a Chiropractor before deciding to become a family physician so he could practice full-spectrum care. He enjoys all kinds of outdoor activities from skydiving and surfing to mountain biking and fishing.

Ben Pederson, MD OHSU



University of Minnesota Medical School, Minneapolis, MN After graduating with a BA in Biology at Macalester College in St. Paul, Minnesota, Dr. Pederson worked in both Kenya and Tanzania in research, clinical and organizational development roles. With a passion for primary care and global health, he hopes to establish his practice aiding the

underserved. He has a special interest in complex and chronic disease management, chemical dependency and behavioral health. He enjoys cycling and hiking the Pacific Northwest.

Will Perez. MD OHSU



The Warren Alpert Medical School of Brown University, Providence, RI

Dr. Perez majored in Community Health while at Brown University. Throughout his undergrad years he developed a passion for Haiti, and upon graduation, became the first public health director of a large orphanage in rural Haiti. He

received several grants for his work in Haiti - eradicating bed bugs, treating tuberculosis, designing a new health center, and training local public health workers to meet the medical needs of the orphanage. A world traveler at heart, Dr. Perez is also a competitive ballroom dancer, salsa instructor, and marathon runner.

Michelle Pies, DO Good Samaritan Regional Medical Center Family Medicine Residency



Touro University Nevada College of Osteopathic Medicine. Henderson, NV

Dr. Pies earned a bachelor's degree in Biology at Oregon Institute of Technology. In her free time, she enjoys being outdoors, gardening, camping with her dogs, and photographing landscapes.

Eva Sandberg, DO Good Samaritan Regional Medical Center Family Medicine Residency

Des Moines University College of Osteopathic Medicine, Des Moines. IA



Dr. Sandberg earned a bachelor's degree in Microbiology at Oregon State University. In her free time she enjoys hiking,

Brian Sanders, MD OHSU



Wake Forest School of Medicine, Winston-Salem, NC Dr. Sanders studied Public Health and Neuroscience while at Tulane University. Though the appeal of world travel and public service were fostered over the years in Dr. Sanders' life, time spent in Kenya on a college health-relief trip nurtured his interest in community-driven medicine and a

desire to enhance healthcare through preventive and primary care approaches. Outside of medicine, he enjoys any and all outdoor activities.

Kasey Schmidtbauer, MD Cascades East



While at Willamette University, Dr. Schmidtbauer majored in Biology and minored in Chemistry and Anthropology. Her work in a hospital in China during medical school piqued her interest in international medicine as well as solidified her decision to go into family medicine. She is interested in full-spectrum family medicine with an em-

phasis in obstetrics, preventive medicine, and rural medicine. She loves outdoor activities, reading, traveling, and learning about other cultures.

Jared Shannon, MD Providence Oregon, Hood River **Rural Training Track**



University of Kentucky, Lexington, KY

Dr. Shannon has spent a great deal of time over the years working in Central America and has nurtured a passion for serving the health care needs of immigrant populations. He looks forward to working with One Community Health in Hood River as part of the rural training track. To encourage better health, he plans on emphasizing lifestyle changes in

his patients. During his free time, he enjoys all things outdoors.

Brynn Smedra, MD Cascades East



Stanford University School of Medicine, Stanford, CA Dr. Smedra double majored in Molecular and Cell Biology and Dance while at UC Berkeley. She then danced professionally with the Mark Morris Dance Group, performing domestically and internationally. Prior to returning to California for medical school, she completed her Master's degree in Cancer

Pharmacology in Marseille, France. She enjoys full-spectrum family medicine, palliative care, dermatology and pediatrics. She spends her spare time raising two young boys, traveling, and homesteading.

Janessa Sickler, DO Cascades East



Des Moines University College of Osteopathic Medicine, Des Moines, IA

Prior to attending medical school, Dr. Sickler attended the University of Washington and worked with AmeriCorps as a reading intervention teacher. She enjoys distance running.

Ly Vu, MD Providence Oregon



University of Oklahoma, Oklahoma City, OK Dr. Vu attended the University of California Irvine, where she majored in Biology. After working in various philanthropic organizations for the better part of her life and volunteering at a local hospital for two years, Dr. Vu chose to attend medical school and go into Family Medicine because it would

allow her to care for patients throughout all stages of life and to provide patientcentered care that focuses on prevention. She speaks Vietnamese and English and is interested in sports, cooking and traveling in her spare time.

