



# **Oregon PDMP Prescriber Report User Guide**

This document is a guide to interpreting your Prescriber Report. Please follow the link from the notifying email for your actual report, or log into the PDMP and navigate to Menu > RxSearch > Prescriber Report to download a copy.

The Prescriber Report is intended to give prescribers insight into their controlled substance prescribing patterns. Reports are provided quarterly to all registered PDMP users who have an active account, a defined role and specialty, and have written at least one opioid, sedative, or stimulant prescription during the prior eight quarter period. The data represented includes Schedule II-IV drugs as reported to the state PDMP, by the dispensers and pharmacies, during the report period listed. The following includes information on how to interpret each section of the prescriber report.

**Disclaimer**: Comparisons with peer groups are meant to give prescribers a point of reference. The PDMP recognizes that no two practice settings are identical. Additionally, this report is not intended to be an indication that the prescriber or his/her patients have done something wrong.

#### **Report Header**

The "Specialty" field represents the Healthcare Specialty chosen by you upon registration with the PDMP. If you feel your specialty is misrepresented, you may update it within your PDMP account, and these changes will be reflected in the next distribution of your prescriber report. To update your Specialty in the PDMP, please log-in to the PDMP system. Under the "Menu" tab, select "My Profile" and update your Healthcare Specialty.

**Oregon Prescriber Comparison Report** 

Prescriber Name: Your Name DEA Number: Your DEA

Specialty: Your Specialty Reporting Period:

#### **Peer Groups**

Metrics include comparisons to 50<sup>th</sup> percentile (median) and 90<sup>th</sup> percentile values of your prescriber peer groups. Only those prescribers who are registered with the PDMP who have an active account, a defined specialty, and have written at least one opioid, sedative, or stimulant prescription during the reporting period are included in the comparisons.

Peer Specialty Comparison: The same healthcare specialty as the prescriber. For example, comparison with all other roles (physicians, nurse practitioners, physician assistants, etc.) practicing in family practice. Throughout the report, the black line on the graphs represents your prescribing activity, while the 50<sup>th</sup> percentile is in blue and the 90<sup>th</sup> percentile is in red for the peer specialty comparison group. The specialty as selected by the prescriber at the time of registration is used for this comparison. If the number of peers in Specialty Level 3 is too small for a valid comparison, Specialty Level 2 is used. If

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Specialty Level 2 is too small for a valid comparison, Specialty Level 1 is used.

#### **Metrics Explanation**

Four criteria often associated with risky prescribing were selected to use for these reports by the Prescription Drug Monitoring Program Advisory Commission Subcommittee to allow providers to quickly assess their prescribing.

Measure 1: Number of High Dose (>90 MME) Fills Number of opioid fills per quarter per prescriber >90 MME. Excludes buprenorphine-containing drugs. Excludes Tramadol.

Measure 2: Number of Multiple Prescriber (4+) Patients Number of patients per prescriber who received an opioid fill from four or more prescribers in the

previous 6 months. A patient who received an opioid fill from 4 or more prescribers in the previous 6 months counts toward each of the prescribers (not just the 4<sup>th</sup>+ prescriber). Excludes buprenorphine-containing drugs. Excludes Tramadol.

Measure 3: Number of Acute Opioid Fills >42 Doses

Number of patients per quarter per prescriber who were prescribed an opioid fill of >42 pills and did not have an opioid fill in the previous 4 quarters. This measure is to capture those prescribing a high pill count to an opioid-naïve patient. Excludes all "non-pill" opioid fills (liquids, syrups, solutions, lollipops, etc). Exclude all buprenorphine-containing drugs. Excludes all anti-tussive agents (codeine-containing drugs, hydrocodone-homatropine, etc). Excludes Tramadol.

Measure 4: Number of Patients with an Opioid and a Benzodiazepine

Number of patients per quarter per prescriber who had both an opioid fill and a benzodiazepine fill in the same month. If the opioid and benzodiazepine fill come from separate prescribers or a complex list of prescribers, that patient is counted toward all of the prescribers with an opioid or benzodiazepine fill to that patient in that month. Excludes buprenorphine-containing drugs. Excludes Tramadol.

Exclusion of buprenorphine containing drugs: Buprenorphine containing drugs are excluded from reports for two primary reasons; the PDMP does not collect whether a buprenorphine containing drug was prescribed for pain or for medically assisted treatment and the MME conversion factors are not universally agreed upon.

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# Questions and Answers (Q&A)

# What are some of the limitations of the Prescriber Report?

The Report is not able to account for variations in clinical hours or patient volume. Some practitioners may see more patients during the reporting period than others. The characteristics of your practice should be taken into consideration when viewing comparisons with prescribers within your specialty. Certain specialties can have a small number of practitioners and, therefore, an outlier can significantly influence the number of patients, prescriptions, and the averages in several of the data fields included in the Report.

Comparisons exclude practitioners within your specialty that have not issued a prescription for at least one opioid, sedative, or stimulant prescription during the reporting period. Therefore, in certain specialties you are being compared to the subset of practitioners who have prescribed a controlled substance during the reporting window rather than to all practitioners within that specialty.

## How can I update my Specialty so that it is represented correctly in this report?

The "specialty" in the prescriber report represents the specialty level 2 as chosen by you upon registration with the PDMP. If you feel your specialty is misrepresented, you may update it within your PDMP account and these changes will be reflected in the next distribution of your prescriber report. To update your specialty, follow the steps below.

- 1. Login to Oregon's PDMP at <a href="https://Oregon.PDMPaware.net/">https://Oregon.PDMPaware.net/</a>
- 2. Click on your name in the top right corner of the PDMP and then click My Profile.
- 3. Under My Profile you will find Specialty which displays the currently selected Healthcare Specialty. You may add additional specialties, if applicable, by clicking within the "Add a Healthcare Specialty" field and begin typing the name of your preferred specialty.
- 4. To delete an existing Healthcare Specialty click the "X" to the right of the specialty you wish to delete.

## How can I look up my prescribing history?

You may further review your PDMP prescription details by following the below steps.

- 1. Login to State PDMP at https://oregon.pmpaware.net/login
- 2. Click Menu from the top menu bar to expand the options
- 3. Click MyRx below RxSearch

4. MyRx will allow you to search for prescriptions written by you that have been dispensed to the patient and reported to the PDMP.

## What if I believe that there is an error on my MyRx prescription history?

If you believe that one or more of these prescriptions are incorrect, you may contact the dispensing pharmacy for additional details about the prescription(s) in question. If after contacting the dispensing pharmacy you believe that there may be fraudulent activity associated with your DEA, please contact your local law enforcement.

## How can I learn more about opioid prescribing and tapering,?

To learn more about opioid prescribing, please review the <u>2019 Oregon Opioid Prescribing</u> <u>Guidelines</u>, which includes topics on referring patients to treatment for substance use disorder, approaches to addressing substance use disorder with patients, and effective opioid tapering



practices.



#### Why did I receive this report when my peer prescriber has not received it?

Only prescribers who are registered with the PDMP, have a defined role and specialty, and have written at least one opioid, sedative, or stimulant prescription during the reporting period will receive a report.

#### Who can view my prescriber report?

The primary purpose of this report is to allow you to assess your own prescribing relative to your peers. Only you know all the relevant details of your practice that allow this report to be fully interpreted.

Oregon law allows medical, dental, and pharmacy directors to request access to the PDMP for the purpose of overseeing the operations and ensuring quality healthcare is delivered within their entity. Those directors who have applied for director level PDMP access will have access to these reports for those within their responsibility.