



Virtual Interprofessional Solutions for Adolescent Suicide

August 15, 2020 | 8:30am -3:30pm | Zoom



After rates of adolescent suicide in the United States stabilized from 2000 to 2007, suicide rates for persons aged 10–24 increased from 2007 (6.8 per 100,000 persons) to 2017 (10.6) (Curtin & Heron, 2019). While suicides increased across this age group, suicide rates most sharply increased for persons aged 10–14, nearly tripling from 2007 (0.9) to 2017 (2.5). These increasing rates of adolescent suicide highlight the importance of prevention & intervention in schools, primary care and other community-based settings. This interprofessional **continuing medical education event** convenes experts from a variety of healthcare professions to discuss how interprofessional teams in school-based health centers and primary care clinics can work closely together in systematic ways to prevent adolescent suicide in our communities.

Equipping School-Based Health Centers & Primary Care Clinics to Prevent Adolescent Suicide (8:30am to 12:30pm)

Kristin Case, FNP lead provider at Multnomah County Health Department school-based health centers will discuss a systematic interprofessional team approach designed to prevent adolescent suicide and maintain a goal of *Zero Suicides*. **Florence Gerber, MBA** IPC-Institute Quality Director will discuss how Kaizen Events & other quality improvement methods can be used to develop systematic suicide prevention procedures that everyone on the interprofessional team supports. **Joy Mauldin, PsyD** & **Courtney Spencer, MA** will then join Kristin to demonstrate effective safety planning procedures with an adolescent who presents in primary care. **Celeste Jones, PsyD, ABCCAP** & **Amber Nelson, PsyD** George Fox University professors in clinical psychology will provide a current review of the literature on adolescent suicide and what is working and not working. **Teri Strong, PhD** Director of Strong Integrated Behavioral Health will review Joiner's Interpersonal Theory of Suicide. She will discuss the evidence for this theory and how it may support interprofessional primary care team clinical decision making. **Patti Robinson, PhD** co-founder of the evidenced-based *Primary Care Behavioral Health (PCBH)* model & *Focused Acceptance & Commitment Therapy*, will review the utility of *Focused Acceptance & Commitment Therapy* in adolescent suicide prevention.

Interactive Interprofessional Experiences (1:30pm to 3:30pm)

Participants will be assigned to diverse interprofessional teams facilitated by IPC Institute leaders. Together, teams will develop whole person care plans for fictitious adolescent cases who are at risk for suicide. Quality improvement & implementation science methods & concepts will be integrated into this interactive clinical experience by **Florence Gerber, MBA** quality improvement practitioner.

Participants will learn how to use...

- ❖ Interprofessional team-based practices for supporting adolescents with suicidal ideation, planning and/or behavior
- ❖ Kaizen events to develop systematic interprofessional team-based processes in primary care and school-based health centers
- ❖ Leading theories about suicide, risk assessment & safety planning procedures that all clinicians and nurses can support
- ❖ New strategies, resources, skills and tools based on the best evidence to prevent adolescent suicide in our communities

\$100 Professionals

\$50 Students, Interns & Residents

Free IPC Institute Directors & Advisors & George Fox University Students, Interns, Staff & Faculty

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of OHSU School of Medicine and George Fox University. The OHSU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit: Oregon Health & Science University School of Medicine designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

REGISTER HERE: <https://georgefoxuniversity.reqfox.com/interprofessional-solutions-for-adolescent-suicide-virtual>

VISIT OUR WEBSITE HERE: www.ipcinstitute.us