Jason Yost, MD Cascades East



University of Colorado School of Medicine, Denver, CO After growing up in Kansas, Dr. Yost headed to Oklahoma Baptist University where he received his undergraduate degree in Philosophy. While participating in the rural track in medical school, his interest in full-spectrum rural medicine grew out of his work as the co-founder of a student organiza-

tion that established community gardens for the underserved. In his spare time, he enjoys high-altitude walking with his wife and dog, gardening and baking bread.

MEMBERS IN THE NEWS

INTERESTING BUSINESS WE SHOULD ALL KNOW



High atop a hill in Wheeler, Oregon, sits an oversized birthday cake, commemorating the 100th year the Rinehart Clinic has been in existence. **Harry Rinehart, MD**, a fourth-generation physician and Oregonian, who has hosted several medical students and residents over the years in his home and clinic, is humbled by the fact that the Rinehart Clinic is one of the first not-for-profit clinics in the U.S. and also

one of the few clinics who take on the needs of those with chronic and debilitating pain. Dr. Rinehart's legacy – his great grandfather, great grandmother, grandfather, father and mother – all were doctors. Congratulations to Dr. Rinehart and the entire staff of the Rinehart Clinic.

MOVERS AND SHAKERS

Ben Norton, MD, has joined the Strawberry Wilderness Community Clinic (SWCC) in John Day. Dr. Norton graduated from the University of Mississippi School of Medicine in Jackson, Mississippi and attended the University of Tennessee Family Practice Residency Program before beginning his full-spectrum practice at the Houston Medical Group in Kingsport, Tennessee. Prior to joining SWCC, he worked at the Oregon Department of Corrections Two Rivers Correctional Institution in Umatilla. He and his wife of 38 years have two children. Dr. Norton enjoys photography, hiking, and looks forward to returning to Africa again on a medical mission.



HAVE AN ITEM FOR "MEMBERS IN THE NEWS?"

Oregon Family Physician welcomes short announcements about OAFP members and their clinics. If you have undertaken a practice move, have been the recipient of an honor or award, or just plain have interesting information to share, by all means, let us know! Tell us about your news and we will be sure to print it. Photographs are welcomed. Send submissions to:

LYNN M. ESTUESTA Oregon Academy of Family Physicians 1717 NE 42ND AVE STE 2103, PORTLAND, OR 97213

2013 MEMBERSHIP LISTING BY CITY & PCPCH RECOGNIZED CLINICS *

Please note that this list is being constantly updated as more and more clinics become recognized as PCPCH. Look on our website (www.oafp.org) for the most current listing.

ALBANY

David, Aaron, DO Gallup, Donald, MD* Godek, Brent, MD★ Holmes, Henry, MD Latta, Priscilla, MD* Miller, Rose, MD* Ouellette, Laura, MD* Potter, Michael, MD* Preece, Rebecca, DO Remington, Gina, MD Robinson, Jeffrey, MD Schindell, Scott, MD* Simon, Steven, MD Thayer, Douglas, MD* Vanasche, Tom, MD Ward, John, MD* Wilks, Kate, MD* Yao, Flora, MD

ALOHA

Reese, Joshua, MD

ASHLAND

Candelaria, David, MD Christlieb, Dee, MD Dugan, Lindy, MD Grebosky, James, MD Jones, David, MD, FAAFP Kolo-Caron, Lucinda, MD Morningstar, Howard, MD Morris, Richard, MD Rollins, Jani, MD Rostykus, Paul, MD Sager, John, MD Soriano, Miriam, MD Steinsiek, James, MD Steinsiek, Jill, MD

ASTORIA

Ashley, Scott, MD Duncan, Thomas, MD Little, Roy, MD Merrill, Katherine, MD Nairn, Angela, MD Suk, Samuel, MD★

AUMSVILLE

Hadden, Scott, MD★ Hotan, Tanie, MD★

BAKER CITY

Adams Eckman, Trisha, MD Hutnak, Nancy, DO Irvine, William, MD★ Lamb, Eric, MD★ Schott, Jonathan, MD Smithson, J. Daniel, MD

BANDON

Dilcher, Kanani, MD Holland, Megan, MD★ McClave, Gail, MD Pasternak, Mark, MD

BEAVERTON

Allen, Flordeliza, MD Brown, Laurence, MD, FAAFP Chandran, Prasanna, MD* Corn, Gerald, MD, FAAFP Darling, Marion, MD Dhingra, Anshu, MD* Donohue, Jennifer, MD* Duran, Christina, MD Gipson, Teresa, MD Jones, Tori, MD* Lau, Kendrick, MD McCartney, Lyndsey, MBBS* McKiel, Vanessa, MD Rath, Brett, MD, FAAFP* Smith, Leo, MD* Tran, Dat, MD Uba, Angela, MD Wang, Jie, MD*

BEND

Allred, Raphael, MD Blechman, Jennifer, MD Boggess, Jeffrey, MD, FAAFP* Brecke, Meghan, DO* Burket, Bradley, MD Busby, Tina, MD* Clausen, Matthew, MD Clemens, Ann, MD Cox, Craig, MD Davey, Audrey, MD* Davey, Matthew, MD Gonsky, Mark, DO* Hilles, Alan, MD, FAAFP* Hudson, Michael, MD, FAAFP Jacobs, J. Randall, MD, FAAFP Johnson, Paul, MD Knapp, Stephen, MD Leavitt, Peter, MD* Lin, Charlotte, MD* Loverink, Kae, MD* Lowe, Chad, DO Mann, Stephen, DO* Meador, Marv, MD Meske, Curtis, MD Morgan, Jessica, MD* Mucha, Terrace, MD Ponte, Laurie, MD Purvis, Janey, MD* Rhode, Dana, DO* Rode, Matthew, MD Ross, Robert, MD, FAAFP Scallon, Quinn, MD* Simning, Patrick, MD, FAAFP Surber, Jennifer, MD Tarbet, Edward, MD* Teller, John, MD* Towle, Mattie, MD* Uri, Lisa, MD* Van Camp, Paul, MD, FAAFP Van Dyke, Stephanie, MD Vaughn, Ginger, MD Weeks, James, MD* Wignall, William, MD ★

BOARDMAN

Maher, Steven, MD, FAAFP 🖈

BORING Lee, Carma, MD

BROOKINGS

Bisgrove, Michael, MD, FAAFP Silver, Mark, MD Tjossem, Gregory, MD

BURNS

Fitzpatrick, Tom, MD Johnston, Kevin, MD, FAAFP King, Sharon, MD Laiosa, Sarah, DO Richards, Thomas, MD

CANBY

Bridgeman, Deona, MD★ Krawczyk-Faler, Karolina, MD★ Mitchell, David, MD★ Peter, David, MD★ Warren, Amanda, MD

CAVE JUNCTION Worthington, June, DO *

CENTRAL POINT

Diaz, Jessica, MD Hull, Brandan, MD★ McElroy, Sarah, MD Mersch, Alan, DO, FAAFP★ Olsen, Neil, MD★

CLACKAMAS

Alberts, Michelle, MD Bowman, Carla, MD* Constien, Daniel, MD* De la Torre, Barbara, MD * Gasow, Shelly, MD Grainger, Kevin, MD* Jacobson, Karin, MD* Kruger, Kristine, MD* Lan, Timothy, MD* Lubkin, Tanya, DO 🖈 Moffett, Larry, DO, FAAFP Orchard, Reynold, MD* Phelps, Janett, DO Robinson, Mindi, MD* Stupey, Darla, DO* Taylor, Benjamin, MD Toor, Deep, MD Varan, Richard, MD* Wachsmuth, Benjamin, MD*

COOS BAY

Carter, Dallas, MD★ Gerber, Robert, MD McAndrew, Thomas, MD★ Park, Jonathon, MD★ Sharman, Kent, MD★ Smith, Susan, MD★

COQUILLE

Antola-Lardizabal, Carla, MD Keller, Nancy, MD★ Lee, David, MD ★

CORNELIUS Byerly, Laura, MD

byeny, Laura, IVIL

CORVALLIS

Aukerman, Douglas, MD, FAAFP Bradford, Kristin, MD, MPH* Carr, Margaret, MD* Cassat, David, MD Castillo, Norman, DO Chang, Janet, DO* Chapin, Pamela, MD* Chikkalingaiah, Nicola, MD Crandall, Kea, MD* de Soyza, Shanilka, MD Embry, Alan, MD* Ewanchyna, Kevin, MD* Fusetti, Lydia, MD Garrett, Troy, MD* Harris, Daniel, MD Johns, Jeffery, DO* McQuillan, Lance, MD* Origer, William, MD* Otis, Patricia, MD Page-Echols, Robin, DO* Rampton, Mark, MD* Rawner, Esther, MD Tatham, Elinor, MD Thomson, Bruce, MD*

COTTAGE GROVE

Agomaa, Albert, MD Harrison, James, MD Petersen, Thea, MD Stowell, Christian, MD

COVE

Page, John, MD

CRESWELL

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